# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# University of California Riverside

March 21, 2019 FREQUENCY REPORT Number of Surveys (n) = 1016 Web

Surveys

### A note about the use of sex and gender in this report:

Survey responses are reported by sex based on the responses to questions 47a, 47b, and 47c. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If students' gender identity is consistent with their sex at birth AND the student selects "no" for transgender, then respondents are designated as either male or female. If a respondent selects "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as non-binary. A respondent that skips any of the three questions is designated as *unknown*. Only 3 of the 4 categories are displayed in this report. Students categorized as non-binary are included in the Total column, but are not presented in a separate column. When the Total of any given row is higher than the sum of the male, female, and unknown students, the difference can be attributed to non-binary students that selected the response option presented in that row.

### 1. How would you describe your general health?

-	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	38	13	55	8	3	21	96	9.5
2 Very good	90	32	203	30	2	14	299	29.7
3 Good	94	33	258	38	4	29	366	36.3
4 Fair	52	18	149	22	2	14	215	21.3 🗖
5 Poor	7	3	16	2	2	14	25	2.5 🗖
6 Don't know	2	1	4	1	1	7	7	0.7 🛛
Valid responses =	283	28	685	68	14	1	1008	99.2

Invalid responses include no response or multiple responses.

# 2A1. Have you received information on the following topics from your college or university?

Alcohol and othe	r drug use							
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	13	86	13	4	31	129	12.7 🛄
2 Yes	250	87	604	88	9	69	886	87.3
Valid responses =	286	28	690	68	13	1	1015	99.9
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Invalid responses include no response or multiple responses.

#### 2A2. Have you received information on the following topics from your college or university? Cold/Flu/Sore Throat

	Male		Female	)	Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	151	53	439	64	8	62	617	61.2	
2 Yes	134	47	245	36	5	39	391	38.8	
Valid responses =	285	28	684	68	13	1	1,008	99.2	
-									

Invalid responses include no response or multiple responses.

### 2A3. Have you received information on the following topics from your college or university? **Depression/Anxiety**

·	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	75	26	207	30	5	42	297	29.3
2 Yes	211	74	481	70	7	58	715	70.7
Valid responses =	286	28	688	68	12	1	1,012	99.6

Invalid responses include no response or multiple responses.

2A4. Have you received information on the following topics from your college or university?

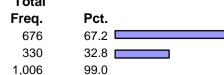
Eating disorders

	Male		Female	1	Unknowi	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	197	69	512	75	7	58	737	73.3
2 Yes	87	31	171	25	5	42	268	26.7
Valid responses =	284	28	683	68	12	1	1,005	98.9

Invalid responses include no response or multiple responses.

# 2A5. Have you received information on the following topics from your college or university?

Grief and loss								
	Male		Female	;	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	183	65	464	68	8	67	676	67.2 🗖
2 Yes	100	35	221	32	4	33	330	32.8 🗖
Valid responses =	283	28	685	68	12	1	1,006	99.0



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www.acha.org									
2A6. Have you received in		followin	g topics fro	om your co	ollege or univ	ersity?			
How to help oth	Male		Female		Unknow	•	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	125	44	303	44	5	42	448	44.6 <b>–</b>	
2 Yes	120	44 56	379	44 56	5 7	42 58	557	55.4	
√alid responses =	285	28	682	68	12	1	1,005	98.9	
	s include no resp				12	•	1,000	30.0	
2A7. Have you received in	formation on the	followin	g topics fro	om your co	ollege or univ	ersity?			
Injury preventio									
	Male		Female		Unknow	า	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	158	56	451	66	6	50	635	63.2	
2 Yes	126	44	232	34	6	50	370	36.8	
Valid responses =	284	28	683	68	12	1	1,005	98.9	
Invalid responses	s include no resp	onse or m	ultiple respo	onses.					
2A8. Have you received in Nutrition	formation on the	followin	g topics fro	om your co	ollege or univ	ersity?			
	Male		Female	)	Unknowr	า	Total		
	<b>F</b>	Det		Det		Det	<b>F</b>	Det	

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	122	43	316	46	5	42	460	45.5
2 Yes	163	57	371	54	7	58	550	54.5
Valid responses =	285	28	687	68	12	1	1,010	99.4

Invalid responses include no response or multiple responses.

### 2A9. Have you received information on the following topics from your college or university? Physical activity

Pct.	Freq.	Pct.	Freq.	Pct.	Free	D-4
				FGI.	Freq.	Pct.
32	274	40	4	33	385	38.2
68	411	60	8	67	623	61.8
28	685	68	12	1	1,008	99.2
5	4 68 5 28	4 68 411 5 28 685	4 68 411 60	4 68 411 60 8 5 28 685 68 12	4684116086752868568121	46841160867623528685681211,008

Invalid responses include no response or multiple responses.

2A10. Have you received information on the following topics from your college or university? Pregnancy prevention

Freghancy prevention								
	Male		Female	1	Unknowi	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	125	44	348	51	5	42	494	49.1
2 Yes	159	56	336	49	7	58	512	50.9
Valid responses =	284	28	684	68	12	1	1,006	99.0

Invalid responses include no response or multiple responses.

# 2B1. Have you received information on the following topics from your college or university?

#### Problem use of internet/computer games Male Female Unknown Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 78 80 67 1 No 221 547 799 8 79.7 🗖 2 Yes 63 22 134 20 4 33 204 20.3 \_\_\_\_\_ Valid responses = 284 28 681 68 12 1 1,003 98.7

Invalid responses include no response or multiple responses.

# 2B2. Have you received information on the following topics from your college or university?

Relationship difficult	ies							
	Male		Female	•	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	172	61	342	50	6	50	532	53.1
2 Yes	112	39	338	50	6	50	470	46.9
Valid responses =	284	28	680	68	12	1	1,002	98.6

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	ring, MD 20910				REQUENCY RI	FPORT			
(410) 859					umber of Surv		=	1016	Web Surveys
www.ach						0,0 (11)		1010	Carreye
•	eived information on the			m your c	ollege or unive	ersity?			
Sexual a	ssault/Relationship viol	ence pre					Tatal		
	Male	Det	Female		Unknowr		Total	Det	
4 No	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	_
1 No 2 Yes	46	16	80	12 88	3	25 75	132	13.1	
	240	84	606		9	75	878	86.9	
Valid responses =	286 sponses include no respo	28	686 Sultiple reapo	68	12	1	1,010	99.4	
•	eived information on the r transmitted disease/ In Male			ention	ollege or unive: Unknowr	-	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	85	30	245	36	4	33	342	34.0	
2 Yes	201	70	437	64	8	67	664	66.0	
Valid responses =	286	28	682	68	12	1	1,006	99.0	
Invalid re	sponses include no respo	onse or m	nultiple respo	nses.					
2B5. Have you rece Sleep dif	eived information on the fficulties	followin	ng topics fro	m your c	ollege or univ	ersity?			
	Male		Female		Unknowr	า	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	216	76	553	81	6	50	798	79.5	
2 Yes	68	24	129	19	6	50	206	20.5	
Valid responses =	284	28	682	68	12	1	1,004	98.8	
	sponses include no respo	onse or m	nultiple respo	nses.					
Invalid re									
2B6. Have you rece	eived information on the	followin	ng topics fro	m your c	ollege or univ	ersity?			
	eived information on the	followin	•	-	-	-	Total		
2B6. Have you rece	eived information on the eduction Male		Female		Unknowr	1	Total Freq	Pct	
2B6. Have you rece Stress re	eived information on the eduction Male Freq.	Pct.	Female Freq.	Pct.	Unknowr Freq.	Pct.	Freq.	<b>Pct.</b> 26.8	
2B6. Have you rece Stress re 1 No	eived information on the eduction Male Freq. 87	<b>Pct.</b> 31	Female Freq. 169	<b>Pct.</b> 25	Unknowr Freq. 4	n Pct. 33	<b>Freq.</b> 270	26.8	
2B6. Have you rece	eived information on the eduction Male Freq.	Pct.	Female Freq.	Pct.	Unknowr Freq.	Pct.	Freq.		

2B7. Have you received information on the following topics from your college or university? Suicide prevention

	Male	Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	40	290	42	7	58	424	42.1
2 Yes	170	60	394	58	5	42	583	57.9
Valid responses =	285	28	684	68	12	1	1,007	99.1

Invalid responses include no response or multiple responses.

# 2B8. Have you received information on the following topics from your college or university?

Tobacco use			0 1		U			
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	36	267	39	5	42	383	38.1
2 Yes	183	64	416	61	7	58	623	61.9
Valid responses =	285	28	683	68	12	1	1,006	99.0
Less Palances and a second second			142 1					

Invalid responses include no response or multiple responses.

# 2B9. Have you received information on the following topics from your college or university?

Violence prevention

	wale		Female		Unknown		l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	136	48	338	50	5	42	495	49.5
2 Yes	147	52	342	50	7	58	506	50.5
Valid responses =	283	28	680	68	12	1	1,001	98.5

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<u>www.acha.org</u>										
	ll l		the fellows							
3A1. Are you interested in re	-	lation on	the following	ng topics f	rom your col	lege or uni	versity?			
Alcohol and other	drug use Male		Female		Unknowr		Total			
		Det						Det		
1 No	<b>Freq.</b>	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct		
1 No	193	68	424	62	7	58	643	64.1		
2 Yes	89	32	259	38	5	42	360	35.9		
Valid responses =	282	28	683	68	12	1	1,003	98.7	·	
Invalid responses ir	nclude no respo	onse or m	ultiple respo	nses.						
3A2. Are you interested in re	aciving inform	ation on	the following	na tonico f		logo or uni				
Cold/Flu/Sore thro	-	ation on	the following	ng topics i		lege of uni	versity?			
	Male		Female	1	Unknowr	h	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct		
1 No	172	61	330	48	6	50	525	52.1		
2 Yes	112	39	355		6	50 50	482	47.9		
	284	28	685	68	12		402	47.8 99.1		
Valid responses =	204	20	000			1				
-	ceiving inform		ultiple respo	onses.				99.1		
	ceiving inform ty		ultiple respo the followin	onses. ng topics f	from your col	lege or uni	versity?	33.1		
3A3. Are you interested in re	ceiving inform ty Male	ation on	ultiple respo the followin Female	onses. ng topics f	from your col Unknowr	lege or uni	versity? Total			
3A3. Are you interested in re Depression/Anxiet	ceiving inform ty Male Freq.	ation on Pct.	ultiple respo the followin Female Freq.	nses. ng topics f Pct.	from your col Unknowr Freq.	lege or uni ) Pct.	versity? Total Freq.	Pct		_
3A3. Are you interested in re Depression/Anxiet	ceiving inform ty Male Freq. 114	<b>Pct.</b> 40	ultiple respo the followin Female Freq. 181	nses. ng topics f Pct. 27	from your col Unknowr Freq. 5	lege or uni Pct. 42	versity? Total Freq. 306	<b>Pct</b> 30.5		3
<ul> <li><b>3A3. Are you interested in re</b></li> <li><b>Depression/Anxiet</b></li> <li>1 No</li> <li>2 Yes</li> </ul>	ceiving inform ty Male Freq. 114 168	<b>Pct.</b> 40 60	ultiple respo the followin Female Freq. 181 502	nses. ng topics f Pct. 27 74	from your col Unknowr Freq. 5 7	lege or uni Pct. 42 58	versity? Total Freq. 306 697	<b>Pct</b> . 30.5 69.5		]
<ul> <li><b>3A3. Are you interested in re</b> Depression/Anxiet <ol> <li>1 No</li> <li>2 Yes</li> <li>Valid responses =</li> </ol></li></ul>	ceiving inform ty Male Freq. 114 168 282	<b>Pct.</b> 40 60 28	ultiple respo the followin Female Freq. 181 502 683	nses. ng topics f Pct. 27 74 68	from your col Unknowr Freq. 5	lege or uni Pct. 42	versity? Total Freq. 306	<b>Pct</b> 30.5		3
<ul> <li><b>3A3. Are you interested in re</b></li> <li><b>Depression/Anxiet</b></li> <li>1 No</li> <li>2 Yes</li> </ul>	ceiving inform ty Male Freq. 114 168 282	<b>Pct.</b> 40 60 28	ultiple respo the followin Female Freq. 181 502 683	nses. ng topics f Pct. 27 74 68	from your col Unknowr Freq. 5 7	lege or uni Pct. 42 58	versity? Total Freq. 306 697	<b>Pct</b> . 30.5 69.5		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> </ul>	Male Male Freq. 114 168 282 nclude no response	Pct. 40 60 28 onse or m	ultiple respo the followin Female Freq. 181 502 683 ultiple respo	Pct. 27 74 68 29 8	from your col Unknowr Freq. 5 7 12	lege or uni Pct. 42 58 1	versity? Total Freq. 306 697 1,003	<b>Pct</b> . 30.5 69.5		<u> </u>
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> </ul>	Male Freq. 114 168 282 nclude no response	Pct. 40 60 28 onse or m	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin	Pct. 27 74 68 onses.	from your col Unknowr Freq. 5 7 12 from your col	lege or uni Pct. 42 58 1 Iege or uni	versity? Total Freq. 306 697 1,003 versity?	<b>Pct</b> . 30.5 69.5		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceeiving inform Male	Pct. 40 60 28 onse or m	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin Female	Pct. 27 74 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col	lege or uni Pct. 42 58 1 Iege or uni	versity? Total Freq. 306 697 1,003 versity? Total	<b>Pct</b> . 30.5 69.5 98.7		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> </ul>	Male Freq. 114 168 282 nclude no response	Pct. 40 60 28 onse or m	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin Female Freq.	Pct. 27 74 68 onses.	from your col Unknowr Freq. 5 7 12 from your col	lege or uni Pct. 42 58 1 Iege or uni	versity? Total Freq. 306 697 1,003 versity?	<b>Pct</b> . 30.5 69.5		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceeiving inform Male	Pct. 40 60 28 onse or m	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin Female	Pct. 27 74 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col	lege or uni Pct. 42 58 1 Iege or uni	versity? Total Freq. 306 697 1,003 versity? Total	<b>Pct</b> . 30.5 69.5 98.7		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> </ul>	Male Freq. 114 168 282 Anclude no respon Acceiving inform Male Freq.	Pct. 40 60 28 onse or m action on Pct.	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin Female Freq.	Pct. 27 74 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq.	lege or uni Pct. 42 58 1 lege or uni Pct.	versity? Total Freq. 306 697 1,003 versity? Total Freq.	Pct. 30.5 98.7 Pct.		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> </ul>	Male Freq. 114 168 282 Include no respon Ceeiving inform Male Freq. 184	Pct. 40 60 28 onse or m eation on Pct. 66	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin Female Freq. 311	Pct. 27 74 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7	lege or uni Pct. 42 58 1 lege or uni Pct. 58	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517	Pct. 30.5 69.5 98.7 Pct. 51.6		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> </ul>	Aceiving inform ty Male Freq. 114 168 282 Include no respon Inceiving inform Male Freq. 184 97 281	Pct.         40         60         28         onse or m         aation on         Pct.         66         35         28	ultiple respo the followin Female Freq. 181 502 683 ultiple respo the followin Female Freq. 311 371 682	Pct. 27 74 68 9 9 9 9 74 68 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7 5	lege or uni Pct. 42 58 1 lege or uni Pct. 58 42	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517 484	Pct. 30.5 69.5 98.7 Pct. 51.6 48.4		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceiving inform Male Freq. 184 97 281 Anclude no response	Pct.         40         60         28         onse or m         aation on         Pct.         66         35         28         onse or m	ultiple response the followin Female Freq. 181 502 683 ultiple response the followin Female Freq. 311 371 682 ultiple response	Pct. 27 74 68 onses. ng topics f Pct. 46 54 68 onses.	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7 5 12	lege or uni Pct. 42 58 1 lege or uni Pct. 58 42 1	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517 484 1,001	Pct. 30.5 69.5 98.7 Pct. 51.6 48.4		]
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A5. Are you interested in re</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceiving inform Male Freq. 184 97 281 Anclude no response	Pct.         40         60         28         onse or m         aation on         Pct.         66         35         28         onse or m	ultiple response the followin Female Freq. 181 502 683 ultiple response the followin Female Freq. 311 371 682 ultiple response	Pct. 27 74 68 onses. ng topics f Pct. 46 54 68 onses.	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7 5 12	lege or uni Pct. 42 58 1 lege or uni Pct. 58 42 1	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517 484 1,001	Pct. 30.5 69.5 98.7 Pct. 51.6 48.4		]
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<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses ir</li> <li>3A5. Are you interested in re</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceeiving inform Male Freq. 184 97 281 Anclude no response ceiving inform Male	Pct. 40 60 28 onse or m ation on Pct. 66 35 28 onse or m ation on	ultiple response the followin Female Freq. 181 502 683 ultiple response the followin Female Freq. 311 371 682 ultiple response the followin Female	Pct. 27 74 68 onses. ng topics f Pct. 46 54 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7 5 12 from your col Unknowr	lege or uni Pct. 42 58 1 lege or uni Pct. 58 42 1 lege or uni	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517 484 1,001 versity? versity?	Pct. 30.5 69.5 98.7 <b>Pct.</b> 51.6 48.4 98.5		
<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses in</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses in</li> <li>3A5. Are you interested in re Grief and loss</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceeiving inform Male Freq. 184 97 281 Anclude no response Ceeiving inform Male Freq. Male Freq.	Pct. 40 60 28 onse or m eation on Pct. 66 35 28 onse or m eation on Pct.	ultiple response the followin Female Freq. 181 502 683 ultiple response the followin Female Freq. 311 371 682 ultiple response the followin Female Freq.	Pct. 27 74 68 onses. ng topics f Pct. 46 54 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7 5 12	lege or uni Pct. 42 58 1 lege or uni Pct. 58 42 1 lege or uni	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517 484 1,001 versity?	Pct. 30.5 69.5 98.7 Pct. 51.6 48.4 98.5		]
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<ul> <li>3A3. Are you interested in re Depression/Anxiet</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses in</li> <li>3A4. Are you interested in re Eating disorders</li> <li>1 No</li> <li>2 Yes</li> <li>1 No</li> <li>2 Yes</li> <li>Valid responses = Invalid responses in</li> <li>3A5. Are you interested in re Grief and loss</li> </ul>	Male Freq. 114 168 282 Anclude no response Ceeiving inform Male Freq. 184 97 281 Anclude no response Ceeiving inform Male Freq. Male Freq.	Pct. 40 60 28 onse or m eation on Pct. 66 35 28 onse or m eation on Pct.	ultiple response the followin Female Freq. 181 502 683 ultiple response the followin Female Freq. 311 371 682 ultiple response the followin Female Freq.	Pct. 27 74 68 onses. ng topics f Pct. 46 54 68 onses. ng topics f	from your col Unknowr Freq. 5 7 12 from your col Unknowr Freq. 7 5 12 from your col Unknowr Freq.	lege or uni Pct. 42 58 1 lege or uni Pct. 58 42 1 lege or uni	versity? Total Freq. 306 697 1,003 versity? Total Freq. 517 484 1,001 versity? versity? Total Freq. 517 484 1,001	Pct. 30.5 69.5 98.7 Pct. 51.6 48.4 98.5		

Invalid responses include no response or multiple responses.

# 3A6. Are you interested in receiving information on the following topics from your college or university?

How to help others in distress								
-	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	94	33	167	24	5	42	275	27.4
2 Yes	189	67	517	76	7	58	729	72.6
Valid responses =	283	28	684	68	12	1	1,004	98.8

Invalid responses include no response or multiple responses.

# 3A7. Are you interested in receiving information on the following topics from your college or university?

injuly provolution	Mala	Female	Total
Injury prevention	-		 -

	Iviale		Female		Unknown		l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	152	54	292	43	6	50	461	46.0
2 Yes	131	46	390	57	6	50	542	54.0
Valid responses =	283	28	682	68	12	1	1,003	98.7

American College Health Association-National C	College Health Assessment (ACHA-NCHA-II)
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March 21, 2019 FREQUENCY REPORT Number of Surveys (n) = 1016 Web

Surveys

# 3A8. Are you interested in receiving information on the following topics from your college or university?

Nutrition

	Male	Male		Female		Unknown				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	107	38	164	24	5	42	285	28.4		
2 Yes	176	62	520	76	7	58	720	71.6		
Valid responses =	283	28	684	68	12	1	1,005	98.9		

Invalid responses include no response or multiple responses.

### 3A9. Are you interested in receiving information on the following topics from your college or university?

**Physical activity** 

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	41	198	29	7	58	332	33.1
2 Yes	167	59	484	71	5	42	670	66.9
Valid responses =	282	28	682	68	12	1	1,002	98.6

Invalid responses include no response or multiple responses.

#### 3A10. Are you interested in receiving information on the following topics from your college or university? Pregnancy prevention

	Fregnancy preven	tion								
		Male	Male		Female		Unknown			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No		178	63	320	47	7	58	518	51.7	
2 Yes		105	37	361	53	5	42	484	48.3	
Valid	responses =	283	28	681	68	12	1	1,002	98.6	

Invalid responses include no response or multiple responses.

### 3B1. Are you interested in receiving information on the following topics from your college or university? Problem use of Internet/computer games

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	180	64	430	63	8	67	634	63.0	
2 Yes	103	36	255	37	4	33	372	37.0	
Valid responses =	283	28	685	68	12	1	1,006	99.0	

Invalid responses include no response or multiple responses.

# 3B2. Are you interested in receiving information on the following topics from your college or university? **Relationship difficulties**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	51	261	38	6	50	423	42.0
2 Yes	138	49	423	62	6	50	583	58.0
Valid responses =	284	28	684	68	12	1	1,006	99.0

Invalid responses include no response or multiple responses.

# 3B3. Are you interested in receiving information on the following topics from your college or university?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	153	54	234	34	6	50	402	40.0
2 Yes	130	46	451	66	6	50	604	60.0
Valid responses =	283	28	685	68	12	1	1,006	99.0

Invalid responses include no response or multiple responses.

# 3B4. Are you interested in receiving information on the following topics from your college or university?

Sexually transmitted disease/Infection (STD/I) prevention

	Male Freg. Pct.		Female		Unknown		l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	152	54	263	39	6	50	434	43.2
2 Yes	131	46	421	62	6	50	571	56.8
Valid responses =	283	28	684	68	12	1	1,005	98.9

American College Health Association-National C	College Health Assessment (ACHA-NCHA-II)
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www.acha.org

University of California Riverside

March 21, 2019 FREQUENCY REPORT Number of Surveys (n) = 1016 Web Surveys

3B5. Are you interested in receiving information on the following topics from your college or university?

**Sleep difficulties** 

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	106	38	185	27	5	42	303	30.2
2 Yes	177	63	496	73	7	58	699	69.8
Valid responses =	283	28	681	68	12	1	1,002	98.6
laveliet reeneneed in a			ultiple reepe					

Invalid responses include no response or multiple responses.

# 3B6. Are you interested in receiving information on the following topics from your college or university?

Stress reduction

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	95	34	122	18	4	33	225	22.3	
2 Yes	189	67	565	82	8	67	784	77.7	
Valid responses =	284	28	687	68	12	1	1,009	99.3	
			1.1 1						

Invalid responses include no response or multiple responses.

# 3B7. Are you interested in receiving information on the following topics from your college or university?

Suicide prevention

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	154	54	227	33	3	27	390	38.8
2 Yes	131	46	456	67	8	73	614	61.2
Valid responses =	285	28	683	68	11	1	1,004	98.8
Involid rooponoo i	include no reen		ultiple reeps					

Invalid responses include no response or multiple responses.

# 3B8. Are you interested in receiving information on the following topics from your college or university?

Tobacco use								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	201	71	427	63	8	67	655	65.3
2 Yes	81	29	256	38	4	33	348	34.7
Valid responses =	282	28	683	68	12	1	1,003	98.7

Invalid responses include no response or multiple responses.

### 3B9. Are you interested in receiving information on the following topics from your college or university? Violence prevention

	Male		Female	•	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	162	57	282	41	6	50	458	45.7
2 Yes	121	43	399	59	6	50	544	54.3
Valid responses =	283	28	681	68	12	1	1,002	98.6
Invalid reenances includ			ultiple reeps					

Invalid responses include no response or multiple responses.

# 4A. Within the last 12 months, how often did you:

Wear a seatbelt when	you rode	in car?						
	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 month	1	0	3	0	0	0	4	0.4
2 Never	0	0	2	0	0	0	2	0.2
3 Rarely	3	1	2	0	0	0	6	0.6
4 Sometimes	7	2	6	1	2	17	16	1.6 🛛
5 Most of the time	22	8	59	9	0	0	86	8.5 🗖
6 Always	253	89	617	90	10	83	899	88.7
Valid responses =	286	28	689	68	12	1	1,013	99.7
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# University of California Riverside

March 21, 2019				
FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

# 4B. Within the last 12 months, how often did you:

Wear a helmet when you rode a bicycle?

-	Male	-	Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 month	149	52	429	62	6	50	599	59.1
2 Never	56	20	88	13	2	17	151	14.9
3 Rarely	15	5	43	6	1	8	61	6.0 🗖
4 Sometimes	14	5	21	3	2	17	38	3.8 🗖
5 Most of the time	15	5	26	4	0	0	43	4.2 🗖
6 Always	37	13	82	12	1	8	121	11.9 🔲
Valid responses =	286	28	689	68	12	1	1,013	99.7

Invalid responses include no response or multiple responses.

# 4C. Within the last 12 months, how often did you:

Wear a helmet when you rode a motorcycle?

-	Male	-	Female	1	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 month	254	89	616	90	10	83	904	89.4
2 Never	4	1	7	1	0	0	11	1.1 🛛
3 Rarely	0	0	1	0	0	0	2	0.2
4 Sometimes	2	1	2	0	1	8	5	0.5
5 Most of the time	1	0	4	1	0	0	5	0.5
6 Always	25	9	57	8	1	8	84	8.3 🗖
Valid responses =	286	28	687	68	12	1	1,011	99.5

Invalid responses include no response or multiple responses.

# 4D. Within the last 12 months, how often did you:

Wear a helmet when yo	ou were ir	nline skat	ing?						
-	Male		Female	)	Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A didn't do this last 12 month	241	85	585	85	9	75	859	85.1	
2 Never	25	9	48	7	2	17	75	7.4 🗖	
3 Rarely	2	1	7	1	0	0	11	1.1 🛛	
4 Sometimes	4	1	7	1	1	8	12	1.2 🛛	
5 Most of the time	0	0	9	1	0	0	9	0.9	
6 Always	13	5	30	4	0	0	43	4.3 🗖	
Valid responses =	285	28	686	68	12	1	1,009	99.3	

Invalid responses include no response or multiple responses.

### 5A. Within the last 12 months:

Were you in a phy								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	96	672	97	11	92	981	97.0
2 Yes	11	4	18	3	1	8	30	3.0
Valid responses =	284	28	690	68	12	1	1,011	99.5

Invalid responses include no response or multiple responses.

# 5B. Within the last 12 months:

### Were you physically assaulted (do not include sexual assault)?

	Male		Female	,	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	98	676	98	11	92	991	97.8
2 Yes	7	3	14	2	1	8	22	2.2
Valid responses =	285	28	690	68	12	1	1,013	99.7
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Invalid responses include no response or multiple responses.

Page 7 of 61

American Coll	<b>Data Report</b> - S ege Health Associate e Road, Suite 740				niversity of Ca				
Silver Spring,					EQUENCY RE	PORT			
(410) 859-150				Nu	mber of Surve	eys (n)	=	1016 Web	Surveys
www.acha.org	!					,			-
	_								
5C.Within the last 12 mc									
were you ver	bally threatened? Male		Female		Unknown		Total		
		Det		Det		Det		Det	
1 No	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	218	77	600	87	11	92	850	84.1	
2 Yes	67	24	88	13	1	8	161	15.9	
Valid responses =	285	28	688 Generational contract	68	12	1	1,011	99.5	
invalid respons	ses include no resp	onse or n	iuitipie respor	nses.					
5D. Within the last 12 m	onths:								
Were you sex	ually touched with	out your	consent?						
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	274	97	619	90	11	92	925	91.5	
2 Yes	9	3	71	10	1	8	86	8.5 🗖	
Valid responses =	283	28	690	68	12	1	1,011	99.5	
Invalid respons	ses include no resp	onse or m	nultiple respor	nses.					
was sexual p	enetration attempt Male	ed (vagir	Female	i) without	Unknown	ſ	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	283	100	665	97	11	92	983	97.2	
2 Yes	1	0	24	4	1	8	28	2.8	
Valid responses =	284	28	689	68	12	1	1,011	99.5	
	ses include no resp	onse or m	nultiple respor	nses.					
5F. Within the last 12 m	onthe								
	ually penetrated (	/aqinal. a	nal. oral) wit	hout vou	r consent?				
,	Male	- <b>J</b> , -	Female	,	Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	284	100	674	98	12	100	995	98.3	
2 Yes	0	0	16	2	0	0	17	1.7	
Valid responses =	284	28	690	68	12	1	1,012	99.6	
•	ses include no resp				12		1,012	00.0	
5G. Within the last 12 m									
-	ctim of stalking (e ils/phone calls)?	.g., waitii	ng for you ou	utside you	ur classroom, r	residence	e hall, or offi	ce:	
repeated ema	• •		Female		Unknown		Total		
repeated ema	Male								
repeated ema		Pct.	Freq.	Pct.	Freg.	Pct.	Freq.	Pct.	
	Freq.	<b>Pct.</b> 98	<b>Freq.</b> 643	<b>Pct.</b> 93	<b>Freq.</b> 11	<b>Pct.</b> 92	<b>Freq.</b> 958	<b>Pct.</b> 94.8	
1 No	<b>Freq.</b> 279	98	643	93	11	92	958	94.8	
	Freq.		•		•		•		

Invalid responses include no response or multiple responses.

# 6A. Within the last 12 months, have you been in an intimate (coupled/partnered) relationship that was:

Emotionally abusi	ve? (e.g., calle	ed deroga	atory names	s, yelled at	t, ridiculed)			
	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	267	94	633	92	11	92	935	92.4
2 Yes	17	6	57	8	1	8	77	7.6 🗖
Valid responses =	284	28	690	68	12	1	1,012	99.6

Invalid responses include no response or multiple responses.

6B. Within the last 12 months, have you been in an intimate (coupled / partnered) relationship that was:

#### Physically abusive? (e.g., kicked, slapped, punched)

	Male		Female	, !	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	99	679	99	11	92	994	98.5
2 Yes	4	1	9	1	1	8	15	1.5
Valid responses =	283	28	688	68	12	1	1,009	99.3

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

		140		
American College Health Association				
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Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016 W	Veb Surveys	
www.acha.org				

# 6C. Within the last 12 months, have you been in an intimate (coupled / partnered) relationship that was:

Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform or have an

unwanted sexu	al act performed	on you)						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	283	100	669	97	11	92	988	97.8
2 Yes	1	0	19	3	1	8	22	2.2
Valid responses =	284	28	688	68	12	1	1,010	99.4
·								

Invalid responses include no response or multiple responses.

# 7A. Do you feel safe on this campus (daytime)?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	1	0	0	0	1	0.1 I
2 Somewhat unsafe	3	1	10	1	0	0	14	1.4 🛛
3 Somewhat safe	61	22	216	31	4	33	289	28.6
4 Very safe	220	78	463	67	8	67	708	70.0
Valid responses =	284	28	690	68	12	1	1,012	99.6

Invalid responses include no response or multiple responses.

# 7B. Do you feel safe on this campus (nighttime)?

-	Male		Female	!	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	8	3	65	10	0	0	77	7.6 🗖
2 Somewhat unsafe	46	16	254	37	3	25	311	30.9
3 Somewhat safe	161	57	317	46	7	58	497	49.4
4 Very safe	69	24	50	7	2	17	122	12.1 🛄
Valid responses =	284	28	686	68	12	1	1,007	99.1

Invalid responses include no response or multiple responses.

# 7C. Do you feel safe in the community surrounding this school (daytime)?

	Male		Female	)	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	5	2	19	3	0	0	24	2.4 🗖
2 Somewhat unsafe	29	10	141	20	1	8	178	17.6
3 Somewhat safe	153	54	392	57	8	67	571	56.5
4 Very safe	96	34	138	20	3	25	238	23.5
Valid responses =	283	28	690	68	12	1	1,011	99.5

Invalid responses include no response or multiple responses.

# 7D. Do you feel safe in the community surrounding this school (nighttime)?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	47	17	259	38	1	8	319	31.5
2 Somewhat unsafe	119	42	286	41	4	33	421	41.6
3 Somewhat safe	95	34	128	19	7	58	231	22.8
4 Very safe	23	8	17	3	0	0	41	4.1 🗖
Valid responses =	284	28	690	68	12	1	1,012	99.6

Invalid responses include no response or multiple responses.

8A1. Within the last thirty days,	on how ma	any days	did you use	e: Ciç	jarettes?			
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	226	80	610	89	10	91	866	85.9
2 Have used, but not in last 30	38	13	57	8	1	9	99	9.8 🗖
3 1 - 2 days	4	1	8	1	0	0	12	1.2

(	3	3	0	0	0	11	1.1 📕
3	1	3	0	0	0	6	0.6
1	0	3	0	0	0	4	0.4
1	0	0	0	0	0	1	0.1 <sup>I</sup>
3	1	4	1	0	0	9	0.9
283	28	688	68	11	1	1,008	99.2
	7 3 1 1 3 283	7 3 3 1 1 0 1 0 3 1 283 28	7       3       3         3       1       3         1       0       3         1       0       0         3       1       4         283       28       688	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

Invalid responses include no response or multiple responses.

40 5 4

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				

# 8A10. Within the last thirty days, on how many days did you use: E-cigarettes?

	Male		Female	Female		n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	218	77	589	86	9	82	839	83.6	
2 Have used, but not in last 30	34	12	49	7	1	9	85	8.5	
3 1 - 2 days	9	3	18	3	0	0	28	2.8	0
4 3 - 5 days	4	1	8	1	0	0	13	1.3	I
5 6 - 9 days	0	0	5	1	0	0	5	0.5	1
6 10 - 19 days	3	1	4	1	0	0	7	0.7	1
7 20 - 29 days	4	1	1	0	0	0	5	0.5	1
8 Used daily	12	4	8	1	1	9	21	2.1	D
Valid responses =	284	28	682	68	11	1	1,003	98.7	
·									

Invalid responses include no response or multiple responses.

8A2. Within the last thirty days, on how many days did you use:					Tobacco from a	e (hookah)?			
	Male		Female		Unknown	1	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	237	84	615	89	10	91	883	87.6	
2 Have used, but not in last 30	41	14	67	10	1	9	112	11.1	
3 1 - 2 days	4	1	4	1	0	0	8	0.8	I
4 3 - 5 days	2	1	0	0	0	0	2	0.2	I
5 6 - 9 days	0	0	2	0	0	0	3	0.3	1
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	284	28	688	68	11	1	1,008	99.2	

Invalid responses include no response or multiple responses.

8A3. Within the last thirty days, on how many days did you use:					jars, little cig	gars, clove	cigarettes?		
	Male	Male Fe		Female Unknown			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	237	84	647	94	10	91	917	91.2	
2 Have used, but not in last 30	38	13	33	5	1	9	73	7.3	
3 1 - 2 days	7	3	6	1	0	0	13	1.3	I
4 3 - 5 days	2	1	0	0	0	0	2	0.2	1
5 6 - 9 days	0	0	0	0	0	0	1	0.1	I
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	284	28	686	68	11	1	1,006	99.0	

Invalid responses include no response or multiple responses.

8A4. Within the last thirty days	, on now ma Male	any days	Female		okeless toba Unknow		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	257	91	661	96	9	90	951	94.6	
2 Have used, but not in last 30	23	8	24	4	1	10	49	4.9	
3 1 - 2 days	2	1	0	0	0	0	2	0.2	I I
4 3 - 5 days	1	0	0	0	0	0	1	0.1	I .
5 6 - 9 days	0	0	1	0	0	0	1	0.1	I .
6 10 - 19 days	0	0	1	0	0	0	1	0.1	I
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	283	28	687	68	10	1	1,005	98.9	

Invalid responses include no response or multiple responses.

Page 10 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Institutional Data Report - Spring 2019
American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

# University of California Riverside

740	March 21, 2019			
	FREQUENCY REPORT			
	Number of Surveys (n) =	1016	Web	Surveys

# 8A5. Within the last thirty days, on how many days did you use: Alcohol (beer, wine, liquor)?

	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	94	33	220	32	6	55	327	32.4	
2 Have used, but not in last 30	61	22	161	23	1	9	227	22.5	
3 1 - 2 days	45	16	139	20	4	36	193	19.1	
4 3 - 5 days	49	17	81	12	0	0	134	13.3	
5 6 - 9 days	17	6	48	7	0	0	68	6.7	
6 10 - 19 days	8	3	27	4	0	0	35	3.5	
7 20 - 29 days	10	4	9	1	0	0	21	2.1	
8 Used daily	0	0	3	0	0	0	3	0.3	I
Valid responses =	284	28	688	68	11	1	1,008	99.2	

Invalid responses include no response or multiple responses.

8A6. Within the last thirty days, o	on how ma	iny days	did you use:	Ма	arijuana (pot,	weed, hash	hish, hash oil)'	?	
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	169	60	435	63	6	55	623	61.9	
2 Have used, but not in last 30	58	20	104	15	3	27	168	16.7	
3 1 - 2 days	18	6	56	8	2	18	82	8.2	
4 3 - 5 days	15	5	24	4	0	0	40	4.0	
5 6 - 9 days	3	1	18	3	0	0	21	2.1	0
6 10 - 19 days	7	3	16	2	0	0	23	2.3	0
7 20 - 29 days	6	2	12	2	0	0	20	2.0	0
8 Used daily	8	3	21	3	0	0	29	2.9	
Valid responses =	284	28	686	68	11	1	1,006	99.0	

Invalid responses include no response or multiple responses.

8A7. Within the last thirty days,	did you use:	Co	Cocaine (crack, rock, freebase)?					
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	264	93	654	95	10	91	952	94.7 🗖
2 Have used, but not in last 30	16	6	27	4	1	9	44	4.4 🗖
3 1 - 2 days	1	0	1	0	0	0	2	0.2 I
4 3 - 5 days	2	1	2	0	0	0	5	0.5
5 6 - 9 days	0	0	1	0	0	0	1	0.1 <sup> </sup>
6 10 - 19 days	0	0	1	0	0	0	1	0.1 <sup> </sup>
7 20 - 29 days	0	0	0	0	0	0	0	0.0
8 Used daily	0	0	0	0	0	0	0	0.0
Valid responses =	283	28	686	68	11	1	1,005	98.9

Invalid responses include no response or multiple responses.

8A8. Within the last thirty days,	on how ma	any days	did you use:		Methamphetami	ine (crysta	rank)?		
	Male Female				Unknowr	า	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	276	97	682	99	10	91	992	98.5	
2 Have used, but not in last 30	7	3	4	1	1	9	13	1.3	I
3 1 - 2 days	0	0	0	0	0	0	0	0.0	
4 3 - 5 days	1	0	0	0	0	0	2	0.2	]
5 6 - 9 days	0	0	0	0	0	0	0	0.0	
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	284	28	686	68	11	1	1,007	99.1	
Invalid responses inclu	do no roon	onco or m	ultiple recoord						

Invalid responses include no response or multiple responses.

Page 11 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019

institutional Data Report - Sprin
American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

# University of California Riverside

	March 21, 2019 FREQUENCY REPOI	RT				
			=	1016	Web	Surveys

#### 8A9. Within the last thirty days, on how many days did you use: Other amphetamines (diet pills, bennies)?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	267	94	663	96	10	91	963	95.5	
2 Have used, but not in last 30	12	4	12	2	1	9	26	2.6	
3 1 - 2 days	1	0	5	1	0	0	6	0.6 I	
4 3 - 5 days	4	1	4	1	0	0	8	0.8 I	
5 6 - 9 days	0	0	1	0	0	0	1	0.1	
6 10 - 19 days	0	0	2	0	0	0	3	0.3	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	1	0	0	0	1	0.1 <sup> </sup>	
Valid responses =	284	28	688	68	11	1	1,008	99.2	

Invalid responses include no response or multiple responses.

#### 8B1. Within the last thirty days, on how many days did you use: Sedatives (downers, ludes)? Male Female Unknown Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 1 Never used 97.3 🗖 2 Have used, but not in last 30 1.8 🛽 31-2 days 0.4 I 43 - 5 days 0.2 I 56-9 days 0.1 I 0.1 I 6 10 - 19 days 7 20 - 29 days 0.1 8 Used daily 0.0 Valid responses = 1,009 99.3

Invalid responses include no response or multiple responses.

8B2. Within the last thirty days, o	on how ma	any days	did you use:	Ha	lucinogens	(LSD, PCP) <sup>*</sup>	?		
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	260	92	661	96	10	91	954	94.6	
2 Have used, but not in last 30	16	6	22	3	1	9	41	4.1	
3 1 - 2 days	4	1	3	0	0	0	7	0.7	I
4 3 - 5 days	3	1	0	0	0	0	4	0.4	1
5 6 - 9 days	1	0	0	0	0	0	1	0.1	1
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	1	0	0	0	1	0.1	1
Valid responses =	284	28	687	68	11	1	1,008	99.2	

Invalid responses include no response or multiple responses.

#### 8B3. Within the last thirty days, on how many days did you use: Anabolic steroids (Testosterone)? Male Female Unknown Total Pct. Freq. Freq. Freq. Pct. Pct. Pct. Freq. 1 Never used 1,000 99.0 2 Have used, but not in last 30 **I** 8.0 31-2 days 0.1 I 43 - 5 days 0.1 I 56-9 days 0.0 6 10 - 19 days 0.0 7 20 - 29 days 0.0 8 Used daily 0.0 Valid responses = 1,010 99.4

Invalid responses include no response or multiple responses.

Page 12 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

Institutional Data Report - Opining 2019
American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

# March 21, 2019 FREQUENCY REPORT

FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

# 8B4. Within the last thirty days, on how many days did you use: Opiates (heroin, smack)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	279	99	682	99	10	91	995	98.7
2 Have used, but not in last 30	3	1	7	1	1	9	12	1.2
3 1 - 2 days	0	0	0	0	0	0	0	0.0
4 3 - 5 days	1	0	0	0	0	0	1	0.1 I
5 6 - 9 days	0	0	0	0	0	0	0	0.0
6 10 - 19 days	0	0	0	0	0	0	0	0.0
7 20 - 29 days	0	0	0	0	0	0	0	0.0
8 Used daily	0	0	0	0	0	0	0	0.0
Valid responses =	283	28	689	68	11	1	1,008	99.2

Invalid responses include no response or multiple responses.

# 8B5.. Within the last thirty days, on how many days did you use: Inhalants (glue, solvents, gas)?

	Male		Female	1	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	275	97	684	99	10	91	992	98.3	
2 Have used, but not in last 30	7	3	5	1	1	9	13	1.3	1
3 1 - 2 days	1	0	0	0	0	0	2	0.2	I
4 3 - 5 days	1	0	0	0	0	0	1	0.1	I
5 6 - 9 days	0	0	0	0	0	0	0	0.0	
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	1	0.1	I
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	284	28	689	68	11	1	1,009	99.3	

Invalid responses include no response or multiple responses.

8B6. Within the last thirty days,	on how ma	any days	did you use	: MC	MA (Ecstasy	/)?			
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	258	91	630	92	10	91	922	91.7	
2 Have used, but not in last 30	20	7	49	7	1	9	71	7.1 🗖	
3 1 - 2 days	4	1	7	1	0	0	11	1.1 📕	
4 3 - 5 days	0	0	0	0	0	0	0	0.0	
5 6 - 9 days	1	0	0	0	0	0	1	0.1	
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	1	0	0	0	1	0.1 <sup>I</sup>	
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	283	28	687	68	11	1	1,006	99.0	
· · · · · ·									

Invalid responses include no response or multiple responses.

	Male		Female	1	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	275	97	685	99	10	91	994	98.5	
2 Have used, but not in last 30	7	3	4	1	1	9	13	1.3	I.
3 1 - 2 days	1	0	0	0	0	0	1	0.1	I.
4 3 - 5 days	0	0	0	0	0	0	0	0.0	
5 6 - 9 days	1	0	0	0	0	0	1	0.1	I
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	0	0	0	0	0	0.0	
Valid responses =	284	28	689	68	11	1	1,009	99.3	

Invalid responses include no response or multiple responses.

Page 13 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

institutional Data Report - Spring 2019
American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

# March 21, 2019

FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

# 8B8. Within the last thirty days, on how many days did you use: Other illegal drugs?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	266	94	675	98	10	91	975	97.0
2 Have used, but not in last 30	12	4	9	1	1	9	22	2.2 🛛
3 1 - 2 days	2	1	2	0	0	0	5	0.5 I
4 3 - 5 days	2	1	0	0	0	0	2	0.2 I
5 6 - 9 days	1	0	0	0	0	0	1	0.1
6 10 - 19 days	0	0	0	0	0	0	0	0.0
7 20 - 29 days	0	0	0	0	0	0	0	0.0
8 Used daily	0	0	0	0	0	0	0	0.0
Valid responses =	283	28	686	68	11	1	1,005	98.9

Invalid responses include no response or multiple responses.

# 9A1. Within the last thirty days, how often do you think the typical student at your school used: Cigarettes?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Never used	70	25	101	15	2	18	178	17.8
Have used, but not in last 30	44	16	89	13	5	46	143	14.3
- 2 days	55	20	144	21	2	18	204	20.4
- 5 days	40	14	110	16	0	0	155	15.5
- 9 days	33	12	79	12	1	9	115	11.5
- 19 days	11	4	72	11	1	9	87	8.7
) - 29 days	10	4	23	3	0	0	33	3.3
sed daily	17	6	66	10	0	0	84	8.4
d responses =	280	28	684	68	11	1	999	98.3

Invalid responses include no response or multiple responses.

# 9A10. Within the last thirty days, how often do you think the typical student at your school used:

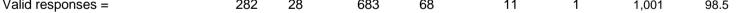
E-cigarettes?		2							
	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	49	17	75	11	1	9	127	12.7	
2 Have used, but not in last 30	18	6	49	7	4	36	73	7.3	
3 1 - 2 days	36	13	110	16	0	0	149	14.9	
4 3 - 5 days	41	15	79	12	3	27	125	12.5	
5 6 - 9 days	42	15	71	10	2	18	118	11.8	
6 10 - 19 days	39	14	109	16	0	0	151	15.1	
7 20 - 29 days	21	8	50	7	0	0	74	7.4	
8 Used daily	35	13	139	20	1	9	182	18.2	
Valid responses =	281	28	682	68	11	1	999	98.3	

Invalid responses include no response or multiple responses.

# 9A2. Within the last thirty days, how often do you think the typical student at your school used:

Tobacco from a water pipe (hookah)?

	•••	,							
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	74	26	111	16	3	27	194	19.4	
2 Have used, but not in last 30	49	17	91	13	5	46	148	14.8	
3 1 - 2 days	58	21	158	23	2	18	224	22.4	
4 3 - 5 days	37	13	107	16	1	9	150	15.0	
5 6 - 9 days	32	11	92	14	0	0	126	12.6	
6 10 - 19 days	20	7	64	9	0	0	85	8.5	
7 20 - 29 days	2	1	25	4	0	0	28	2.8	
8 Used daily	10	4	35	5	0	0	46	4.6	
Valid reconnece -	202	20	602	60	11	1	1 001	00 E	



# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019

institutional Data Report - Sprin
American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

University of California Riverside

March 21, 2019 FREQUENCY REPORT Surveys Number of Surveys (n) = 1016 Web

# 9A3. Within the last thirty days, how often do you think the typical student at your school used:

Cigars, little cigars, clove cigarettes?

• .g,	0.0.0 U.g								
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	102	36	198	29	3	27	310	31.0	
2 Have used, but not in last 30	54	19	140	21	6	55	207	20.7	
3 1 - 2 days	65	23	143	21	1	9	216	21.6	
4 3 - 5 days	19	7	83	12	0	0	105	10.5	
5 6 - 9 days	15	5	39	6	1	9	55	5.5 💻	
6 10 - 19 days	14	5	41	6	0	0	55	5.5 💻	
7 20 - 29 days	2	1	12	2	0	0	14	1.4 🗖	
8 Used daily	11	4	27	4	0	0	39	3.9 🗖	
Valid responses =	282	28	683	68	11	1	1,001	98.5	
Invalid responses inc							1,001	00	.0

Invalid responses include no response or multiple responses.

### 9A4. Within the last thirty days, how often do you think the typical student at your school used: Smokeless tobacco?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	106	38	198	29	6	55	318	31.7
2 Have used, but not in last 30	55	20	124	18	3	27	186	18.6
3 1 - 2 days	56	20	130	19	1	9	193	19.3
4 3 - 5 days	23	8	85	12	0	0	112	11.2
5 6 - 9 days	18	6	55	8	0	0	73	7.3
6 10 - 19 days	8	3	38	6	1	9	47	4.7
7 20 - 29 days	4	1	18	3	0	0	23	2.3
8 Used daily	12	4	36	5	0	0	50	5.0
Valid responses =	282	28	684	68	11	1	1,002	98.6

Invalid responses include no response or multiple responses.

# 9A5. Within the last thirty days, how often do you think the typical student at your school used:

Alcohol (beer, wine, lie	quor)?	-			-			
	Male		Female	)	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	21	8	35	5	1	9	58	5.8
2 Have used, but not in last 30	8	3	20	3	1	9	29	2.9 🗖
3 1 - 2 days	27	10	60	9	2	18	90	9.0
4 3 - 5 days	55	20	101	15	3	27	162	16.2
5 6 - 9 days	49	17	148	22	3	27	205	20.5
6 10 - 19 days	70	25	159	23	0	0	239	23.9
7 20 - 29 days	27	10	78	11	1	9	109	10.9
8 Used daily	24	9	81	12	0	0	107	10.7
Valid responses =	281	28	682	68	11	1	999	98.3

Invalid responses include no response or multiple responses.

# 9A6. Within the last thirty days, how often do you think the typical student at your school used:

Marijuana (pot, weed, hashish, hash oil)? Male Female Unknown Total Pct. Freq. Pct. Freq. Pct. Freq. Pct. Freq. 1 Never used 13 59 9 9 36 1 98 9.8 🗖 2 Have used, but not in last 30 20 7 24 4 2 18 47 4.7 🔲 2 1 9 68 10 18 31-2 days 26 96 9.6 🗖 43 - 5 days 96 9 31 11 14 1 131 13.1 🗖 2 56-9 days 55 20 88 13 18 154 15.4 🗖 69 2 6 10 - 19 days 25 138 20 18 212 21.1 7 20 - 29 days 18 6 89 13 1 9 111 11.1

8 Used daily	27	10	122	18	0	0	154	15.4	
Valid responses =	282	28	684	68	11	1	1,003	98.7	

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019

institutional Data Report - Sprin
American College Health Association
8455 Colesville Road, Suite 740
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(410) 859-1500
www.acha.org

University of California Riverside

March 21, 2019 FREQUENCY REPORT Surveys Number of Surveys (n) = 1016 Web

# 9A7. Within the last thirty days, how often do you think the typical student at your school used:

Cocaine (crack, rock, freebase)?

	needaace,	•							
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	128	45	239	35	5	46	382	38.1	
2 Have used, but not in last 30	60	21	146	21	4	36	217	21.7	
3 1 - 2 days	47	17	129	19	1	9	180	18.0	
4 3 - 5 days	19	7	73	11	0	0	94	9.4 🔲	
5 6 - 9 days	11	4	40	6	1	9	53	5.3 🗖	
6 10 - 19 days	6	2	29	4	0	0	38	3.8 🗖	
7 20 - 29 days	5	2	15	2	0	0	20	2.0	
8 Used daily	6	2	12	2	0	0	18	1.8 📮	
Valid responses =	282	28	683	68	11	1	1,002	98.6	
Invalid responses inclu	de no resp	onse or m	ultiple respo	nses					

Invalid responses include no response or multiple responses.

# 9A8. Within the last thirty days, how often do you think the typical student at your school used: Methamphetamine (crystal meth, ice, crank)?

		.,,						
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	164	58	334	49	7	64	520	51.9
2 Have used, but not in last 30	47	17	147	22	2	18	200	20.0
3 1 - 2 days	45	16	106	16	2	18	155	15.5
4 3 - 5 days	8	3	43	6	0	0	55	5.5
5 6 - 9 days	5	2	18	3	0	0	23	2.3
6 10 - 19 days	3	1	16	2	0	0	19	1.9
7 20 - 29 days	3	1	13	2	0	0	16	1.6
8 Used daily	6	2	6	1	0	0	13	1.3
Valid responses =	281	28	683	68	11	1	1,001	98.5

Invalid responses include no response or multiple responses.

# 9A9. Within the last thirty days, how often do you think the typical student at your school used:

Other amphetamine (	diet pills, b	ennies)?			-			
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	139	49	271	40	6	55	428	42.8
2 Have used, but not in last 30	54	19	145	21	3	27	206	20.6
3 1 - 2 days	46	16	121	18	2	18	172	17.2
4 3 - 5 days	20	7	69	10	0	0	94	9.4
5 6 - 9 days	9	3	40	6	0	0	49	4.9 🗖
6 10 - 19 days	6	2	19	3	0	0	25	2.5 🗖
7 20 - 29 days	2	1	11	2	0	0	14	1.4 🛛
8 Used daily	6	2	7	1	0	0	13	1.3
Valid responses =	282	28	683	68	11	1	1,001	98.5

Invalid responses include no response or multiple responses.

# 9B1. Within the last thirty days, how often do you think the typical student at your school used:

Sedatives (downers, ludes)? Male Female Unknown Total Pct. Freq. Pct. Freq. Freq. Pct. Freq. Pct. 1 Never used 47 250 37 46 396 132 5 39.7 3 3 2 Have used, but not in last 30 53 19 129 19 27 190 19.0 40 137 20 27 31-2 days 14 187 18.7 🗖 43 - 5 days 25 9 67 0 10 95 9.5 🔲 56-9 days 13 5 41 6 0 0 54 5.4 🗖 3.8 🗖 7 29 6 10 - 19 days 3 4 0 0 38 2.1 📮 7 20 - 29 days 5 2 16 2 0 0 21

Valid responses =	281	28	680	68	11	1	998	98.2
Valid responses -	291	28	690	69	11	1	000	00.2
8 Used daily	6	2	11	2	0	0	17	1.7 🎴

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# March 21, 2019

FREQUENCY REPOR	Т				
Number of Surveys (	(n)	=	1016	Web	Surveys

# 9B2. Within the last thirty days, how often do you think the typical student at your school used:

Hallucinogens (LSD, PCP)?

	· •· /·								
	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	117	42	218	32	4	36	350	35.1	
2 Have used, but not in last 30	66	24	159	23	5	46	235	23.5	
3 1 - 2 days	44	16	154	23	2	18	207	20.7	
4 3 - 5 days	30	11	68	10	0	0	100	10.0	
5 6 - 9 days	8	3	38	6	0	0	46	4.6 🗖	
6 10 - 19 days	6	2	22	3	0	0	28	2.8 🗖	
7 20 - 29 days	4	1	15	2	0	0	19	1.9 🗖	
8 Used daily	6	2	7	1	0	0	13	1.3 📱	
Valid responses =	281	28	681	68	11	1	998	98.2	
Invalid responses inclu	do no rosp	onco or m	ultiple record	neoe					

Invalid responses include no response or multiple responses.

# 9B3. Within the last thirty days, how often do you think the typical student at your school used: Anabolic steroids (Testosterone)?

	Male	-	Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	152	54	279	41	6	55	451	45.1
2 Have used, but not in last 30	49	17	149	22	3	27	202	20.2
3 1 - 2 days	39	14	114	17	2	18	159	15.9
4 3 - 5 days	15	5	56	8	0	0	73	7.3
5 6 - 9 days	13	5	38	6	0	0	54	5.4
6 10 - 19 days	3	1	30	4	0	0	34	3.4
7 20 - 29 days	3	1	10	2	0	0	13	1.3
8 Used daily	7	3	6	1	0	0	13	1.3
Valid responses =	281	28	682	68	11	1	999	98.3

Invalid responses include no response or multiple responses.

# 9B4. Within the last thirty days, how often do you think the typical student at your school used:

Opiates	(heroine,	smack)?
---------	-----------	---------

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	173	62	340	50	8	73	536	53.8
2 Have used, but not in last 30	40	14	144	21	1	9	188	18.9
3 1 - 2 days	36	13	105	15	2	18	148	14.8
4 3 - 5 days	14	5	40	6	0	0	54	5.4
5 6 - 9 days	5	2	25	4	0	0	30	3.0
6 10 - 19 days	2	1	11	2	0	0	14	1.4
7 20 - 29 days	3	1	11	2	0	0	14	1.4
8 Used daily	6	2	6	1	0	0	13	1.3
Valid responses =	279	28	682	68	11	1	997	98.1

Invalid responses include no response or multiple responses.

# 9B5. Within the last thirty days, how often do you think the typical student at your school used:

Inhalants (glue, solve	nts, gas)?							
	Male		Male Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	155	55	338	50	8	73	516	51.7
2 Have used, but not in last 30	53	19	155	23	2	18	216	21.6
3 1 - 2 days	42	15	97	14	0	0	143	14.3
4 3 - 5 days	12	4	40	6	0	0	52	5.2 🗖
5 6 - 9 days	6	2	23	3	1	9	31	3.1 🗖
6 10 - 19 days	2	1	13	2	0	0	15	1.5
7 20 - 29 days	4	1	12	2	0	0	16	1.6
9 Llood doily	6	2	4	1	0	0	10	

valid responses –	200	20	002	00			333	30.5	
Valid responses =	280	28	682	68	11	1	999	98.3	
8 Used daily	6	2	4	1	0	0	10	1.0	

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

March 21, 2019

FREQUENCY REPORT Number of Surveys (n) = 1016 Web Surveys

# 9B6. Within the last thirty days, how often do you think the typical student at your school used: MDMA (Ecstasy)?

WIDWA (ECSIASY):									
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	109	39	193	28	6	55	317	31.8	
2 Have used, but not in last 30	63	23	172	25	4	36	248	24.8	
3 1 - 2 days	58	21	142	21	0	0	204	20.4	
4 3 - 5 days	21	8	83	12	0	0	104	10.4	
5 6 - 9 days	13	5	43	6	1	9	59	5.9	
6 10 - 19 days	4	1	21	3	0	0	25	2.5	
7 20 - 29 days	5	2	21	3	0	0	27	2.7	
8 Used daily	7	3	7	1	0	0	14	1.4	
Valid responses =	280	28	682	68	11	1	998	98.2	
			ultiple second						

Invalid responses include no response or multiple responses.

### 9B7. Within the last thirty days, how often do you think the typical student at your school used: Other club drugs (GHB, Ketamine, Rohypnol)?

Other Club drugs (Gr	D, Retainin	ie, Konyp	51101) î						
	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	148	53	293	43	8	73	463	46.3	
2 Have used, but not in last 30	44	16	160	24	1	9	210	21.0	
3 1 - 2 days	51	18	104	15	1	9	159	15.9	
4 3 - 5 days	17	6	61	9	0	0	79	7.9 🗖	
5 6 - 9 days	8	3	29	4	0	0	39	3.9 🗖	
6 10 - 19 days	2	1	17	3	1	9	20	2.0	
7 20 - 29 days	4	1	13	2	0	0	18	1.8 📮	
8 Used daily	7	3	5	1	0	0	12	1.2	
Valid responses =	281	28	682	68	11	1	1,000	98.4	

Invalid responses include no response or multiple responses.

# 9B8. Within the last thirty days, how often do you think the typical student at your school used:

Other illegal drugs?		-			-				
	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	127	45	272	40	8	73	419	42.1	
2 Have used, but not in last 30	58	21	153	23	2	18	218	21.9	
3 1 - 2 days	46	16	114	17	0	0	163	16.4	
4 3 - 5 days	19	7	65	10	0	0	84	8.4	
5 6 - 9 days	11	4	30	4	1	9	45	4.5	
6 10 - 19 days	6	2	19	3	0	0	26	2.6	
7 20 - 29 days	6	2	14	2	0	0	21	2.1	
8 Used daily	8	3	11	2	0	0	19	1.9	
Valid responses =	281	28	678	68	11	1	995	97.9	

Invalid responses include no response or multiple responses.

# 10. The last time you "partied"/socialized, how many alcoholic drinks did you have?

	Male		Female	;	Unknow	n	Total	
Drinks	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	135	48	282	41	6	50	433	43.1
1-2	50	18	204	30	2	17	260	25.9
3-4	49	17	110	16	3	25	169	16.8
5-6	20	7	61	9	1	8	85	8.5 💻
7-8	15	5	19	3	0	0	36	3.6 🗖
9-10	11	4	6	1	0	0	17	1.7 🛛
11-12	0	0	1	0	0	0	1	0.1 I
13-14	0	0	0	0	0	0	0	0.0
15 10	0	0	4	0	0	0		0.4.1

15-16	0	0	1	0	0	0	1	0.1
GE 17	2	1	1	0	0	0	3	0.3
Valid responses=	282	28	685	68	12	1	1,005	98.9
Invalid responses inclu	de no resno	nso or mi	ultinla respor					

	Mean	Median	Std Dev	Min	Max
Male	2.19	1.00	3.3	0	28
Female	1.86	1.00	2.76	0	45
Overall	1.96	1.00	2.91	0	45

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American College Health Association					
8455 Colesville Road, Suite 740	March 21, 2019				
Silver Spring, MD 20910	FREQUENCY REPORT				
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys	
www.acha.org					

# 11. The last time you "partied"/socialized, how many hours did you drink alcohol?

	Male		Female	•	Unknow	n	Total	
Hours	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	135	48	286	42	6	50	437	43.7
1-2	56	20	153	23	1	8	213	21.3
3-4	60	21	173	26	5	42	246	24.6
5-6	24	9	57	8	0	0	86	8.6 💻
7-8	8	3	6	1	0	0	14	1.4 🛛
9-10	0	0	3	0	0	0	3	0.3
11-12	0	0	0	0	0	0	0	0.0
13-14	0	0	0	0	0	0	0	0.0
15-16	0	0	0	0	0	0	0	0.0
GE 17	0	0	1	0	0	0	1	0.1
Valid responses =	283	28	679	68	12	1	1,000	98.4

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	1.72	1.00	2.08	0	8
Female	1.86	1.00	2.97	0	60
Overall	1.83	1.00	2.71	0	60

# 12. How many drinks of alcohol do you think the typical student at your school had the last time he/she "partied"/socialized?

	-	Male		Female	;	Unknow	n	Total	
	Drinks	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0	44	16	69	10	2	18	116	11.6
	1-2	43	15	88	13	3	27	137	13.7
	3-4	105	38	253	37	4	36	375	37.5
	5-6	69	25	183	27	1	9	259	25.9
	7-8	9	3	52	8	1	9	64	6.4 🚥
	9-10	8	3	30	4	0	0	38	3.8 🗖
	11-12	1	0	4	1	0	0	6	0.6
	13-14	0	0	0	0	0	0	0	0.0
	15-16	0	0	3	0	0	0	3	0.3 I
	GE 17	1	0	1	0	0	0	2	0.2 I
Valid respo	onses=	280	28	683	68	11	1	1,000	98.4
	Invalid responses	include no resp	onse or m	ultiple respo	nses				

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	3.51	4.00	2.52	0	20
Female	4.10	4.00	2.58	0	20
Overall	3.92	4.00	2.57	0	20

# 13. Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	119	42	260	38	6	55	393	38.9
2 None	106	37	339	49	4	36	461	45.7
3 1 time	33	12	55	8	1	9	92	9.1 💶
4 2 times	10	4	21	3	0	0	33	3.3 🗖
5 3 times	5	2	7	1	0	0	12	1.2 🛛
6 4 times	6	2	2	0	0	0	8	0.8 🛛
7 5 times	2	1	2	0	0	0	4	0.4
8 6 times	0	0	0	0	0	0	0	0.0
9 7 times	1	0	0	0	0	0	1	0.1
10 8 times	0	0	2	0	0	0	2	0.2 I
11 9 times	2	1	0	0	0	0	2	0.2 I
12 10 or more times	0	0	0	0	0	0	1	0.1 I
Valid responses=	284	28	688	68	11	1	1,009	99.3

Invalid responses include no response or multiple responses.

14A. Within the last thirty days,	Dr	ive after dri	nking any	alcohol at al	l?			
	Male		Female	•	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drive	56	20	184	27	4	36	253	25.1
2 Not applicable/Don't drink	102	36	186	27	1	9	294	29.2
3 No	97	34	256	37	6	55	367	36.4
4 Yes	29	10	62	9	0	0	94	9.3
Valid responses =	284	28	688	68	11	1	1,008	99.2

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association					
8455 Colesville Road, Suite 740	March 21, 2019				
Silver Spring, MD 20910	FREQUENCY REPORT				
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys	
www.acha.org					

Total

# 14B. Within the last thirty days, did you:Drive after having 5 or more drinks?MaleFemaleUnknown

	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drive	57	20	182	27	4	36	252	25.0
2 Not applicable/Don't drink	101	36	191	28	1	9	299	29.7
3 No	125	44	311	45	6	55	453	44.9
4 Yes	1	0	3	0	0	0	4	0.4
Valid responses =	284	28	687	68	11	1	1,008	99.2

Invalid responses include no response or multiple responses.

# 15A. During the last 12 months, when you "partied"/socialized, how often did you:

Alternate non-alcoholic with alcol	holic beverages?
------------------------------------	------------------

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	125	44	257	38	5	46	395	39.3
2 Never	23	8	63	9	1	9	88	8.8 💻
3 Rarely	18	6	60	9	0	0	80	8.0 💻
4 Sometimes	43	15	99	14	2	18	150	14.9
5 Most of the time	43	15	119	17	2	18	170	16.9
6 Always	31	11	88	13	1	9	122	12.1 💻
Valid responses=	283	28	686	68	11	1	1,005	98.9
· · · · · ·								

Invalid responses include no response or multiple responses.

# 15B. During the last 12 months, when you "partied"/socialized, how often did you:

Avoid drinking game	s?	•			-			
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	124	44	242	35	5	46	380	37.8
2 Never	26	9	51	7	2	18	80	8.0
3 Rarely	34	12	69	10	0	0	104	10.3 🔲
4 Sometimes	33	12	85	12	3	27	125	12.4
5 Most of the time	26	9	99	14	1	9	132	13.1
6 Always	39	14	140	20	0	0	184	18.3
Valid responses=	282	28	686	68	11	1	1,005	98.9

Invalid responses include no response or multiple responses.

#### 15C. During the last 12 months, when you "partied"/socialized, how often did you: Choose not to drink alcohol?

	alconor:							
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	114	40	229	33	5	46	357	35.6
2 Never	25	9	45	7	1	9	74	7.4
3 Rarely	39	14	73	11	0	0	116	11.6
4 Sometimes	52	18	190	28	4	36	250	24.9
5 Most of the time	41	15	108	16	1	9	155	15.4
6 Always	12	4	40	6	0	0	52	5.2 💻
Valid responses=	283	28	685	68	11	1	1,004	98.8

Invalid responses include no response or multiple responses.

# 15D. During the last 12 months, when you "partied"/socialized, how often did you: Determine, in advance, not to exceed a set number of drinks?

Determine, in advan								
	Male	Male		•	Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	123	44	253	37	5	46	389	38.8
2 Never	37	13	70	10	1	9	110	11.0 🔲
3 Rarely	26	9	49	7	0	0	78	7.8 🗖
4 Sometimes	29	10	83	12	3	27	116	11.6 🔲
5 Most of the time	34	12	98	14	1	9	139	13.9 💻
6 Always	33	12	132	19	1	9	171	17.0
Valid responses=	282	28	685	68	11	1	1,003	98.7

Invalid responses include no response or multiple responses.

# 15E. During the last 12 months, when you "partied"/socialized, how often did you:

Eat before and/or during drinking?

	Male	-	Female	!	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	124	44	249	36	5	46	386	38.4
2 Never	5	2	6	1	0	0	11	1.1 🛛
3 Rarely	5	2	6	1	0	0	12	1.2 🛛
4 Sometimes	19	7	44	6	2	18	67	6.7 💻
5 Most of the time	58	21	154	22	0	0	219	21.8
6 Always	72	25	227	33	4	36	310	30.8
Valid responses=	283	28	686	68	11	1	1,005	98.9

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

institutional Data Report - Spring 2019	University of Camornia Riverside			
American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				

**Pct.** 39.3 □ 14.9 □

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8.7 💻

20.1

99.0

# 15F. During the last 12 months, when you "partied"/socialized, how often did you:

Have a friend let you	know when	n you've l	had enough	?			
	Male		Female	•	Unknow	n	Total
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.
1 Not applicable/Don't drink	124	44	257	37	5	46	395
2 Never	52	18	92	13	3	27	150
3 Rarely	27	10	58	8	0	0	88

4 Sometimes 57 21 7 2 8 18 5 Most of the time 17 69 10 6 1 9 6 Always 42 15 154 22 0 0 283 28 687 68 11 Valid responses= 1

Invalid responses include no response or multiple responses.

# 15G. During the last 12 months, when you "partied"/socialized, how often did you:

Keep track of	how many	drinks v	vou were h	aving?
			,	

		<i></i>	· ····································					
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	123	44	253	37	5	46	389	38.7
2 Never	15	5	18	3	0	0	33	3.3 🗖
3 Rarely	14	5	20	3	0	0	36	3.6 🗖
4 Sometimes	18	6	52	8	3	27	74	7.4
5 Most of the time	42	15	112	16	1	9	158	15.7
6 Always	71	25	231	34	2	18	315	31.3
Valid responses=	283	28	686	68	11	1	1,005	98.9
·								

Invalid responses include no response or multiple responses.

# 15H. During the last 12 months, when you "partied"/socialized, how often did you:

### Pace your drinks to 1 or fewer per hour?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	124	44	253	37	5	46	390	38.9
2 Never	38	14	54	8	2	18	96	9.6
3 Rarely	33	12	60	9	0	0	95	9.5
4 Sometimes	28	10	103	15	2	18	140	14.0
5 Most of the time	39	14	85	12	1	9	128	12.8
6 Always	20	7	130	19	1	9	154	15.4
Valid responses=	282	28	685	68	11	1	1,003	98.7
Investigation and a second second			ulthe la manage					

Invalid responses include no response or multiple responses.

# 15I. During the last 12 months, when you "partied"/socialized, how often did you:

Stay with the same group of friends the entire time you were drinking?

-	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	124	44	254	37	5	46	391	39.0
2 Never	8	3	2	0	0	0	10	1.0 🛛
3 Rarely	2	1	5	1	0	0	7	0.7
4 Sometimes	18	6	14	2	2	18	34	3.4 🗖
5 Most of the time	56	20	95	14	0	0	157	15.7
6 Always	73	26	316	46	4	36	404	40.3
Valid responses=	281	28	686	68	11	1	1,003	98.7
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Invalid responses include no response or multiple responses.

# 15J. During the last 12 months, when you "partied"/socialized, how often did you:

Stick with only one	kind of alco	hol when	drinking?					
	Male		Female	•	Unknow	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	126	45	253	37	5	46	393	39.2
2 Never	14	5	16	2	0	0	31	3.1 🗖
3 Rarely	29	10	47	7	0	0	76	7.6
4 Sometimes	40	14	112	16	3	27	158	15.8
5 Most of the time	52	18	151	22	1	9	213	21.3
6 Always	21	7	105	15	2	18	131	13.1 💻
Valid responses=	282	28	684	68	11	1	1,002	98.6

Invalid responses include no response or multiple responses.

# 15K. During the last 12 months, when you "partied"/socialized, how often did you:

Use a designated driver?

_	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	124	44	250	37	6	55	388	38.9
2 Never	12	4	5	1	0	0	17	1.7 🛛
3 Rarely	9	3	7	1	0	0	16	1.6
4 Sometimes	17	6	21	3	2	18	42	4.2 🗖
5 Most of the time	23	8	55	8	0	0	83	8.3 💻
6 Always	95	34	344	50	3	27	452	45.3
Valid responses=	280	28	682	68	11	1	998	98.2

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

Institutional Data Report - Spring 2019 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# March 21, 2019 FREQUENCY REPORT

	•					
Number of Surveys (	(n)	=	1016	Web	Surveys	

# 16A. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Did something you later regretted?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	127	45	257	37	5	46	397	39.4
2 No	127	45	326	48	6	55	470	46.7
3 Yes	29	10	104	15	0	0	140	13.9
Valid responses =	283	28	687	68	11	1	1,007	99.1

Invalid responses include no response or multiple responses.

# 16B. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Forgot where you	were or what	you did?	-		-	-		
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	127	45	258	38	5	46	398	39.6
2 No	122	43	347	51	6	55	488	48.5
3 Yes	34	12	82	12	0	0	120	11.9
Valid responses =	283	28	687	68	11	1	1,006	99.0

Invalid responses include no response or multiple responses.

# 16C. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Got ir	trouble	with the	police?
--------	---------	----------	---------

Male		Female	)	Unknow	n	Total	
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
126	45	258	38	5	46	397	39.5
153	54	427	62	6	55	603	60.1
2	1	2	0	0	0	4	0.4
281	28	687	68	11	1	1,004	98.8
	<b>Freq.</b> 126 153 2	Freq.         Pct.           126         45           153         54           2         1	Freq.Pct.Freq.1264525815354427212	Freq.Pct.Freq.Pct.126452583815354427622120	Freq.Pct.Freq.Pct.Freq.126452583851535442762621200	Freq.Pct.Freq.Pct.126452583851535442762655212000	Freq.Pct.Freq.Pct.Freq.126452583854639715354427626556032120004

Invalid responses include no response or multiple responses.

# 16D. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Someone had sex with me without my consent?											
	Male		Female		Unknown		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 N/A, Don't drink	128	45	258	38	5	46	399	39.7			
2 No	154	55	421	61	6	55	596	59.3			
3 Yes	0	0	8	1	0	0	10	1.0			
Valid responses =	282	28	687	68	11	1	1,005	98.9			

Invalid responses include no response or multiple responses.

# 16E. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Had sex with	someone	e withou	it their c	onsent?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	129	46	259	38	5	50	401	39.9
2 No	153	54	427	62	5	50	602	59.9
3 Yes	1	0	1	0	0	0	2	0.2
Valid responses =	283	28	687	68	10	1	1,005	98.9

Invalid responses include no response or multiple responses.

### 16F. Within the last 12 months, have you experienced any of the following when drinking alcohol: Had unprotected sex?

	Male		Female	1	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	128	45	257	38	5	46	398	39.6
2 No	130	46	357	52	6	55	506	50.3
3 Yes	25	9	72	11	0	0	101	10.0
Valid responses =	283	28	686	68	11	1	1,005	98.9

Invalid responses include no response or multiple responses.

16G. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Physically injured yourself?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	128	45	256	37	5	46	397	39.6
2 No	135	48	396	58	6	55	549	54.7
3 Yes	20	7	32	5	0	0	57	5.7 📩
Valid responses =	283	28	684	68	11	1	1,003	98.7

Invalid responses include no response or multiple responses.

# 16H. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Physically injured another person?

	Male		Female	!	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	128	45	255	37	5	46	396	39.5
2 No	154	54	426	62	6	55	603	60.1
3 Yes	1	0	3	0	0	0	4	0.4
Valid responses =	283	28	684	68	11	1	1,003	98.7

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019

institutional Data Report - Spri
American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
<u>www.acha.org</u>

**University of California Riverside** 

March 21, 2019 FREQUENCY REPORT Number of Surveys (n) = 1016 Web Surveys

# 16I. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Seriously considered suicide?

-	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	128	45	255	37	5	46	396	39.4
2 No	152	54	416	61	6	55	589	58.7
3 Yes	3	1	14	2	0	0	19	1.9 🛛
Valid responses =	283	28	685	68	11	1	1,004	98.8
·								

Invalid responses include no response or multiple responses.

# 17A. Within the last 30 days, what percent of students at your school used cigarettes? State your best estimate.

		Male		Female	•	Unknow	n	Total	
	Percent	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0	13	5	26	4	0	0	40	4.0 🗖
	1-10	141	51	224	33	5	56	381	38.3
	11-20	63	23	134	20	2	22	206	20.7
	21-30	29	10	122	18	1	11	156	15.7
	31-40	12	4	55	8	1	11	68	6.8 💻
	41-50	6	2	55	8	0	0	63	6.3 🗖
	51-60	4	1	25	4	0	0	30	3.0 🗖
	61-70	2	1	16	2	0	0	18	1.8 🛛
	71-80	6	2	20	3	0	0	26	2.6 🗖
	81-90	1	0	5	1	0	0	6	0.6
	91-99	1	0	0	0	0	0	1	0.1
Valid	responses =	278	28	682	69	9	1	995	97.9
	Invalid responses i	ncludo no rosno	anco or m	ultiple record	neoe				

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	16.29	10.00	17.28	0	99
Female	24.60	20.00	20.19	0	90
Overall	21.98	15.00	19.58	0	99

# 17B. Within the last 30 days, what percent of students at your school used alcohol? State your best estimate.

	Male		Female	1	Unknowi	า	Total	
Percent	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	7	3	16	2	0	0	23	2.3 🗖
1-10	23	8	18	3	0	0	44	4.4
11-20	22	8	30	4	3	30	56	5.6
21-30	19	7	61	9	1	10	81	8.1
31-40	47	17	68	10	3	30	125	12.5
41-50	34	12	97	14	2	20	136	13.6
51-60	25	9	79	12	0	0	107	10.7
61-70	30	11	83	12	1	10	116	11.6
71-80	45	16	140	21	0	0	188	18.9
81-90	23	8	74	11	0	0	101	10.1
91-99	4	1	16	2	0	0	20	2.0 🗖
Valid responses =	279	28	682	68	10	1	997	98.1
Invalid responses inclu	ude no respo	onse or m	ultiple respo	nses.				

	Mean	Median	Std Dev	Min	Max
Male	50.40	50.00	26.03	0	100
Female	57.63	60.00	24.09	0	100
Overall	55.25	60.00	24.90	0	100

17C. Within the last 30 days, what percent of students at your school used marijuana? State your best estimate.

	Male		Female		Unknown		Total	
_	_	-	_	-	_	-	-	-

	Percent	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
	0	10	4	18	3	0	0	28	2.8 🗖	
	1-10	49	18	64	9	0	0	118	11.8	
	11-20	40	14	50	7	3	33	95	9.5	
	21-30	40	14	89	13	2	22	134	13.5	
	31-40	39	14	79	12	2	22	125	12.6	
	41-50	29	10	121	18	2	22	153	15.4	
	51-60	24	9	62	9	0	0	86	8.6	
	61-70	17	6	71	10	0	0	94	9.4	
	71-80	19	7	81	12	0	0	102	10.2	
	81-90	11	4	42	6	0	0	54	5.4	
	91-99	1	0	5	1	0	0	7	0.7 🛛	
Valid res	sponses =	279	28	682	68	9	1	996	98.0	

	Mean	Median	Std Dev	Min	Max
Male	36.07	31.00	25.16	0	99
Female	46.83	50.00	25.24	0	100
Overall	43.60	40.00	25.66	0	100

American College Health Association-National Co	ollege Health Assessment (ACHA-NCHA-II)
Institutional Data Report - Spring 2019	University of California Riverside

Institutional Data Report - Spring 2019	University of California Riverside			
American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				-

### 18A. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)?

Antidepressa	nts (e.g., Celexa, L	exapro, r	rozac, wei	ibutrin, Zo	1011) ?			
	Male	Female		•	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	98	665	97	10	100	976	97.3
2 Yes	5	2	21	3	0	0	27	2.7
Valid responses =	282	28	686	68	10	1	1,003	98.7

Invalid responses include no response or multiple responses.

# 18B. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:

Erectile dysf	unction drugs (e.g.	, Viagra, 🤇	Cialis, Levit	ra)?				
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	282	100	682	99	10	100	999	99.5
2 Yes	0	0	5	1	0	0	5	0.5
Valid responses =	282	28	687	68	10	1	1,004	98.8
·								

Invalid responses include no response or multiple responses.

# 18C. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:

Pain killers (e.g., OxyContin, Vicodin, Codeine)?		
---	--	--

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	97	653	95	10	100	959	95.5
2 Yes	10	4	34	5	0	0	45	4.5
Valid responses =	282	28	687	68	10	1	1,004	98.8
·								

Invalid responses include no response or multiple responses.

# 18D. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Sedatives (e.g., Xanax, Valium)?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	98	670	98	10	100	979	97.6 🗖
2 Yes	6	2	16	2	0	0	24	2.4
Valid responses =	282	28	686	68	10	1	1,003	98.7
Involid reconnect inclu	ido no roon	onoo or m	ultiple reeps	0000				

Invalid responses include no response or multiple responses.

# 18E. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Stimulants (e.g., Ritalin, Adderall)?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	269	96	655	95	10	100	957	95.5
2 Yes	12	4	32	5	0	0	45	4.5 🔲
Valid responses =	281	28	687	69	10	1	1,002	98.6
Invalid responses inclu	ude no respo	onse or m	ultiple respo	onses.				

Page 24 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
<u>www.acha.org</u>				

# 19. Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse or anal intercourse?

	Male		Female		Unknow	n	Total	
Partners	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	110	40	282	41	5	56	408	41.1
1	122	44	291	43	3	33	428	43.1
2	18	7	53	8	0	0	71	7.2
3	6	2	23	3	1	11	31	3.1 🗖
4	4	2	13	2	0	0	17	1.7 🛛
5	5	2	8	1	0	0	13	1.3 🛛
6	2	1	2	0	0	0	4	0.4
7	2	1	2	0	0	0	4	0.4
8	0	0	2	0	0	0	3	0.3
GE 9	6	2	8	1	0	0	14	1.4 🛛
Valid responses =	275	28	684	69	9	1	993	97.7

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	1.30	1.00	3.35	0	37
Female	1.01	1.00	1.67	0	17
Overall	1.09	1.00	2.26	0	37

# 20A. Within the last 12 months, did you have sexual partner(s) who were: Women?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	125	45	649	96	8	89	804	81.5	
2 Yes	152	55	27	4	1	11	183	18.5	
Valid responses =	277	28	676	68	9	1	987	97.1	
	in aluala na naan		ultiple reepe						

Invalid responses include no response or multiple responses.

# 20B. Within the last 12 months, did you have sexual partner(s) who were: Men?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	256	93	286	42	6	67	562	56.5
2 Yes	18	7	399	58	3	33	432	43.5
Valid responses =	274	28	685	69	9	1	994	97.8

Invalid responses include no response or multiple responses.

# 20C. Within the last 12 months, did you have sexual partner(s) who were: Trans women?

Male		Female		Unknown		Total	
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
272	99	671	100	9	100	976	99.5
2	1	2	0	0	0	5	0.5
274	28	673	69	9	1	981	96.6
	<b>Freq.</b> 272 2	Freq.         Pct.           272         99           2         1	Freq.         Pct.         Freq.           272         99         671           2         1         2	Freq.Pct.Freq.Pct.272996711002120	Freq.Pct.Freq.Pct.Freq.27299671100921200	Freq.Pct.Freq.Pct.272996711009100212000	Freq.Pct.Freq.Pct.Freq.2729967110091009762120005

Invalid responses include no response or multiple responses.

# 20D. Within the last 12 months, did you have sexual partner(s) who were: Trans men?

	Male	•	Female		Unknown		Total	
	Freq	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	3 100	669	100	9	100	975	99.7
2 Yes	(	0	3	0	0	0	3	0.3
Valid responses =	273	8 28	672	69	9	1	978	96.3

Invalid responses include no response or multiple responses.

# 20E. Within the last 12 months, did you have sexual partner(s) who were: Genderqueer?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	271	99	666	99	9	100	970	99.1
2 Yes	2	1	7	1	0	0	9	0.9
Valid responses =	273	28	673	69	9	1	979	96.4
Invalid responses in	nclude no resp	onse or m	ultiple respo	onses.				

American College Health Association-National Co	ollege Health Assessment (ACHA-NCHA-II)
Institutional Data Report - Spring 2019	University of California Riverside

Institutional Data Report - Spring 2019	University of California Riverside			
American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				

# 20F. Within the last 12 months, did you have sexual partner(s) who were: Person(s) with another identity?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	273	100	670	99	9	100	975	99.4	
2 Yes	1	0	4	1	0	0	6	0.6	
Valid responses =	274	28	674	69	9	1	981	96.6	
Involid recomposed in	aluda na raca	onco or m	ultiple record	00000					

Invalid responses include no response or multiple responses.

21A. Within the last 30 days, did	you have:	Or	al sex?					
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No, Never done this sexual act	103	37	270	40	5	56	388	39.0
2 No, Have, but not last 30 days	68	24	145	21	2	22	221	22.2
3 Yes	109	39	267	39	2	22	386	38.8
Valid responses =	280	28	682	69	9	1	995	97.9
			1.1.1					

Invalid responses include no response or multiple responses.

21B. Within the last 30 days, did you have:		۱ ۱	Vaginal Interco					
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No, Never done this sexual act	115	42	272	40	6	67	408	41.0
2 No, Have, but not last 30 days	60	22	105	15	1	11	171	17.2
3 Yes	102	37	307	45	2	22	416	41.8
Valid responses =	277	28	684	69	9	1	995	97.9
استامه مصبحه مصاد الألمينيا			way different and a second as					

Invalid responses include no response or multiple responses.

Invalid responses include no response or multiple responses.

# 22A. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
N/A, Never did this sexual activ	105	38	267	39	5	56	388	38.9
Have not during last 30 days	56	20	115	17	1	11	176	17.6
Never	98	35	273	40	2	22	383	38.4
arely	10	4	13	2	1	11	24	2.4
ometimes	2	1	6	1	0	0	8	0.8
ost of the time	2	1	3	0	0	0	5	0.5 🛛
ways	6	2	8	1	0	0	14	1.4
responses =	279	28	685	69	9	1	998	98.2

Invalid responses include no response or multiple responses.

# 22B. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier

(e.g., male condom, female condo	om, dam,	glove) di	uring: V	aginal Inte	rcourse?			
	Male		Female	1	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Never did this sexual activ	113	41	265	39	6	67	398	39.8
2 Have not during last 30 days	57	21	93	14	1	11	156	15.6
3 Never	29	10	108	16	0	0	140	14.0
4 Rarely	14	5	33	5	0	0	47	4.7 📩
5 Sometimes	14	5	48	7	2	22	65	6.5 📩
6 Most of the time	20	7	47	7	0	0	67	6.7
7 Always	31	11	93	14	0	0	126	12.6
Valid responses =	278	28	687	69	9	1	999	98.3

Invalid responses include no response or multiple responses.

# 22C. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Anal Intercourse?

	Male		Female	<b>;</b>	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Never did this sexual activ	187	68	524	77	6	67	736	74.0
2 Have not during last 30 days	43	16	87	13	2	22	136	13.7 📩
3 Never	19	7	42	6	0	0	62	6.2 🗖
4 Rarely	7	3	6	1	1	11	14	1.4 <b>D</b>
5 Sometimes	4	1	6	1	0	0	10	1.0
6 Most of the time	2	1	5	1	0	0	8	0.8
7 Always	15	5	14	2	0	0	29	2.9
Valid responses =	285	29	684	69	9	1	995	97.9

	eport - S	Spring 20	019	Un	iversity of C	California	Riverside		
American College Healt	th Associa	tion							
8455 Colesville Road, S	Suite 740			Ma	rch 21, 2019				
Silver Spring, MD 2091	0				EQUENCY R	EPORT			
(410) 859-1500				Nu	mber of Surv	veys (n) :	=	1016 V	Veb Surveys
<u>www.acha.org</u>									
23A. Did you or your partner(s) ι	use a metł	nod to pre	event pregna	ancy the la	ast time you	had vagina	l intercours	e?	
	Male		Female		Unknowr	า	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	121	43	327	48	3	33	460	46.0	
2 Not had vaginal intercourse	102	37	242	35	6	67	363	36.3 🗖	
3 No intercourse resulting pregna	17	6	30	4	0	0	49	4.9 🗖	
4 Not want to prevent pregnancy	4	1	7	1	0	0	12	1.2 🛽	
5 Not use any birth control	24	9	69	10	0	0	93	9.3 🗖	
6 Don't know	11	4	12	2	0	0	24	2.4	
Valid responses=	279	28	687	69	9	1	1,001	98.5	
-									
23B1. What method of birth cont	rol did yo	u or your	partner use	to preve	nt pregnancy	the last tin	ne you had	vaginal int	ercourse:
Birth control pills (mo							-	-	
	Male		Female		Unknowr	า	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	68	56	193	59	0	0	266	58.0	
2 Yes	53	44	133	41	3	100	193	42.0	
/alid responses=	121	26	326	71	3	1	459	45.2	
			northor use	to preve	nt pregnancy	the last tin	ne vou had	vaginal int	ercourse.
23B2. What method of birth cont	rol did vo	u or vour	Darmer use						
	rol did yo	u or your	partner use		n programoy		ie yeu naa	·	
23B2. What method of birth cont Birth control shots?	-	u or your	-				-	- ag	
	Male	-	Female	-	Unknowr	ı	Total	-	
Birth control shots?	Male Freq.	Pct.	Female Freq.	Pct.	Unknowr Freq.	n Pct.	Total Freq.	Pct.	
1 No	<b>Male</b> <b>Freq.</b> 115	<b>Pct.</b> 96	Female Freq. 313	<b>Pct.</b> 97	Unknown Freq. 2	ו <b>Pct.</b> 100	Total Freq. 439	<b>Pct.</b> 96.9	
Birth control shots? 1 No 2 Yes	<b>Male</b> <b>Freq.</b> 115 5	<b>Pct.</b> 96 4	Female Freq. 313 9	<b>Pct.</b> 97 3	Unknown Freq. 2 0	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 439 14	Pct. 96.9	
Birth control shots?	<b>Male</b> <b>Freq.</b> 115	<b>Pct.</b> 96	Female Freq. 313	<b>Pct.</b> 97	Unknown Freq. 2	ו <b>Pct.</b> 100	Total Freq. 439	<b>Pct.</b> 96.9	
Birth control shots? 1 No 2 Yes /alid responses=	Male Freq. 115 5 120	<b>Pct.</b> 96 4 26	Female Freq. 313 9 322	<b>Pct.</b> 97 3 71	Unknown Freq. 2 0 2	<b>Pct.</b> 100 0 0	<b>Total</b> <b>Freq.</b> 439 14 453	Pct. 96.9 [ 3.1 44.6 ]	
Birth control shots? No Yes /alid responses= 23B3. What method of birth cont	Male Freq. 115 5 120	<b>Pct.</b> 96 4 26	Female Freq. 313 9 322	<b>Pct.</b> 97 3 71	Unknown Freq. 2 0 2	<b>Pct.</b> 100 0 0	<b>Total</b> <b>Freq.</b> 439 14 453	Pct. 96.9 [ 3.1 44.6 ]	
Birth control shots? 1 No 2 Yes /alid responses=	Male Freq. 115 5 120 rol did yo ?	<b>Pct.</b> 96 4 26	Female Freq. 313 9 322 partner use	<b>Pct.</b> 97 3 71	Unknown Freq. 2 0 2 nt pregnancy	n Pct. 100 0 0 the last tin	<b>Total</b> <b>Freq.</b> 439 14 453 ne you had	Pct. 96.9 [ 3.1 44.6 ]	
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont	Male Freq. 115 5 120 rol did yo ? Male	Pct. 96 4 26 u or your	Female Freq. 313 9 322 partner use Female	Pct. 97 3 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown	າ Pct. 100 0 0 the last tin	Total Freq. 439 14 453 ne you had Total	Pct. 96.9 3.1 44.6 vaginal int	
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants	Male Freq. 115 5 120 rrol did yo ? Male Freq.	Pct. 96 4 26 u or your Pct.	Female Freq. 313 9 322 partner use Female Freq.	Pct. 97 3 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq.	n Pct. 100 0 the last tin n Pct.	Total Freq. 439 14 453 ne you had Total Freq.	Pct. 96.9 [ 3.1 44.6 [] vaginal int	
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No	Male Freq. 115 5 120 rrol did yo ? Male Freq. 110	Pct. 96 4 26 u or your Pct. 92	Female Freq. 313 9 322 partner use Female Freq. 286	Pct. 97 3 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2	n Pct. 100 0 the last tin n Pct. 100	Total Freq. 439 14 453 ne you had Total Freq. 405	Pct. 96.9 [ 3.1 44.6 ] vaginal int Pct. 89.2 [	
Birth control shots? 1 No 2 Yes /alid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes	Male Freq. 115 5 120 rrol did yo ? Male Freq. 110 10	Pct. 96 4 26 u or your Pct. 92 8	Female Freq. 313 9 322 partner use Female Freq. 286 38	Pct. 97 3 71 to preve Pct. 88 12	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0	n Pct. 100 0 the last tin n Pct. 100 0	Total Freq. 439 14 453 ne you had Total Freq. 405 49	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2	
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont	Male Freq. 115 5 120 rrol did yo ? Male Freq. 110	Pct. 96 4 26 u or your Pct. 92	Female Freq. 313 9 322 partner use Female Freq. 286	Pct. 97 3 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2	n Pct. 100 0 the last tin n Pct. 100	Total Freq. 439 14 453 ne you had Total Freq. 405	Pct. 96.9 [ 3.1 44.6 ] vaginal int Pct. 89.2 [	
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses=	Male Freq. 115 5 120 Frol did yo ? Male Freq. 110 10 120	Pct. 96 4 26 u or your Pct. 92 8 26	Female Freq. 313 9 322 partner use Female Freq. 286 38 324	Pct. 97 3 71 to preven Pct. 88 12 71	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2	n Pct. 100 0 0 the last tin n Pct. 100 0 0	Total Freq. 439 14 453 ne you had Total Freq. 405 49 454	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7	ercourse:
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses= 23B4. What method of birth cont	Male Freq. 115 5 120 Frol did yo ? Male Freq. 110 10 120	Pct. 96 4 26 u or your Pct. 92 8 26	Female Freq. 313 9 322 partner use Female Freq. 286 38 324	Pct. 97 3 71 to preven Pct. 88 12 71	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2	n Pct. 100 0 0 the last tin n Pct. 100 0 0	Total Freq. 439 14 453 ne you had Total Freq. 405 49 454	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7	ercourse:
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses=	Male Freq. 115 5 120 rol did yo ? Male Freq. 110 120 rol did yo	Pct. 96 4 26 u or your Pct. 92 8 26	Female Freq. 313 9 322 partner use Female Freq. 286 38 324 partner use	Pct. 97 3 71 to preven Pct. 88 12 71	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2 nt pregnancy	n Pct. 100 0 the last tim Pct. 100 0 0 the last tim	Total Freq. 439 14 453 ne you had Total Freq. 405 49 454 ne you had	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7	ercourse:
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses= 23B4. What method of birth cont	Male Freq. 115 5 120 Frol did yo Male Freq. 110 120 Frol did yo Male	Pct. 96 4 26 u or your Pct. 92 8 26 u or your	Female Freq. 313 9 322 partner use Female Freq. 286 38 324 partner use Female	Pct. 97 3 71 to preven Pct. 88 12 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2 nt pregnancy Unknown	n Pct. 100 0 the last tin n Pct. 100 0 the last tin	Total Freq. 439 14 453 ne you had Total Freq. 405 49 454 ne you had Total	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7 vaginal int	ercourse:
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses= 23B4. What method of birth cont Birth control patch?	Male Freq. 115 5 120 rol did yo ? Male Freq. 110 120 rol did yo	Pct. 96 4 26 u or your Pct. 92 8 26	Female Freq. 313 9 322 partner use Female Freq. 286 38 324 partner use	Pct. 97 3 71 to preven Pct. 88 12 71	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2 nt pregnancy	n Pct. 100 0 the last tim Pct. 100 0 0 the last tim	Total Freq. 439 14 453 ne you had Total Freq. 405 49 454 ne you had	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7	ercourse:
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses= 23B4. What method of birth cont Birth control patch?	Male Freq. 115 5 120 Frol did yo Male Freq. 110 120 Frol did yo Male	Pct. 96 4 26 u or your Pct. 92 8 26 u or your	Female Freq. 313 9 322 partner use Female Freq. 286 38 324 partner use Female	Pct. 97 3 71 to preven Pct. 88 12 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2 nt pregnancy Unknown	n Pct. 100 0 the last tin n Pct. 100 0 the last tin	Total Freq. 439 14 453 ne you had Total Freq. 405 49 454 ne you had Total	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7 vaginal int	ercourse:
Birth control shots? 1 No 2 Yes Valid responses= 23B3. What method of birth cont Birth control implants 1 No 2 Yes Valid responses= 23B4. What method of birth cont	Male Freq. 115 5 120 rol did yo ? Male Freq. 110 120 rol did yo Male Freq.	Pct. 96 4 26 u or your Pct. 92 8 26 u or your Pct.	Female Freq. 313 9 322 partner use Female Freq. 286 38 324 partner use Female Freq.	Pct. 97 3 71 to preven Pct. 88 12 71 to preven	Unknown Freq. 2 0 2 nt pregnancy Unknown Freq. 2 0 2 nt pregnancy Unknown Freq.	Pct. 100 0 0 the last tin Pct. 100 0 the last tin Pct.	Total           Freq.           439           14           453           ne you had           Total           Freq.           405           49           454           ne you had	Pct. 96.9 3.1 44.6 vaginal int Pct. 89.2 10.8 44.7 vaginal int	ercourse:

23B5. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Cervical ring?

eer near ning .								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	116	98	314	97	2	100	441	97.4
2 Yes	3	3	9	3	0	0	12	2.6
Valid responses=	119	26	323	71	2	0	453	44.6

23B6. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Intrauterine device (IUD)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	112	93	274	85	2	100	397	87.4
2 Yes	8	7	49	15	0	0	57	12.6
Valid responses=	120	26	323	71	2	0	454	44.7

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American College		tion									
8455 Colesville Ro	,				rch 21, 2019						
Silver Spring, MD	20910			FREQUENCY REPORT							
(410) 859-1500				Nu	mber of Surve	ys (n)	=	1016	Web	Survey	
<u>www.acha.org</u>											
23B7. What method of birth	control did vo		nartner use	to preve	t pregnancy t	ha last tin	ne vou had	vaginal i	intercou	reo.	
Male condom?	-	u or your	partiter use				ne you nau	vaginari		30.	
	Male		Female		Unknown		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct			
1 No	37	31	151	47	1	33	192	42.1			
2 Yes	83	69	173	53	2	67	264	57.9	) (		
Valid responses=	120	26	324	71	3	1	456	44.9			
23B8. What method of birth Female condom?	•	u or your	partner use	to prever	t pregnancy t	he last tin	ne you had	vaginal i	Intercoul	rse:	
	Male		Female		Unknown		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct	_		
1 No	118	98	315	98	2	100	444	97.8			
2 Yes	2	2		30							
	120	26	8 323	- 3 71	0 2	0 0	10 454	2.2 44.7			
Valid responses=	120	20	323	71	2	0	454	44.7	-		
23B9. What method of birth	•	u or your	partner use	to preve	nt pregnancy t	he last tin	ne you had	vaginal i	intercou	rse:	
Diaphragm or ce	rvical cap? Male		Female		Unknown		Total				
		Pct.		Pct.		Pct.		Pct			
4 No	Freq.		Freq.		Freq.		Freq.				
1 No	120	100	322	100	2	100	453	99.8			
2 Yes	0	0	1	0	0	0	1	0.2			
Valid responses=	120	26	323	71	2	0	454	44.7	, ,		
23B10. What method of birt	•	ou or you	Ir partner us	e to preve	ent pregnancy	the last t	ime you had	d vaginal	interco	urse:	
Contraceptive sp	oonge? Male		Female		Unknown		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct			
1 No	•		-		•		-				
1 No	119	99	320	99	2	100	450	99.3			
2 Yes	1	1	2	1	0	0	3	0.7			
Valid responses=	120	26	322	71	2	0	453	44.6	5		
23B11. What method of birt	h control did v	ou or vou	Ir partner us	e to preve	ent pregnancy	the last t	ime vou had	d vaqinal	interco	urse:	
Spermicide (e.g.,	-	-	•	•	,			U			
	Male		Female		Unknown		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct	_		
1 No	114	95	318	99	2	67	443	97.4			
2 Yes	6	5	5	2	1	33	12	2.6			
Z res Valid responses=	120	26	323	∠ 71	3	33 1	455	∠.c 44.8			
vana 160p011060-	120	20	523	7 1	5	1	400	44.C	,		
23B12. What method of birt	h control did y	ou or you	Ir partner us	e to preve	ent pregnancy	the last t	ime you had	d vaginal	interco	urse:	
Fertility awarenes		ar, muco		dy tempe							
	Male		Female		Unknown		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct			
1 No	109	91	292	90	2	100	411	90.5	; <u> </u>		

23B13. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Withdrawal?

31

323

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	88	73	234	72	2	67	330	72.5	
2 Yes	32	27	89	28	1	33	125	27.5	
Valid responses=	120	26	323	71	3	1	455	44.8	

10

71

0

2

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0

# 23B14. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Sterilization (e.g., hysterectomy, tubes tied, or vasectomy)?

11

120

9

26

2 Yes

Valid responses=

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	117	100	321	99	2	100	449	99.6
2 Yes	0	0	2	1	0	0	2	0.4
Valid responses=	117	26	323	72	2	0	451	44.4

43

454

44.7

9.5 🗖

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) University of California Riverside

Institutional Data Report - Spring 2019 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

March 21, 2019 FREQUENCY REPORT

Nu	mber o	f Surveys	(n)	=	1016	Web	Surveys

# 23B15. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:

Other method?

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	97	309	97	2	100	433	96.4
2 Yes	4	3	11	3	0	0	16	3.6
Valid responses=	119	27	320	71	2	0	449	44.2

24. Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill")?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A N vaginal intercourse 12 m	127	45	271	39	5	63	418	41.6
2 No	128	45	331	48	3	38	471	46.9
3 Yes	23	8	83	12	0	0	107	10.7
4 Don't know	4	1	3	0	0	0	8	0.8
Valid responses =	282	28	688	69	8	1	1,004	98.8

Invalid responses include no response or multiple responses.

# 25. Within the last 12 months, have you or your partner become pregnant?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, No vaginal intercourse 12	129	46	269	39	5	63	418	41.6
2 No	144	51	411	60	3	38	568	56.6
3 Yes, unintentionally	2	1	5	1	0	0	7	0.7
4 Yes, intentionally	5	2	0	0	0	0	5	0.5
5 Don't know	3	1	2	0	0	0	6	0.6
Valid responses =	283	28	687	68	8	1	1,004	98.8

Invalid responses include no response or multiple responses.

# 26. How would you describe your weight?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	4	1	6	1	0	0	10	1.0 🛛
2 Slightly underweight	44	16	62	9	1	13	110	10.9
3 About the right weight	115	41	338	49	6	75	468	46.4
4 Slightly overweight	101	36	236	34	1	13	347	34.4
5 Very overweight	20	7	48	7	0	0	73	7.2
Valid responses =	284	28	690	68	8	1	1,008	99.2
· · · · · · · · · · · · · · · · · · ·			10.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.					

Invalid responses include no response or multiple responses.

# 27. Are you trying to do any of the following about your weight?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 I am not trying to do anything	41	14	95	14	2	25	143	14.2
2 Stay the same weight	56	20	119	17	3	38	180	17.9
3 Lose weight	130	46	421	61	1	13	569	56.5
4 Gain weight	57	20	54	8	2	25	115	11.4
Valid responses =	284	28	689	68	8	1	1,007	99.1

Invalid responses include no response or multiple responses.

# 28. How many servings of fruits and vegetables do you usually have per day?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	32	11	81	12	2	25	121	12 🔲
2 1-2 servings per day	184	65	447	65	4	50	652	64.8
3 3-4 servings per day	54	19	132	19	2	25	190	18.9
4 5 or more servings per day	13	5	30	4	0	0	43	4.3 🗖
Valid responses =	283	28	690	69	8	1	1,006	99.0

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association					
8455 Colesville Road, Suite 740	March 21, 2019				
Silver Spring, MD 20910	FREQUENCY REPORT				
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys	
www.acha.org					

# 29A. On how many of the past 7 days did you:

Do moderate intensity cardio or aerobic exercise for at least 30 minutes?

Freq.Pct.Freq.Pct.Freq.Pct.Freq.Pct.Freq
2 1 day35131051511314513 2 days5620981433816114 3 days38141081611315015 4 days2185280075
3 2 days5620981433816114 3 days38141081611315015 4 days2185280075
4 3 days38141081611315015 4 days2185280075
5 4 days 21 8 52 8 0 0 75
65 days 34 12 78 11 0 0 115 1
030ays 34 12 70 11 0 0 115 1
7 6 days 6 2 25 4 1 13 32
87 days 21 8 38 6 0 0 61
Valid responses = 281 28 686 69 8 1 1,000 9

Invalid responses include no response or multiple responses.

# 29B. On how many of the past 7 days did you:

Do vigorous intensity cardio or aerobic exercise for at least 20 minutes?

5	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	110	39	331	48	1	13	458	45.9
2 1 day	53	19	122	18	5	63	184	18.5
3 2 days	45	16	90	13	1	13	138	13.8
4 3 days	41	15	65	10	0	0	108	10.8
5 4 days	11	4	30	4	0	0	41	4.1
6 5 days	13	5	24	4	0	0	38	3.8
7 6 days	2	1	15	2	1	13	18	1.8
8 7 days	5	2	7	1	0	0	12	1.2
Valid responses =	280	28	684	69	8	1	997	98.1

Invalid responses include no response or multiple responses.

# 29C. On how many of the past 7 days did you: Do 8-10 strength training exercises for 8-12 repetitions each?

Do 8-10 stre	ength training exercision	ses for 8-	·12 repetitio	ons each?				
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	125	45	407	59	3	38	556	55.7
2 1 day	38	14	84	12	1	13	125	12.5
3 2 days	34	12	66	10	2	25	103	10.3 🔲
4 3 days	30	11	45	7	1	13	76	7.6 🔲
5 4 days	21	8	28	4	1	13	51	5.1 🛄
6 5 days	19	7	32	5	0	0	51	5.1 💻
7 6 days	9	3	13	2	0	0	22	2.2 🗖
8 7 days	5	2	10	2	0	0	15	1.5 🗖
Valid responses =	281	28	685	69	8	1	999	98.3

Invalid responses include no response or multiple responses.

# 30A. Have you ever felt things were hopeless?

		Male		Female	•	Unknown		Total		
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never		81	29	143	21	2	25	226	22.5	
2 Not in las	st 12 months	44	16	101	15	2	25	147	14.7	
3 In the las	t 2 weeks	64	23	172	25	0	0	250	24.9	
4 In the las	t 30 days	34	12	83	12	1	13	122	12.2	
5 In the las	t 12 months	59	21	189	28	3	38	258	25.7	
Valid respo	onses =	282	28	688	69	8	1	1,003	98.7	
	onses =									· ·

Invalid responses include no response or multiple responses.

Page 30 of 61

American College Health Association-National Co	Ilege Health Assessment (ACHA-NCHA-II)
Institutional Data Report - Spring 2019	University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
 www.acha.org			_	

# 30B. Have you ever felt overwhelmed by all you had to do?

-	Male		le Female Unknown		n	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	37	13	41	6	2	25	80	8.0	
2 Not in last 12 months	16	6	30	4	2	25	48	4.8 🗖	
3 In the last 2 weeks	120	43	378	55	1	13	516	51.5	
4 In the last 30 days	48	17	110	16	1	13	164	16.4	
5 In the last 12 months	61	22	128	19	2	25	194	19.4	
Valid responses =	282	28	687	69	8	1	1,002	98.6	

Invalid responses include no response or multiple responses.

# 30C. Have you ever felt exhausted (not from physical activity)?

	Male		Male Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	42	15	52	8	2	25	96	9.6
2 Not in last 12 months	10	4	29	4	2	25	42	4.2 🗖
3 In the last 2 weeks	124	44	385	56	3	38	529	52.6
4 In the last 30 days	59	21	104	15	0	0	165	16.4
5 In the last 12 months	48	17	119	17	1	13	173	17.2
Valid responses =	283	28	689	69	8	1	1,005	98.9

Invalid responses include no response or multiple responses.

# 30D. Have you ever felt very lonely?

	Male		Female		Female Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	71	25	99	14	2	25	173	17.2
2 Not in last 12 months	37	13	104	15	2	25	143	14.3
3 In the last 2 weeks	72	25	197	29	2	25	290	28.9
4 In the last 30 days	34	12	111	16	1	13	149	14.9
5 In the last 12 months	69	24	176	26	1	13	248	24.7
Valid responses =	283	28	687	68	8	1	1,003	98.7
·			1.4. 1					

Invalid responses include no response or multiple responses.

# 30E. Have you ever felt very sad?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	66	23	90	13	2	25	158	15.8
2 Not in last 12 months	33	12	78	11	2	25	113	11.3
3 In the last 2 weeks	73	26	229	33	1	13	322	32.1
4 In the last 30 days	52	18	107	16	1	13	163	16.3
5 In the last 12 months	58	21	183	27	2	25	246	24.6
Valid responses =	282	28	687	69	8	1	1,002	98.6
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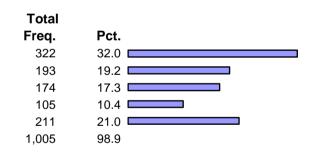
1

Freq.

Invalid responses include no response or multiple responses.

# 30F. Have you ever felt so depressed that it was difficult to function?

	Male		Female		
	Freq.	Pct.	Freq.	Pct.	
1 Never	114	40	203	30	
2 Not in last 12 months	46	16	144	21	
3 In the last 2 weeks	38	14	123	18	
4 In the last 30 days	29	10	73	11	
5 In the last 12 months	55	20	146	21	
Valid responses =	282	28	689	69	



Invalid responses include no response or multiple responses.

Page 31 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				-

# 30G. Have you ever felt overwhelming anxiety?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	83	29	130	19	2	25	215	21.5
2 Not in last 12 months	40	14	78	11	2	25	121	12.1
3 In the last 2 weeks	55	20	215	31	1	13	288	28.8
4 In the last 30 days	40	14	88	13	1	13	133	13.3
5 In the last 12 months	64	23	174	25	2	25	243	24.3
Valid responses =	282	28	685	69	8	1	1,000	98.4

Invalid responses include no response or multiple responses.

# 30H. Have you ever felt overwhelming anger?

-	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	106	38	214	31	3	38	327	32.6
2 Not in last 12 months	70	25	151	22	3	38	230	22.9
3 In the last 2 weeks	32	11	104	15	0	0	141	14.1
4 In the last 30 days	26	9	69	10	0	0	99	9.9
5 In the last 12 months	49	17	149	22	2	25	206	20.5
Valid responses =	283	28	687	68	8	1	1,003	98.7

Invalid responses include no response or multiple responses.

# 30I. Have you ever intentionally cut, burned, bruised, or otherwise injured yourself?

-	Male	·	Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	242	86	493	72	5	63	747	74.4
2 Not in last 12 months	21	7	135	20	3	38	168	16.7 🗖 🗖
3 In the last 2 weeks	4	1	24	4	0	0	31	3.1 🗖
4 In the last 30 days	4	1	6	1	0	0	11	1.1 <sup>0</sup>
5 In the last 12 months	12	4	30	4	0	0	47	4.7 🗖
Valid responses =	283	28	688	69	8	1	1,004	98.8

Invalid responses include no response or multiple responses.

# 30J. Have you ever seriously considered suicide?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	203	72	479	70	5	63	693	69.0
2 Not in last 12 months	44	16	124	18	3	38	180	17.9
3 In the last 2 weeks	7	3	19	3	0	0	27	2.7 🗖
4 In the last 30 days	2	1	15	2	0	0	20	2.0
5 In the last 12 months	27	10	51	7	0	0	84	8.4 🛄
Valid responses =	283	28	688	69	8	1	1,004	98.8
-								

Invalid responses include no response or multiple responses.

# 30K. Have you ever attempted suicide?

	Male		Female	1	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	257	91	591	86	7	88	866	86.4
2 Not in last 12 months	22	8	75	11	1	13	111	11.1 🗖
3 In the last 2 weeks	2	1	4	1	0	0	6	0.6
4 In the last 30 days	0	0	3	0	0	0	4	0.4
5 In the last 12 months	2	1	13	2	0	0	15	1.5 🛯
Valid responses =	283	28	686	68	8	1	1,002	98.6

Invalid responses include no response or multiple responses.

Page 32 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Institutional Data Report - Spring 2019 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

University of California Riverside March 21, 2019

FREQUENCY REPORT Number of Surveys (n) = Surveys 1016 Web

#### 31A1. Within the last 12 months, have ny of the following:

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AI	۱Or	ЧX	d	•	

Anorexia?		

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	99	674	98	8	100	984	98.7 💻
2 Yes, diagnosed not treated	1	0	8	1	0	0	9	0.9
3 Yes, treated with medication	1	0	1	0	0	0	2	0.2
4 Yes, treated with psychotherap	0	0	2	0	0	0	2	0.2 I
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0
6 Yes, other treatment	0	0	0	0	0	0	0	0.0
Valid responses =	280	28	685	69	8	1	997	98.1

Invalid responses include no response or multiple responses.

### 31A2. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Anxietv?

AllAlety:								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	89	549	80	8	100	819	81.9
2 Yes, diagnosed not treated	6	2	46	7	0	0	56	5.6 🗖
3 Yes, treated with medication	10	4	36	5	0	0	50	5.0 🗖
4 Yes, treated with psychotherap	9	3	26	4	0	0	35	3.5 🗖
5 Yes, treated meds + psychothe	6	2	23	3	0	0	35	3.5 🗖
6 Yes, other treatment	0	0	5	1	0	0	5	0.5
Valid responses =	282	28	685	69	8	1	1,000	98.4
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response or multiple responses.

#### 31A3. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Attention Deficit and Hyperactivity Disorder (ADHD)?

Altention Dencit and F	iyperactiv	ity Disor	uer (ADRD)	ſ				
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	265	94	660	96	8	100	956	95.5
2 Yes, diagnosed not treated	10	4	10	2	0	0	21	2.1
3 Yes, treated with medication	8	3	11	2	0	0	19	1.9
4 Yes, treated with psychotherap	0	0	3	0	0	0	3	0.3
5 Yes, treated meds + psychothe	0	0	1	0	0	0	2	0.2
6 Yes, other treatment	0	0	0	0	0	0	0	0.0
Valid responses =	283	28	685	68	8	1	1,001	98.5
Involid responses inclus	la na raan		ultiple reeps					

Invalid responses include no response or multiple responses.

### 31A4. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: **Bipolar Disorder?**

Bipelai Biseraer :								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	99	680	99	8	100	991	98.8
2 Yes, diagnosed not treated	2	1	3	0	0	0	5	0.5
3 Yes, treated with medication	2	1	3	0	0	0	6	0.6
4 Yes, treated with psychotherap	0	0	0	0	0	0	0	0.0
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0
6 Yes, other treatment	0	0	1	0	0	0	1	0.1
Valid responses =	283	28	687	68	8	1	1,003	98.7
·								

Invalid responses include no response or multiple responses.

Page 33 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) University of California Riverside

Institutional Data Report - Spring 2019 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

March 21, 2019

FREQUENCY REPORT Number of Surveys (n) = Surveys 1016 Web

# 31A5. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:

B	ulin	nia?	
	um	na :	

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	100	676	99	8	100	988	99.1 🗖
2 Yes, diagnosed not treated	0	0	7	1	0	0	7	0.7 🛛
3 Yes, treated with medication	1	0	1	0	0	0	2	0.2
4 Yes, treated with psychotherap	0	0	0	0	0	0	0	0.0
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0
6 Yes, other treatment	0	0	0	0	0	0	0	0.0
Valid responses =	280	28	684	69	8	1	997	98.1

Invalid responses include no response or multiple responses.

# 31A6. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: **Depression?**

Depression:								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	258	92	585	85	7	88	860	86.0
2 Yes, diagnosed not treated	3	1	26	4	1	13	34	3.4 🗖
3 Yes, treated with medication	10	4	30	4	0	0	44	4.4 🗖
4 Yes, treated with psychotherap	7	3	22	3	0	0	31	3.1 🗖
5 Yes, treated meds + psychothe	4	1	19	3	0	0	27	2.7 🗖
6 Yes, other treatment	0	0	3	0	0	0	4	0.4
Valid responses =	282	28	685	69	8	1	1,000	98.4
The self-structure service front of			1.1.1					

Invalid responses include no response or multiple responses.

# 31A7. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Insomnia?

insonna.								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	97	649	95	8	100	949	94.7 🗖
2 Yes, diagnosed not treated	4	1	15	2	0	0	19	1.9 🛚
3 Yes, treated with medication	5	2	17	3	0	0	26	2.6 🗖
4 Yes, treated with psychotherap	1	0	2	0	0	0	3	0.3
5 Yes, treated meds + psychothe	0	0	2	0	0	0	3	0.3
6 Yes, other treatment	0	0	2	0	0	0	2	0.2
Valid responses =	282	28	687	69	8	1	1,002	98.6
Invalid reasonable includ	la na raan		ultiple reeps					

Invalid responses include no response or multiple responses.

# 31A8. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Other sleep disorder?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	97	673	99	8	100	978	98.1 🗖
2 Yes, diagnosed not treated	3	1	8	1	0	0	11	1.1 🛛
3 Yes, treated with medication	3	1	1	0	0	0	4	0.4 I
4 Yes, treated with psychotherap	1	0	0	0	0	0	1	0.1
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0
6 Yes, other treatment	2	1	1	0	0	0	3	0.3 I
Valid responses =	282	28	683	69	8	1	997	98.1
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Invalid responses include no response or multiple responses.

Page 34 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Institutional Data Report - Spring 2019 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org University of California Riverside March 21, 2019

FREQUENCY REPORT Number of Surveys (n) = 1016 Web Surveys

# 31B1. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:

Obsessive Compulsive Disorder (OCD)?

	Male		Female	•	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	97	670	98	8	100	975	97.3 📩
2 Yes, diagnosed not treated	5	2	9	1	0	0	14	1.4 0
3 Yes, treated with medication	3	1	4	1	0	0	7	0.7
4 Yes, treated with psychotherap	0	0	1	0	0	0	1	0.1 I
5 Yes, treated meds + psychothe	0	0	1	0	0	0	2	0.2
6 Yes, other treatment	1	0	2	0	0	0	3	0.3
Valid responses =	282	28	687	69	8	1	1,002	98.6

Invalid responses include no response or multiple responses.

### 31B2. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Panic Attacks?

	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	265	94	616	90	8	100	907	90.6
2 Yes, diagnosed not treated	7	3	26	4	0	0	33	3.3 🗖
3 Yes, treated with medication	2	1	17	3	0	0	24	2.4 🛛
4 Yes, treated with psychotherap	5	2	13	2	0	0	19	1.9 🛛
5 Yes, treated meds + psychothe	3	1	9	1	0	0	13	1.3 🛛
6 Yes, other treatment	0	0	5	1	0	0	5	0.5
Valid responses =	282	28	686	69	8	1	1,001	98.5

Invalid responses include no response or multiple responses.

# 31B3. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Phobia?

	Male Female Unknown		n	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	99	671	99	8	100	983	98.8 🗖
2 Yes, diagnosed not treated	1	0	3	0	0	0	4	0.4
3 Yes, treated with medication	1	0	3	0	0	0	4	0.4
4 Yes, treated with psychotherap	0	0	1	0	0	0	1	0.1
5 Yes, treated meds + psychothe	1	0	0	0	0	0	1	0.1
6 Yes, other treatment	0	0	2	0	0	0	2	0.2
Valid responses =	282	28	680	68	8	1	995	97.9

Invalid responses include no response or multiple responses.

# 31B4. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Schizophrenia?

Comzophi chia:								
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	281	100	674	100	8	100	985	99.4 📩
2 Yes, diagnosed not treated	0	0	2	0	0	0	3	0.3
3 Yes, treated with medication	1	0	1	0	0	0	3	0.3 I
4 Yes, treated with psychotherap	0	0	0	0	0	0	0	0.0
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0
6 Yes, other treatment	0	0	0	0	0	0	0	0.0
Valid responses =	282	28	677	68	8	1	991	97.5
			142 . 1					

Invalid responses include no response or multiple responses.

Page 35 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

institutional Data Report - Spring 2019	Oniversity of Camornia Riverside
American College Health Association	
8455 Colesville Road, Suite 740	March 21, 2019
Silver Spring, MD 20910	FREQUENCY REPORT
(410) 859-1500	Number of Surveys (n) = 1016 Web
www.acha.org	

# 31B5. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:

Substance abuse or addiction (alcohol or other drugs)?

	•								
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	281	99	679	99	8	100	992	99.0	
2 Yes, diagnosed not treated	0	0	6	1	0	0	7	0.7	
3 Yes, treated with medication	1	0	0	0	0	0	1	0.1 <sup>I</sup>	
4 Yes, treated with psychotherap	1	0	1	0	0	0	2	0.2	
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0	
6 Yes, other treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	283	28	686	68	8	1	1,002	98.6	

Surveys

Invalid responses include no response or multiple responses.

# 31B6. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:

Other addiction (e.g., g	gambling,	internet,	sexual)?	-	-			-
	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	282	100	680	99	8	100	995	99.2
2 Yes, diagnosed not treated	1	0	4	1	0	0	5	0.5
3 Yes, treated with medication	0	0	1	0	0	0	1	0.1
4 Yes, treated with psychotherap	0	0	2	0	0	0	2	0.2
5 Yes, treated meds + psychothe	0	0	0	0	0	0	0	0.0
6 Yes, other treatment	0	0	0	0	0	0	0	0.0
Valid responses =	283	28	687	68	8	1	1,003	98.7

Invalid responses include no response or multiple responses.

# 31B7. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:

Othe	<sup>.</sup> mental	health	condition?
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	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	98	664	97	8	100	971	97.4
2 Yes, diagnosed not treated	0	0	9	1	0	0	9	0.9
3 Yes, treated with medication	3	1	4	1	0	0	8	0.8
4 Yes, treated with psychotherap	1	0	4	1	0	0	5	0.5
5 Yes, treated meds + psychothe	1	0	1	0	0	0	3	0.3 I
6 Yes, other treatment	0	0	1	0	0	0	1	0.1
Valid responses =	281	28	683	69	8	1	997	98.1
Invalid responses includ	la na rasa	onco or m	ultiple record	neoe				

Invalid responses include no response or multiple responses.

# 32. Have you ever been diagnosed with depression?

-	Male	-	Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	255	90	536	78	5	56	807	80.3
2 Yes	27	10	153	22	4	44	198	19.7
Valid responses =	282	28	689	69	9	1	1,005	98.9
·								

Invalid responses include no response or multiple responses.

# 33A. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:

Academics?	
------------	--

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	127	45	250	37	6	75	385	38.6
2 Yes	154	55	433	63	2	25	612	61.4
Valid responses =	281	28	683	69	8	1	997	98.1
Invalid responses	include no resp	onse or m	ultiple respo	onses.				

Page 36 of 61

		ion								
-	e Health Associat	.1011		Ма	rah 01 0010					
8455 Colesville R	,				rch 21, 2019					
Silver Spring, ME	J 20910				EQUENCY REI					•
(410) 859-1500				NU	mber of Surve	ys (n)	=	1016	Web	Survey
<u>www.acha.org</u>										
33B. Within the last 12 mo	· · ·	the follow	wing been tr	raumatic c	or very difficult	for you	to handle:			
Career related is										
	Male	_	Female		Unknown	_	Total	_		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
l No	197	70	430	63	5	63	649	64.8		
2 Yes	86	30	258	38	3	38	353	35.2		
/alid responses =	283	28	688	69	8	1	1,002	98.6		
Invalid responses	s include no respo	onse or m	ultiple respo	nses.						
33C. Within the last 12 mo			wing been tr	aumatic c	or very difficult	for you	to handle:			
Death of a family	y member or frie	end?								
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
No	249	88	- 581	85	8	100	854	85.4		
Yes	34	12	105	15	0	0	146			
			686	69		1		98.4		
/alid recoonces -										
Invalid responses 3D. Within the last 12 mo			ultiple respo	nses.	8 or very difficult		1,000 to handle:	90.4		
Invalid responses	s include no respo nths, has any of s?	onse or m	ultiple respo wing been tr	nses.	or very difficult		to handle:	50.4		
Invalid responses	s include no respond nths, has any of s? Male	onse or m the follow	ultiple respon wing been tr Female	nses. raumatic c	or very difficult Unknown	for you	to handle: Total			
Invalid responses 33D. Within the last 12 mo Family problems	s include no respond nths, has any of s? Male Freq.	the follow Pct.	ultiple respon wing been tr Female Freq.	nses. raumatic c Pct.	or very difficult Unknown Freq.	for you Pct.	to handle: Total Freq.	Pct.		
Invalid responses 3D. Within the last 12 mo Family problems No	s include no respond nths, has any of s? Male Freq. 202	the follow Pct. 72	ultiple respon wing been tr Female Freq. 399	nses. raumatic c Pct. 58	or very difficult Unknown Freq. 6	for you Pct. 75	to handle: Total Freq. 618	<b>Pct.</b> 61.8		
Invalid responses 3D. Within the last 12 mo Family problems No 2 Yes	s include no response nths, has any of s? Male Freq. 202 79	the follow Pct. 72 28	ultiple respon wing been tr Female Freq. 399 287	nses. raumatic c Pct. 58 42	or very difficult Unknown Freq. 6 2	for you Pct. 75 25	to handle: Total Freq. 618 382	<b>Pct.</b> 61.8 38.2		
Invalid responses <b>3D. Within the last 12 mol</b> <b>Family problem</b> No 2 Yes /alid responses =	s include no response nths, has any of s? Male Freq. 202 79 281	the follow Pct. 72 28 28	ultiple respon wing been tr Female Freq. 399 287 686	nses. raumatic c Pct. 58 42 69	or very difficult Unknown Freq. 6	for you Pct. 75	to handle: Total Freq. 618	<b>Pct.</b> 61.8		
Invalid responses <b>33D. Within the last 12 mol</b> <b>Family problem</b> I No 2 Yes /alid responses =	s include no response nths, has any of s? Male Freq. 202 79	the follow Pct. 72 28 28	ultiple respon wing been tr Female Freq. 399 287 686	nses. raumatic c Pct. 58 42 69	or very difficult Unknown Freq. 6 2	for you Pct. 75 25	to handle: Total Freq. 618 382	<b>Pct.</b> 61.8 38.2		
Invalid responses <b>33D. Within the last 12 mon</b> <b>Family problems</b> I No 2 Yes /alid responses = Invalid responses	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response	Ponse or m the follow Pct. 72 28 28 28 28 onse or m	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon	nses. raumatic c Pct. 58 42 69 nses.	or very difficult Unknown Freq. 6 2 8	for you Pct. 75 25 1	to handle: Total Freq. 618 382 1,000	<b>Pct.</b> 61.8 38.2		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 33E. Within the last 12 more	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of	Ponse or m the follow Pct. 72 28 28 28 28 onse or m	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon	nses. raumatic c Pct. 58 42 69 nses.	or very difficult Unknown Freq. 6 2 8	for you Pct. 75 25 1	to handle: Total Freq. 618 382 1,000	<b>Pct.</b> 61.8 38.2		
Invalid responses 3D. Within the last 12 mo Family problem No 2 Yes /alid responses = Invalid responses	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships?	Ponse or m the follow Pct. 72 28 28 28 28 onse or m	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr	Pct. 58 42 69 nses.	or very difficult Unknown Freq. 6 2 8	for you Pct. 75 25 1	to handle: Total Freq. 618 382 1,000 to handle:	<b>Pct.</b> 61.8 38.2		
Invalid responses <b>3D. Within the last 12 mon</b> <b>Family problems</b> No 2 Yes /alid responses = Invalid responses <b>3E. Within the last 12 mon</b>	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male	Pct. 72 28 28 Dnse or m the follow	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female	nses. raumatic c Pct. 58 42 69 nses. raumatic c	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown	for you Pct. 75 25 1 for you	to handle: Total Freq. 618 382 1,000 to handle: Total	<b>Pct.</b> 61.8 38.2 98.4		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 33E. Within the last 12 more Intimate relation	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq.	Pct. 72 28 28 onse or m the follow Pct.	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq.	nses. raumatic c Pct. 58 42 69 nses. raumatic c Pct.	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq.	for you Pct. 75 25 1 for you Pct.	to handle: Total Freq. 618 382 1,000 to handle: Total Freq.	Pct. 61.8 38.2 98.4 Pct.		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 33E. Within the last 12 more Intimate relation	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192	Porse or m the follow Pct. 72 28 28 28 28 28 28 28 28 28 28 28 28 28	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456	nses. raumatic c Pct. 58 42 69 nses. raumatic c Pct. 66	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6	for you Pct. 75 25 1 for you Pct. 86	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668	Pct. 61.8 38.2 98.4 Pct. 66.7		
Invalid responses 3D. Within the last 12 more Family problems No Yes Valid responses = Invalid responses 3E. Within the last 12 more Intimate relation No Yes	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90	Pct. 72 28 28 onse or m the follow Pct. 68 32	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231	nses. raumatic c Pct. 58 42 69 nses. raumatic c Pct. 66 34	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1	for you Pct. 75 25 1 for you Pct. 86 14	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes 3E. Within the last 12 more Invalid responses 3E. Within the last 12 more Intimate relation No 2 Yes /alid responses =	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90 282	Pct. 72 28 28 Drise or m the follow Pct. 68 32 28	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687	nses. raumatic c Pct. 58 42 69 nses. raumatic c Pct. 66 34 69	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6	for you Pct. 75 25 1 for you Pct. 86	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668	Pct. 61.8 38.2 98.4 Pct. 66.7		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes 3E. Within the last 12 more Invalid responses 3E. Within the last 12 more Intimate relation No 2 Yes /alid responses =	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90	Pct. 72 28 28 Drise or m the follow Pct. 68 32 28	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687	nses. raumatic c Pct. 58 42 69 nses. raumatic c Pct. 66 34 69	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1	for you Pct. 75 25 1 for you Pct. 86 14	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3		
33D. Within the last 12 mo Family problems 1 No 2 Yes Valid responses = Invalid responses 33E. Within the last 12 mon Intimate relation 1 No 2 Yes Valid responses = Invalid responses	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90 282 s include no response Second Second Secon	Ponse or m the follow Pct. 72 28 28 onse or m the follow Pct. 68 32 28 onse or m	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687 ultiple respon	nses. <b>Pct.</b> 58 42 69 nses. <b>raumatic c</b> <b>Pct.</b> 66 34 69 nses.	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1 7	for you Pct. 75 25 1 for you Pct. 86 14 1	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333 1,001	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 3E. Within the last 12 more Intimate relation 1 No 2 Yes /alid responses = Invalid responses = Invalid responses 33F. Within the last 12 more	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of Ships? Male Freq. 192 90 282 s include no response s include no response nths, has any of	Ponse or m the follow Pct. 72 28 28 onse or m the follow Pct. 68 32 28 onse or m	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687 ultiple respon	nses. <b>Pct.</b> 58 42 69 nses. <b>raumatic c</b> <b>Pct.</b> 66 34 69 nses.	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1 7	for you Pct. 75 25 1 for you Pct. 86 14 1	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333 1,001	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3		
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Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 3E. Within the last 12 more Intimate relation 2 Yes /alid responses = Invalid responses 3F. Within the last 12 more	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90 282 s include no response nths, has any of nips? Male	Pct. 72 28 28 onse or m the follow Pct. 68 32 28 onse or m the follow	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687 ultiple respon wing been tr Female	nses. raumatic of Pct. 58 42 69 nses. raumatic of Pct. 66 34 69 nses. aumatic of aumatic of	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1 7 or very difficult Unknown	for you Pct. 75 25 1 for you Pct. 86 14 1 1 for you	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333 1,001 to handle: Total	Pct. 61.8 38.2 98.4 <b>Pct.</b> 66.7 33.3 98.5		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 3E. Within the last 12 more Intimate relation 2 Yes /alid responses = Invalid responses 3F. Within the last 12 more Other relationsh	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90 282 s include no response nths, has any of hips? Male Freq.	Ponse or m the follow Pct. 72 28 28 onse or m the follow Pct. 68 32 28 onse or m the follow Pct.	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687 ultiple respon wing been tr Female Freq.	nses. raumatic of Pct. 58 42 69 nses. raumatic of Pct. 66 34 69 nses. raumatic of raumatic of	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1 7	for you Pct. 75 25 1 for you Pct. 86 14 1 for you for you	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333 1,001 to handle: Total to handle: Total Freq.	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3 98.5		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 3E. Within the last 12 more Intimate relation 2 Yes /alid responses = Invalid responses 3F. Within the last 12 more Other relationsh	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90 282 s include no response nths, has any of nips? Male	Pct. 72 28 28 onse or m the follow Pct. 68 32 28 onse or m the follow	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687 ultiple respon wing been tr Female	nses. raumatic of Pct. 58 42 69 nses. raumatic of Pct. 66 34 69 nses. aumatic of aumatic of	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1 7 or very difficult Unknown	for you Pct. 75 25 1 for you Pct. 86 14 1 1 for you	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333 1,001 to handle: Total	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3 98.5		
Invalid responses 3D. Within the last 12 more Family problems No 2 Yes /alid responses = Invalid responses 3E. Within the last 12 more Intimate relation 2 Yes /alid responses = Invalid responses 3F. Within the last 12 more	s include no response nths, has any of s? Male Freq. 202 79 281 s include no response nths, has any of nships? Male Freq. 192 90 282 s include no response nths, has any of hips? Male Freq.	Ponse or m the follow Pct. 72 28 28 onse or m the follow Pct. 68 32 28 onse or m the follow Pct.	ultiple respon wing been tr Female Freq. 399 287 686 ultiple respon wing been tr Female Freq. 456 231 687 ultiple respon wing been tr Female Freq.	nses. raumatic of Pct. 58 42 69 nses. raumatic of Pct. 66 34 69 nses. aumatic of Pct.	or very difficult Unknown Freq. 6 2 8 or very difficult Unknown Freq. 6 1 7 or very difficult Unknown Freq.	for you Pct. 75 25 1 for you Pct. 86 14 1 for you for you	to handle: Total Freq. 618 382 1,000 to handle: Total Freq. 668 333 1,001 to handle: Total to handle: Total Freq.	Pct. 61.8 38.2 98.4 Pct. 66.7 33.3 98.5		

33G. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:

Finances?			-		-			
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	187	66	372	54	7	88	578	57.8
2 Yes	96	34	314	46	1	13	422	42.2
Valid responses =	283	28	686	69	8	1	1,000	98.4
·								

Invalid responses include no response or multiple responses.

### 33H. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:

Health problem of a	a family member	or partner?	-
		E a ser a la	11

	wale		Female		Unknowi	n	l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	225	80	492	72	6	75	737	73.5
2 Yes	58	21	195	28	2	25	266	26.5
Valid responses =	283	28	687	68	8	1	1,003	98.7

American Colle Institutional Da American College	ata Report - S	pring 20		-	Health Asse niversity of (	•		A-II)	
8455 Colesville R Silver Spring, MD (410) 859-1500	Road, Suite 740			FR	arch 21, 2019 REQUENCY R Imber of Surv		=	1016 Web	Surveys
www.acha.org									
33I. Within the last 12 mon	ths, has any of t	he follow	/ina been tr	aumatic o	r verv difficul	t for you to	handle:		
Personal appear			ing seen a			jeu i	, nanaioi		
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
l No	210	74	423	62	8	100	649	64.8	
2 Yes	73	26	264	38	0	0	353	35.2	
/alid responses =	283	28	687	69	8	1	1,002	98.6	
Invalid responses	s include no respo	onse or m	ultiple respo	onses.					
Personal health	Male	_	Female		Unknow		Total	_	
4.51.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
l No	210	74	472	69	6	75	697	69.6	
2 Yes	73	26	215	31	2 8	25	305	30.4	
/alid responses =	283	28	687	69	8	1	1,002	98.6	
Invalid responses	s include no respo	onse or m	iuitipie respo	onses.					
33K. Within the last 12 mo Sleep difficulties		the follo	wing been t	raumatic	or very difficu	ult for you f	o handle:		
·	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
l No	192	68	435	64	4	50	641	64.2	
2 Yes	91	32	247	36	4	50	357	35.8	
/alid responses =	283	28	682	68	8	1	998	98.2	
Invalid responses	s include no respo	onse or m	ultiple respo	onses.					
33L. Within the last 12 mor	nths, has any of	the follo	wing been t	raumatic o	or very difficu	ılt for you t	o handle:		
Other?	Mala		Famala		University		Tatal		

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	89	584	87	7	88	854	86.6
2 Yes	31	11	88	13	1	13	132	13.4 📩
Valid responses =	282	29	672	68	8	1	986	97.0

Invalid responses include no response or multiple responses.

#### 34A. Have you ever received psychological or mental health services from any of the following: Counselor/Therapist/Psychologist?

••••••••								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	200	71	424	62	6	75	640	64.0
2 Yes	82	29	261	38	2	25	360	36.0
Valid responses =	282	28	685	69	8	1	1,000	98.4
·								

Invalid responses include no response or multiple responses.

#### 34B. Have you ever received psychological or mental health services from any of the following:

Psychiatrist?					2			
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	90	589	86	8	100	863	86.0
2 Yes	29	10	99	14	0	0	141	14.0
Valid responses =	282	28	688	69	8	1	1,004	98.8

Invalid responses include no response or multiple responses.

#### 34C. Have you ever received psychological or mental health services from any of the following:

Other medical provider (e.g., physician, nurse practitioner)?

Jan Anna Tatal

	wale		Female		Unknow	n	l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	89	576	84	7	88	853	85.0
2 Yes	32	11	113	16	1	13	150	15.0
Valid responses =	282	28	689	69	8	1	1,003	98.7

### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019

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American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
<u>www.acha.org</u>

### University of California Riverside

March 21, 2019				
FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

#### 34D. Have you ever received psychological or mental health services from any of the following:

Minister/Priest/Rabbi/Other clergy?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	264	94	662	96	8	100	957	95.5 🗖
2 Yes	17	6	26	4	0	0	45	4.5 🛽
Valid responses =	281	28	688	69	8	1	1,002	98.6
Involid responses	include no reen		ultiple reepe					

Invalid responses include no response or multiple responses.

#### 35. Have you ever received psychological or mental health services from your current college/university's **Counseling or Health Service?**

-	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	234	83	546	79	7	88	806	80.4
2 Yes	47	17	142	21	1	13	196	19.6
Valid responses =	281	28	688	69	8	1	1,002	98.6
·								

Invalid responses include no response or multiple responses.

### 36. If in the future you were having a personal problem that was really bothering you, would you consider seeking

#### help from a mental health professional?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	78	28	157	23	1	13	239	23.9
2 Yes	204	72	529	77	7	88	762	76.1
Valid responses =	282	28	686	69	8	1	1,001	98.5
lassa kalendara ang sa sa kalendar			ultiple needs					

Invalid responses include no response or multiple responses.

#### 37. Within the last 12 months, how would you rate the overall level of stress you have experienced?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	5	2	6	1	0	0	12	1.2 🛛
2 Less than average stress	32	11	27	4	2	25	61	6.1 📖
3 Average stress	103	36	239	35	5	63	352	35.0
4 More than average stress	110	39	319	46	1	13	442	43.9
5 Tremendous stress	33	12	98	14	0	0	139	13.8
Valid responses =	283	28	689	68	8	1	1,006	99.0

Invalid responses include no response or multiple responses.

#### 38A. Within the last 30 days, did you do any of the following:

Exercise to lose	weight?		U U					
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	138	49	316	46	6	75	472	47.1
2 Yes	143	51	372	54	2	25	530	52.9
Valid responses =	281	28	688	69	8	1	1,002	98.6
Invalid responses	s include no resp	onse or m	ultiple respo	onses.				

#### 38B. Within the last 30 days, did you do any of the following:

#### Diet to lose weight?

-	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	64	390	57	7	88	588	58.6
2 Yes	102	36	298	43	1	13	416	41.4
Valid responses =	282	28	688	69	8	1	1,004	98.8
Invalid responses	include no resp	onse or m	ultiple respo	onses.				

Page 39 of 61

	American College Hea 8455 Colesville Road, Silver Spring, MD 209 (410) 859-1500	Suite 740									
		10				March 21, 2019 FREQUENCY RE Number of Surve		=	1016	Web	Surveys
	<u>www.acha.org</u>										
38C. Wit	thin the last 30 days, did	d vou do an	ny of the f	ollowing:							
	Vomit or take laxative	•	•	ene mig.							
		Male	0	Female		Unknown		Total			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No		277	98	665	97	8	100	974	97.0		
2 Yes		5	2	24	4	0	0	30	3.0	0	
Valid res	ponses =	282	28	689	69	8	1	1,004	98.8	-	
	Invalid responses inclu	ude no respo	onse or m	ultiple respo	nses.						
38D. Wit	thin the last 30 days, die	d vou do an	nv of the f	ollowina:							
	Take diet pills to lose			Ū							
		Male		Female		Unknown		Total			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No		- 281	100	672	98	8	100	- 984	98.1		
2 Yes		1	0	16	2	0	0	19	1.9	Π	
/alid res	ponses =	282	28	688	69	8	1	1,003	98.7	-	
	Invalid responses inclu	ude no respo	onse or m	ultiple respo	nses.						
204 4-	ve you had a dental exa	m and clos	nina in th	o last 12 m	onthe?						
55A. Hav	ve you had a dental exa	Male	ining in th	Female		Unknown		Total			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No		96	34	208	30	2	29	316	31.5		_
2 Yes		181	64	441	64	5	71	640	63.7		
3 Don't k	now	6	2	40	6	0	0	48	4.8		
	ponses =	283	28	689	69	7	1	1,004	98.8		
vana roo	Invalid responses inclu					•	•	1,001	00.0		
	ve you (Males) perform	od tosticula	or colf ove	m in the las	-+ 20 da	wc?					
55D. Ha	ve you (males) perform	Male		Female		Unknown		Total			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No		211	75	0	0	6	100	220	75.1		
2 Yes		65	23	0	0	0	0	66	22.5		
2 103 3 Don't k	now	7	3	0	0	0	0	7	22.5		
	ponses =	283	97	0	0	6	2	293	28.8		
valid 163	Invalid responses inclu			0	•	0	2	290	20.0		
200 11-	ve you (Females) perfo	mad broop	t colf ava	m in the les	4 20 da	¥22					
550. Hav		Male		Female		Unknown		Total			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No		0 0	0	489	71	6	100	509	71.4		
2 Yes		0	0	489 184	27	0	0	188	26.4		
3 Don't k	'DOW	0	0	15	27	0	0	16	20.4		
	ponses =	0	0	688	∠ 96	6	1	713	2.2 70.2		
valiu ies	Invalid responses inclu	•				U	I	113	70.2		
39D. Hav	ve you (Females) had a		necologio								
		Male	_	Female		Unknown	_	Total			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		

#### 39E. Have you used sunscreen regularly with sun exposure?

1 No

2 Yes

3 Don't know

Valid responses =

Male	Female	Unknown	Total	
-	-	-	-	

	⊢req.	Pct.	⊢req.	Pct.	⊢req.	Pct.	⊢req.	Pct.
1 No	205	73	351	51	3	43	576	57.5
2 Yes	72	26	328	48	4	57	411	41.0
3 Don't know	4	1	10	2	0	0	15	1.5 🛛
Valid responses =	281	28	689	69	7	1	1,002	98.6

71.9

26.2

1.8 🛛

70.2

Invalid responses include no response or multiple responses.

Invalid responses include no response or multiple responses.

#### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

Institutional Data Report - Spring 2019
American College Health Association
8455 Colesville Road, Suite 740
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(410) 859-1500
www.acha.org

## University of California Riverside

March 21, 2019				
FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

#### 39F. Have you ever been tested for Human Immunodeficiency Virus (HIV) infection?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	199	71	453	66	6	86	672	67.1	
2 Yes	69	25	193	28	1	14	270	27.0	
3 Don't know	13	5	42	6	0	0	59	5.9 🗖	
Valid responses =	281	28	688	69	7	1	1,001	98.5	
Le la Polisia de la secola de la	the state of a second second		10.00						

Invalid responses include no response or multiple responses.

#### 40A. Have you received the following vaccinations (shots or series of shots):

Hepatitis B?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	8	53	8	0	0	76	7.6 🗖
2 Yes	215	77	521	76	7	100	762	76.7
3 Don't know	43	15	108	16	0	0	156	15.7 🛄
Valid responses =	281	28	682	69	7	1	994	97.8

Invalid responses include no response or multiple responses.

#### 40B. Have you received the following vaccinations (shots series of shots)):

Human Papillomavirus/HPV (cervical cancer vaccine)?

•	Male		Female	, ,	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	23	100	15	Ō	0	168	16.7 💻
2 Yes	162	57	474	69	7	100	662	65.9
3 Don't know	55	19	115	17	0	0	174	17.3 💻
Valid responses =	283	28	689	69	7	1	1,004	98.8

Invalid responses include no response or multiple responses.

#### 40C. Have you received the following vaccinations (shots series of shots)):

### Influenza (the flu) in the last 12 months (shot or nasal mist)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	33	209	30	1	14	309	30.8
2 Yes	161	57	384	56	6	86	568	56.7
3 Don't know	29	10	94	14	0	0	125	12.5 💻
Valid responses =	283	28	687	69	7	1	1,002	98.6
Involid reenenees in								

Invalid responses include no response or multiple responses.

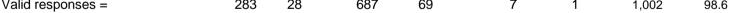
#### 40D. Have you received the following vaccinations (shots series of shots)):

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	8	43	6	0	0	65	6.5 🗖
2 Yes	233	82	564	82	7	100	826	82.5
3 Don't know	28	10	79	12	0	0	110	11.0 🗖
Valid responses =	283	28	686	69	7	1	1,001	98.5

### 40E. Have you received the following vaccinations (shots):

### Meningococcal disease (meningococcal meningitis)?

mennigooodal v		,000000	mennights <i>j</i>	•				
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	9	49	7	0	0	73	7.3 🗖
2 Yes	218	77	534	78	7	100	781	77.9
3 Don't know	41	15	104	15	0	0	148	14.8 🔲
Valid responses –	283	28	687	69	7	1	1 002	98.6



American College Health Association-National Co	ollege Health Assessment (ACHA-NCHA-II)
Institutional Data Report - Spring 2019	University of California Riverside

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March 21, 2019

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Number of Surveys	(n)	=	1016	Web	Surveys

#### 40F. Have you received the following vaccinations (shots):

Varicella (	(chicken	pox)?
-------------	----------	-------

·	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	30	11	76	11	0	0	108	10.8 🗖	
2 Yes	227	80	540	79	6	86	793	79.2 🗖	
3 Don't know	26	9	70	10	1	14	100	10.0 🗖	
Valid responses =	283	28	686	69	7	1	1,001	98.5	

Invalid responses include no response or multiple responses.

#### 41A1. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Allergies?			-	-	-		-	
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	245	88	583	85	7	100	858	86.1
2 Yes	35	13	102	15	0	0	138	13.9 💻
Valid responses =	280	28	685	69	7	1	996	98.0
lassalist na ana ana an	A set of a set of a set of a		ultiple needs					

Invalid responses include no response or multiple responses.

#### 41A2. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Asthma?			-	-	-		-	
	Male		Female	•	Unknow	'n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	269	96	624	91	7	100	924	92.9
2 Yes	11	4	59	9	0	0	71	7.1
Valid responses =	280	28	683	69	7	1	995	97.9
·								

Invalid responses include no response or multiple responses.

#### 41A3. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Back pain?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	259	92	606	89	6	86	896	89.9	
2 Yes	22	8	78	11	1	14	101	10.1 🗖	
Valid responses =	281	28	684	69	7	1	997	98.1	
Invalid recompose	include no reco	onco or m	ultiple record	0000					

Invalid responses include no response or multiple responses.

#### 41A4. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Broken bone/Fracture/Sprain?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	264	94	657	96	7	100	953	95.4
2 Yes	16	6	30	4	0	0	46	4.6
Valid responses =	280	28	687	69	7	1	999	98.3
Invalid recompose	include no reco	onco or m	ultiple record	2000				

Invalid responses include no response or multiple responses.

#### 41A5. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

<b>Bronchitis?</b>
--------------------

	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	276	98	653	96	7	100	960	96.4	
2 Yes	6	2	29	4	0	0	36	3.6	
Valid responses =	282	28	682	68	7	1	996	98.0	

Invalid responses include no response or multiple responses.

41A6. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

#### Chlamydia?

-	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	281	100	676	98	7	100	988	98.8
2 Yes	1	0	11	2	0	0	12	1.2
Valid responses =	282	28	687	69	7	1	1,000	98.4

#### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

March 21, 2019 FREQUENCY REPORT

Number of Surveys (n) = 1016 Web Surveys

#### 41A7. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

**Diabetes?** 

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	99	675	98	7	100	986	98.6 🗖
2 Yes	3	1	11	2	0	0	14	1.4
Valid responses =	282	28	686	69	7	1	1,000	98.4
Involid responses in	aluda na raan		ultiple reeps					

Invalid responses include no response or multiple responses.

#### 41A8. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Ear infection?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	270	96	650	95	7	100	952	95.1
2 Yes	12	4	37	5	0	0	49	4.9
Valid responses =	282	28	687	69	7	1	1,001	98.5

Invalid responses include no response or multiple responses.

#### 41A9. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Endometriosis?

Endometriosis?								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	280	100	673	98	7	100	985	98.7
2 Yes	1	0	11	2	0	0	13	1.3
Valid responses =	281	28	684	69	7	1	998	98.2
lassalist na ana ana sinali			ultiple near					

Invalid responses include no response or multiple responses.

#### 41A10. Within the last 12 months, have you been diagnosed or treated by a professional for the following: **Genital Herpes?**

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	280	100	674	99	7	100	986	99.3
2 Yes	1	0	6	1	0	0	7	0.7
Valid responses =	281	28	680	68	7	1	993	97.7

Invalid responses include no response or multiple responses.

#### 41A11. Within the last 12 months, have you been diagnosed or treated by a professional for the following: **Genital warts/Human Papillomavirus (HPV)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	282	100	679	99	7	100	993	99.1 🕻
2 Yes	1	0	8	1	0	0	9	0.9
Valid responses =	283	28	687	69	7	1	1,002	98.6

Invalid responses include no response or multiple responses.

#### 41A12. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Gonorrhea?			•	-	•		-	
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	281	100	684	100	7	100	997	99.6
2 Yes	1	0	3	0	0	0	4	0.4
Valid responses =	282	28	687	69	7	1	1,001	98.5
·								

Invalid responses include no response or multiple responses.

#### 41A13. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Hepatitis B or C?				
	Mala	Famala	l lalca oura	Total

	Male		Female		Unknown		l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	99	679	100	7	100	988	99.4
2 Yes	3	1	3	0	0	0	6	0.6
Valid responses =	280	28	682	69	7	1	994	97.8

Institutional	Ilege Health Ass Data Report - S ge Health Associat	Spring 20		-	Health Asse	•		A-II)					
	8455 Colesville Road, Suite 740						March 21, 2019						
	Silver Spring, MD 20910					FREQUENCY REPORT							
(410) 859-1500 <u>www.acha.org</u>	(410) 859-1500						=	1016 We	b Surveys				
41B1. Within the last 12 r	nonths, have you	been dia	gnosed or t	treated by	a profession	al for the fo	ollowing:						
High blood pre													
	Male		Female	<del>)</del>	Unknow	n	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
1 No	265	95	661	97	7	100	958	96.3 🗖					
2 Yes	15	5	22	3	0	0	37	3.7 🛽					
Valid responses =	280	28	683	69	7	1	995	97.9					
Invalid respons	es include no resp	onse or m	ultiple respo	onses.									
41B2. Within the last 12 r		been dia	gnosed or t	treated by	a profession	al for the fo	ollowing:						
High cholester	rol?												
	Male		Female	<del>)</del>	Unknow	n	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
1 No	269	95	660	96	7	100	959	95.8 💻					
2 Yes	13	5	27	4	0	0	42	4.2 🛽					

28

#### 41B3. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Human Immunodeficiency Virus (HIV)?

Human Immunod	efficiency virus	5 (HIV)?							
	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	282	100	686	100	7	100	999	99.8	
2 Yes	1	0	1	0	0	0	2	0.2	
Valid responses =	283	28	687	69	7	1	1,001	98.5	
Letter Pathers and a second			10.11						

69

687

7

1

1,001

98.5

Invalid responses include no response or multiple responses.

282

Invalid responses include no response or multiple responses.

Valid responses =

#### 41B4. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Irritable Bowel Syndrome?

	Male	Female		)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	278	98	672	98	7	100	981	98.0 🗖	
2 Yes	5	2	14	2	0	0	20	2.0	
Valid responses =	283	28	686	69	7	1	1,001	98.5	

Invalid responses include no response or multiple responses.

#### 41B5. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Migraine headache?

-	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	259	92	629	92	7	100	916	91.8 🗖
2 Yes	22	8	56	8	0	0	82	8.2 🗖
Valid responses =	281	28	685	69	7	1	998	98.2

Invalid responses include no response or multiple responses.

#### 41B6. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Mononucleosis?	-		-	-	-		_	
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	99	679	99	7	100	990	99.3
2 Yes	2	1	5	1	0	0	7	0.7
Valid responses =	281	28	684	69	7	1	997	98.1
· · · · · ·								

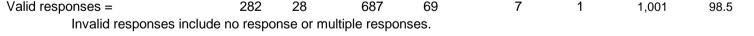
Invalid responses include no response or multiple responses.

### 41B7. Within the last 12 months, have you been diagnosed or treated by a professional for the following:

Pelvic Inflammator	Pelvic Inflammatory Disease (PID)?												
	Male		Female		Unknown		Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
1 No	283	100	684	100	7	100	999	99.8 🗖					
2 Yes	0	0	2	0	0	0	2	0.2					
Valid responses =	283	28	686	69	7	1	1,001	98.5					

Institutional D	ata Report - S	Spring 2		-	e Health Asses University of C	•		A-II)		
American Colleg 8455 Colesville F Silver Spring, ME (410) 859-1500	Road, Suite 740		March 21, 2019 FREQUENCY RE Number of Surv	Web	Surveys					
<u>www.acha.org</u>						cy3 (1) ·	-	1016	1100	Ourveye
			_	_						
1B8. Within the last 12 m Repetitive stres	•		-		by a professiona	al for the fo	ollowing:			
Repetitive Siles	Male	i pai tuini	Female	-	Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct	_	
No	282	100	670	98	7	100	984	98.2		
Yes	1	0	17	3	0	0	18	1.8		
alid responses =	283	28	687	69	7	1	1,002	98.6	-	
Invalid responses							.,			
1B9. Within the last 12 m	onths, have you	been dia	gnosed or t	reated	by a professiona	al for the fo	ollowing:			
Sinus infection?										
	Male	_	Female		Unknown		Total	_		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct		
No	270	95	626	91	7	100	924	92.1		
Yes	13	5	61	9	0	0	79		)	
alid responses =	283	28	687	68	7	1	1,003	98.7	7	
Invalid responses	s include no resp	onse or m	nultiple respo	nses.						
Strep throat?	Male Freq.	Pct.	Female Freq.	Pct.	Unknown Freq.	Pct.	Total Freq.	Pct		
No	270	96	645	94	6	86	945	94.6		
Yes	12	4	40	6	1	14	54		, † 🔲	
/alid responses =	282	28	685	69	7	1	999	98.3	_	
Invalid responses								0010		
1B11. Within the last 12 n					l by a profession	al for the	followina:			
Tuberculosis?	, <b>, ,</b> .		<b>.</b>		, , , , , , , , , , , , , , , , , , , ,		J			
	Male		Female		Unknown	1	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct		
No	281	99	685	100	7	100	998	99.7	7	
Yes	2	1	1	0	0	0	3	0.3	3	
′alid responses =	283	28	686	69	7	1	1,001	98.5	5	
Invalid responses	s include no resp	onse or m	nultiple respo	nses.						
1B12. Within the last 12 n	•	u been di	agnosed or	treated	d by a profession	al for the	following:			
Urinary tract inf	ection? Male		Female		Unknown	1	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct		
No	282	100	603	88	7	100	916	91.9		
Yes	202	0	79	00 12	0	0	916 81		,	
alid responses =	283	28	682	68	7	1	997			
Invalid responses =					1	I	991	98.1	I	
			ioniple respu	1363.						
2. On how many of the pa	ast 7 days did yo	ou get en	ough sleep :	so that	you felt rested w	vhen you v	voke up in t	he morn	ing?	
	Male	-	Female		Unknown	-	Total		-	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct		
	30	11	80	12	0	0	126	126		

	wale		Female	•	Unknow	n	l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	30	11	89	13	0	0	126	12.6
2 1 day	40	14	125	18	0	0	170	17.0
3 2 days	53	19	142	21	1	14	198	19.8
4 3 days	45	16	112	16	1	14	162	16.2
5 4 days	40	14	83	12	2	29	127	12.7
6 5 days	34	12	81	12	0	0	118	11.8
7 6 days	25	9	28	4	1	14	55	5.5
8 7 days	15	5	27	4	2	29	45	4.5
	000	~~~	007	~~~	-			



#### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				

#### 43. In the past 7 days, how much of a problem have you had with sleepiness during your daytime activities?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No problem at all	30	11	59	9	2	29	92	9.2
2 A little problem	130	46	295	43	3	43	437	43.6
3 More than a little problem	78	28	179	26	1	14	267	26.6
4 A big problem	34	12	103	15	1	14	144	14.4
5 A very big problem	11	4	51	7	0	0	63	6.3
Valid responses =	283	28	687	68	7	1	1,003	98.7
·								

Invalid responses include no response or multiple responses.

#### 44A. In the past 7 days, how often have you awaken too early in the morning and couldn't get back to sleep?

	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	136	48	325	47	6	86	477	47.6
2 1 day	52	18	119	17	0	0	178	17.8
3 2 days	45	16	98	14	0	0	147	14.7
4 3 days	20	7	64	9	0	0	85	8.5
5 4 days	15	5	26	4	1	14	44	4.4 🗖
6 5 days	5	2	36	5	0	0	41	4.1 📩
7 6 days	4	1	5	1	0	0	9	0.9
8 7 days	5	2	15	2	0	0	21	2.1 🗖
Valid responses =	282	28	688	69	7	1	1,002	98.6

Invalid responses include no response or multiple responses.

#### 44B. In the past 7 days, how often have you felt tired, dragged out, or sleepy during the day?

• •	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	31	11	40	6	2	29	74	7.4 🗖	
2 1 day	50	18	68	10	0	0	120	12.0 🗖	
3 2 days	43	15	118	17	2	29	167	16.7 💻	
4 3 days	49	17	115	17	1	14	168	16.7 💻	
5 4 days	43	15	113	16	1	14	161	16.1 💻	
6 5 days	30	11	111	16	1	14	145	14.5 💻	
7 6 days	17	6	40	6	0	0	58	5.8 💻	
8 7 days	19	7	84	12	0	0	110	11.0 💻	
Valid responses =	282	28	689	69	7	1	1,003	98.7	
Involid responses	include no reen	onoo or m	ultiple reeps	0000					

Invalid responses include no response or multiple responses.

#### 44C. In the past 7 days, how often have you gone to bed because you could not stay awake any longer?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	137	48	183	27	4	57	335	33.4
2 1 day	39	14	132	19	0	0	171	17.0
3 2 days	37	13	114	17	1	14	154	15.3
4 3 days	27	10	88	13	0	0	118	11.8
5 4 days	25	9	63	9	1	14	92	9.2
6 5 days	9	3	45	7	1	14	56	5.6
7 6 days	3	1	19	3	0	0	23	2.3 🗖
8 7 days	6	2	45	7	0	0	55	5.5
Valid responses =	283	28	689	69	7	1	1,004	98.8
·								

Invalid responses include no response or multiple responses.

Page 46 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

	••••••••••••••••••••••••••••••••••••••				
American College Health Association					
8455 Colesville Road, Suite 740	March 21, 2019				
Silver Spring, MD 20910	FREQUENCY REPORT				
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys	
www.acha.org					

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#### 44D. In the past 7 days, how often have you had an extremely hard time falling asleep?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	131	47	286	42	2	29	426	42.4
2 1 day	46	16	117	17	0	0	165	16.4
3 2 days	32	11	79	12	1	14	115	11.5
4 3 days	26	9	54	8	0	0	81	8.1 💻
5 4 days	16	6	41	6	2	29	62	6.2 🔲
6 5 days	12	4	43	6	1	14	60	6.0
7 6 days	8	3	29	4	0	0	38	3.8 💻
8 7 days	11	4	40	6	1	14	57	5.7 💻
Valid responses =	282	28	689	69	7	1	1,004	98.8
·								

Invalid responses include no response or multiple responses.

## 45A1. Within the last 12 months, have any of the following affected your academic performance: Alcohol use?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	206	74	544	79	7	100	779	78.1
2 Exprd, academics not affected	66	24	136	20	0	0	205	20.5
3 Received lower grade exam	4	1	5	1	0	0	9	0.9
4 Received lower grade course	3	1	2	0	0	0	5	0.5
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0
6 Significant disruption thesis	0	0	0	0	0	0	0	0.0
Valid responses =	279	28	687	69	7	1	998	98.2

Invalid responses include no response or multiple responses.

#### 45A2. Within the last 12 months, have any of the following affected your academic performance:

Allergies?			_					
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	233	83	533	78	6	86	795	79.9 💻
2 Exprd, academics not affected	41	15	132	19	1	14	176	17.7 💻
3 Received lower grade exam	6	2	12	2	0	0	18	1.8 🗖
4 Received lower grade course	1	0	1	0	0	0	2	0.2
5 Received incomplete/dropped	0	0	1	0	0	0	1	0.1
6 Significant disruption thesis	1	0	2	0	0	0	3	0.3 <b> </b>
Valid responses =	282	28	681	68	7	1	995	97.9

Invalid responses include no response or multiple responses.

#### 45A3. Within the last 12 months, have any of the following affected your academic performance:

Anxie	ty?	

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	156	56	275	40	5	71	438	44.1 💻
2 Exprd, academics not affected	53	19	191	28	1	14	252	25.4 💻
3 Received lower grade exam	51	18	114	17	1	14	172	17.3 💻
4 Received lower grade course	9	3	65	10	0	0	82	8.2 💻
5 Received incomplete/dropped	5	2	14	2	0	0	21	2.1 🗖
6 Significant disruption thesis	7	3	21	3	0	0	29	2.9 🗖
Valid responses =	281	28	680	68	7	1	994	97.8

Invalid responses include no response or multiple responses.

Page 47 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# University of California Riverside

March 21, 2019				
FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

#### 45A4. Within the last 12 months, have any of the following affected your academic performance:

Assault (physical)?

	Male		Female	•	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	276	98	661	97	7	100	967	97.3 🗖
2 Exprd, academics not affected	4	1	16	2	0	0	21	2.1 🛛
3 Received lower grade exam	1	0	2	0	0	0	3	0.3 I
4 Received lower grade course	0	0	2	0	0	0	2	0.2
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0
6 Significant disruption thesis	1	0	0	0	0	0	1	0.1
Valid responses =	282	28	681	69	7	1	994	97.8

Invalid responses include no response or multiple responses.

#### 45A5. Within the last 12 months, have any of the following affected your academic performance:

Assault (sexual)?	-		-		-			
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	277	98	650	95	7	100	955	95.7 🗖
2 Exprd, academics not affected	2	1	22	3	0	0	24	2.4
3 Received lower grade exam	0	0	7	1	0	0	7	0.7
4 Received lower grade course	2	1	4	1	0	0	7	0.7
5 Received incomplete/dropped	0	0	1	0	0	0	2	0.2
6 Significant disruption thesis	1	0	0	0	0	0	3	0.3
Valid responses =	282	28	684	69	7	1	998	98.2

Invalid responses include no response or multiple responses.

#### 45A6. Within the last 12 months, have any of the following affected your academic performance:

#### Attention Deficit and Hyperactivity Disorder (ADHD)? Male Female Unknown Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 1 This did not happen to me, N/A 256 86 93.1 🗖 91 645 94 6 929 2.4 🗖 2 2 Exprd, academics not affected 9 3 14 1 14 24 3 Received lower grade exam 7 3 10 2 0 0 1.8 🛯 18 1.7 🛛 4 Received lower grade course 6 2 10 2 0 0 17 0 0.1 <sup>I</sup> 1 0 0 0 0 5 Received incomplete/dropped 1 3 1 5 1 0 9 0.9 6 Significant disruption thesis 0 Valid responses = 282 28 7 684 69 1 998 98.2

Invalid responses include no response or multiple responses.

#### 45A7. Within the last 12 months, have any of the following affected your academic performance:

Cold/Flu/Sore throat?	-		-	-	-			
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	184	66	346	50	4	57	545	54.6
2 Exprd, academics not affected	65	23	218	32	3	43	294	29.4
3 Received lower grade exam	26	9	98	14	0	0	129	12.9
4 Received lower grade course	5	2	17	3	0	0	23	2.3 🗖
5 Received incomplete/dropped	0	0	3	0	0	0	3	0.3
6 Significant disruption thesis	1	0	4	1	0	0	5	0.5
Valid responses =	281	28	686	69	7	1	999	98.3
· · · · · · · · · · · · ·								

Invalid responses include no response or multiple responses.

Page 48 of 61

### American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Institutional Data Report - Spring 2019 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# University of California Riverside

March 21, 2019				
FREQUENCY REPORT	Г			
Number of Surveys (r	n) =	1016	Web	Surveys

#### 45A8. Within the last 12 months, have any of the following affected your academic performance:

Concern for a troubled friend or family member?

	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	213	76	419	61	6	86	651	65.1
2 Exprd, academics not affected	41	15	159	23	0	0	206	20.6
Received lower grade exam	16	6	61	9	0	0	81	8.1 📩
Received lower grade course	9	3	33	5	1	14	44	4.4 🗖
Received incomplete/dropped	0	0	2	0	0	0	3	0.3
Significant disruption thesis	3	1	12	2	0	0	15	1.5 🛯
alid responses =	282	28	686	69	7	1	1,000	98.4

Invalid responses include no response or multiple responses.

#### 45B1. Within the last 12 months, have any of the following affected your academic performance:

Chronic health problem	•		•	•	•			
-	Male		Female	)	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	262	93	610	89	6	86	898	90.0
2 Exprd, academics not affected	13	5	44	6	1	14	59	5.9 🗖
3 Received lower grade exam	1	0	13	2	0	0	14	1.4 <b>D</b>
4 Received lower grade course	4	1	7	1	0	0	13	1.3 🛛
5 Received incomplete/dropped	1	0	3	0	0	0	5	0.5
6 Significant disruption thesis	1	0	7	1	0	0	9	0.9
Valid responses =	282	28	684	69	7	1	998	98.2

Invalid responses include no response or multiple responses.

#### 45B2. Within the last 12 months, have any of the following affected your academic performance: Chronic pain?

	Male		Female		Unknow	Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 This did not happen to me, N/A	262	93	611	90	6	86	901	90.6	
2 Exprd, academics not affected	15	5	38	6	1	14	55	5.5 🗖	
3 Received lower grade exam	4	1	15	2	0	0	19	1.9 🛛	
4 Received lower grade course	0	0	12	2	0	0	14	1.4 <b>D</b>	
5 Received incomplete/dropped	0	0	2	0	0	0	2	0.2	
6 Significant disruption thesis	0	0	3	0	0	0	3	0.3 <b>I</b>	
Valid responses =	281	28	681	69	7	1	994	97.8	
· · · · · · · · · · · · · · · · · · ·									

Invalid responses include no response or multiple responses.

### 45B3. Within the last 12 months, have any of the following affected your academic performance:

Death of a friend or far	nily mem	ber?						
	Male		Female	<b>;</b>	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	242	86	570	83	6	86	838	84.0
2 Exprd, academics not affected	23	8	72	11	0	0	97	9.7 📩
3 Received lower grade exam	9	3	19	3	1	14	30	3.0 🗖
4 Received lower grade course	5	2	19	3	0	0	25	2.5 🗖
5 Received incomplete/dropped	2	1	1	0	0	0	4	0.4
6 Significant disruption thesis	0	0	4	1	0	0	4	0.4
Valid responses =	281	28	685	69	7	1	998	98.2
			1.1 1					

Invalid responses include no response or multiple responses.

Page 49 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# University of California Riverside

FREQUENCY REPORT			
Number of Surveys (n) =	1016	Web	Surveys

#### 45B4. Within the last 12 months, have any of the following affected your academic performance:

Depression?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	197	70	420	62	4	57	625	62.8
2 Exprd, academics not affected	37	13	91	13	1	14	133	13.4
3 Received lower grade exam	19	7	72	11	0	0	94	9.4 🛄
4 Received lower grade course	15	5	63	9	2	29	90	9.0 💻
5 Received incomplete/dropped	7	3	14	2	0	0	23	2.3 🗖
6 Significant disruption thesis	6	2	22	3	0	0	31	3.1 🗖
Valid responses =	281	28	682	68	7	1	996	98.0

Invalid responses include no response or multiple responses.

#### 45B5. Within the last 12 months, have any of the following affected your academic performance:

Discrimination (e.g., homophobia, racism, sexism)?

		,	·, · · · · · · / ·					
	Male		Female	•	Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	256	91	625	91	6	86	906	90.9
2 Exprd, academics not affected	18	6	51	8	1	14	73	7.3 🗖
3 Received lower grade exam	5	2	6	1	0	0	12	1.2 🛛
4 Received lower grade course	1	0	1	0	0	0	2	0.2
5 Received incomplete/dropped	0	0	1	0	0	0	1	0.1
6 Significant disruption thesis	1	0	0	0	0	0	3	0.3
Valid responses =	281	28	684	69	7	1	997	98.1
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Invalid responses include no response or multiple responses.

#### 45B6. Within the last 12 months, have any of the following affected your academic performance: Drug use?

2.49400.								
_	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	258	92	651	95	7	100	939	94.2 🗖
2 Exprd, academics not affected	14	5	25	4	0	0	40	4.0 🗖
3 Received lower grade exam	9	3	5	1	0	0	14	1.4 🛛
4 Received lower grade course	1	0	2	0	0	0	4	0.4
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0
6 Significant disruption thesis	0	0	0	0	0	0	0	0.0
Valid responses =	282	28	683	69	7	1	997	98.1

Invalid responses include no response or multiple responses.

#### 45B7. Within the last 12 months, have any of the following affected your academic performance: Eating disorder/problem?

	Male		Female	Female		n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	273	97	629	92	7	100	930	93.2
2 Exprd, academics not affected	6	2	38	6	0	0	46	4.6 🗖
3 Received lower grade exam	2	1	9	1	0	0	11	1.1 🛛
4 Received lower grade course	1	0	8	1	0	0	10	1.0 🛚
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0
6 Significant disruption thesis	0	0	0	0	0	0	1	0.1
Valid responses =	282	28	684	69	7	1	998	98.2
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response or multiple responses.

Page 50 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# March 21, 2019

FREQUENCY REPORT				
Number of Surveys (n)	=	1016	Web	Surveys

#### 45B8. Within the last 12 months, have any of the following affected your academic performance:

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	199	71	437	64	6	86	660	66.4
2 Exprd, academics not affected	65	23	173	25	1	14	240	24.1
3 Received lower grade exam	10	4	36	5	0	0	47	4.7 🗖
4 Received lower grade course	4	1	23	3	0	0	29	2.9 🗖
5 Received incomplete/dropped	2	1	4	1	0	0	8	0.8 🛛
6 Significant disruption thesis	2	1	7	1	0	0	10	1.0 🛛
Valid responses =	282	28	680	68	7	1	994	97.8

Invalid responses include no response or multiple responses.

### 45C1. Within the last 12 months, have any of the following affected your academic performance:

Gambling?			·	-					
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 This did not happen to me, N/A	272	98	676	99	7	100	979	98.8	
2 Exprd, academics not affected	6	2	2	0	0	0	9	0.9	
3 Received lower grade exam	1	0	2	0	0	0	3	0.3	
4 Received lower grade course	0	0	0	0	0	0	0	0.0	
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0	
6 Significant disruption thesis	0	0	0	0	0	0	0	0.0	
Valid responses =	279	28	680	69	7	1	991	97.5	
			1.1.1						

Invalid responses include no response or multiple responses.

#### 45C2. Within the last 12 months, have any of the following affected your academic performance: Homesickness?

nomesiekness:								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	229	82	488	72	5	71	738	74.5
2 Exprd, academics not affected	43	15	157	23	2	29	208	21.0
3 Received lower grade exam	7	3	20	3	0	0	27	2.7 🗖
4 Received lower grade course	1	0	5	1	0	0	9	0.9
5 Received incomplete/dropped	0	0	1	0	0	0	1	0.1
6 Significant disruption thesis	1	0	6	1	0	0	7	0.7
Valid responses =	281	28	677	68	7	1	990	97.4
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Invalid responses include no response or multiple responses.

### 45C3. Within the last 12 months, have any of the following affected your academic performance:

Injury (e.g., fracture, sp	orain, stra	in, cut)?						
	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	256	91	626	92	7	100	911	91.3
2 Exprd, academics not affected	17	6	39	6	0	0	59	5.9 🗖
3 Received lower grade exam	4	1	12	2	0	0	16	1.6 🛯
4 Received lower grade course	3	1	5	1	0	0	8	0.8
5 Received incomplete/dropped	1	0	0	0	0	0	1	0.1
6 Significant disruption thesis	1	0	2	0	0	0	3	0.3
Valid responses =	282	28	684	69	7	1	998	98.2

Invalid responses include no response or multiple responses.

Page 51 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

## University of California Riverside

Suite 740	March 21, 2019			
10	FREQUENCY REPORT			
	Number of Surveys (n) =	1016	Web	Surveys

#### 45C4. Within the last 12 months, have any of the following affected your academic performance:

Internet use/computer games?

	Male			•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	159	56	447	65	6	86	627	62.9 🗖
2 Exprd, academics not affected	69	25	138	20	0	0	211	21.2 🗖
3 Received lower grade exam	41	15	67	10	0	0	110	11.0 🗖
4 Received lower grade course	12	4	25	4	0	0	40	4.0 🗖
5 Received incomplete/dropped	0	0	2	0	0	0	2	0.2
6 Significant disruption thesis	1	0	4	1	1	14	7	0.7
Valid responses =	282	28	683	69	7	1	997	98.1

Invalid responses include no response or multiple responses.

#### 45C5. Within the last 12 months, have any of the following affected your academic performance:

Learning disability?	-		-	-	-			
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	271	96	651	95	7	100	951	95.4
2 Exprd, academics not affected	4	1	17	3	0	0	23	2.3 🛯
3 Received lower grade exam	2	1	10	2	0	0	12	1.2 🛛
4 Received lower grade course	2	1	4	1	0	0	6	0.6
5 Received incomplete/dropped	2	1	0	0	0	0	3	0.3
6 Significant disruption thesis	0	0	2	0	0	0	2	0.2
Valid responses =	281	28	684	69	7	1	997	98.1

Invalid responses include no response or multiple responses.

### 45C6. Within the last 12 months, have any of the following affected your academic performance:

#### Participation in extracurricular activities (e.g., campus clubs, organizations, athletics)?

	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	203	72	467	68	6	86	691	69.1
2 Exprd, academics not affected	57	20	149	22	0	0	211	21.1
3 Received lower grade exam	9	3	51	7	0	0	62	6.2 🗖
4 Received lower grade course	9	3	18	3	0	0	29	2.9 🗖
5 Received incomplete/dropped	3	1	0	0	0	0	5	0.5
6 Significant disruption thesis	1	0	0	0	1	14	2	0.2 <b>I</b>
Valid responses =	282	28	685	69	7	1	1,000	98.4
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Invalid responses include no response or multiple responses.

#### 45C7. Within the last 12 months, have any of the following affected your academic performance: Pregnancy (yours or your partner's)?

Pregnancy (yours or yo	our partn	er's)?							
	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 This did not happen to me, N/A	276	98	675	99	6	86	982	98.5	
2 Exprd, academics not affected	2	1	5	1	1	14	8	0.8	
3 Received lower grade exam	3	1	3	0	0	0	6	0.6	
4 Received lower grade course	0	0	0	0	0	0	0	0.0	
5 Received incomplete/dropped	1	0	0	0	0	0	1	0.1	
6 Significant disruption thesis	0	0	0	0	0	0	0	0.0	
Valid responses =	282	28	683	69	7	1	997	98.1	
· · · · · · · · · · · · · · · · · · ·									

Invalid responses include no response or multiple responses.

Page 52 of 61

# American College Health Association-National College Health Assessment (ACHA-NCHA-II)Institutional Data Report- Spring 2019University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# University of California Riverside

740	March 21, 2019			
	FREQUENCY REPORT			
	Number of Surveys (n) =	1016	Web	Surveys

#### 45C8. Within the last 12 months, have any of the following affected your academic performance:

Relationship difficulties?

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	198	71	478	70	5	71	699	70.0 🗖
2 Exprd, academics not affected	47	17	120	18	2	29	173	17.3 🗖
3 Received lower grade exam	24	9	52	8	0	0	78	7.8 🗖
4 Received lower grade course	9	3	21	3	0	0	30	3.0 🗖
5 Received incomplete/dropped	0	0	2	0	0	0	3	0.3
6 Significant disruption thesis	3	1	12	2	0	0	15	1.5 🛽
Valid responses =	281	28	685	69	7	1	998	98.2

Invalid responses include no response or multiple responses.

#### 45D1. Within the last 12 months, have any of the following affected your academic performance:

Roommate difficulties	?		•	-	-				
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 This did not happen to me, N/A	215	77	484	71	7	100	720	72.5	
2 Exprd, academics not affected	51	18	156	23	0	0	216	21.8	
3 Received lower grade exam	10	4	23	3	0	0	34	3.4 🗖	
4 Received lower grade course	2	1	9	1	0	0	11	1.1 🛛	
5 Received incomplete/dropped	0	0	2	0	0	0	3	0.3	
6 Significant disruption thesis	3	1	6	1	0	0	9	0.9	
Valid responses =	281	28	680	68	7	1	993	97.7	
· · · · · · · · · · · · · · · · · · ·									

Invalid responses include no response or multiple responses.

### 45D2. Within the last 12 months, have any of the following affected your academic performance:

Sexually transmitted d	isease/in	rection (S	(I/U/I)?						
	Male	Male		Female		n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 This did not happen to me, N/A	276	98	672	98	7	100	980	98.4 🗖	
2 Exprd, academics not affected	4	1	10	2	0	0	14	1.4 <b>D</b>	
3 Received lower grade exam	0	0	1	0	0	0	1	0.1 I	
4 Received lower grade course	1	0	0	0	0	0	1	0.1 I	
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0	
6 Significant disruption thesis	0	0	0	0	0	0	0	0.0	
Valid responses =	281	28	683	69	7	1	996	98.0	

Invalid responses include no response or multiple responses.

#### 45D3. Within the last 12 months, have any of the following affected your academic performance:

Sinus infection/Ear infe	ection/Bro	onchitis/S	Strep throat	?				
	Male		Female	)	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	268	95	604	88	7	100	900	90.0 🗖
2 Exprd, academics not affected	8	3	61	9	0	0	69	6.9 🗖
3 Received lower grade exam	3	1	17	3	0	0	23	2.3 🛯
4 Received lower grade course	2	1	3	0	0	0	5	0.5
5 Received incomplete/dropped	0	0	1	0	0	0	1	0.1
6 Significant disruption thesis	1	0	0	0	0	0	2	0.2
Valid responses =	282	28	686	69	7	1	1,000	98.4

Invalid responses include no response or multiple responses.

Page 53 of 61

#### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

# March 21, 2019

FREQUENCY REPORT Number of Surveys (n) = 1016 Web Surveys

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#### 45D4. Within the last 12 months, have any of the following affected your academic performance:

Sleep difficulties?

-	Male	Male		)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	156	55	328	48	4	57	498	49.9 🗖
2 Exprd, academics not affected	67	24	174	25	1	14	249	25.0
3 Received lower grade exam	36	13	118	17	1	14	158	15.8 🗖
4 Received lower grade course	18	6	45	7	1	14	65	6.5 🗖
5 Received incomplete/dropped	1	0	5	1	0	0	7	0.7
6 Significant disruption thesis	4	1	14	2	0	0	20	2.0 🗖
Valid responses =	282	28	684	69	7	1	997	98.1

Invalid responses include no response or multiple responses.

#### 45D5. Within the last 12 months, have any of the following affected your academic performance: Stress?

Oll 622 (								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	110	39	137	20	4	57	251	25.2
2 Exprd, academics not affected	83	29	250	37	2	29	344	34.5
3 Received lower grade exam	55	20	173	25	1	14	232	23.3
4 Received lower grade course	22	8	83	12	0	0	112	11.2
5 Received incomplete/dropped	3	1	14	2	0	0	20	2.0 🗖
6 Significant disruption thesis	9	3	26	4	0	0	38	3.8
Valid responses =	282	28	683	69	7	1	997	98.1
·								

Invalid responses include no response or multiple responses.

### 45D6. Within the last 12 months, have any of the following affected your academic performance:

Work?								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	196	70	416	61	5	71	633	63.7
2 Exprd, academics not affected	42	15	157	23	2	29	207	20.8
3 Received lower grade exam	27	10	70	10	0	0	99	10.0 🔲
4 Received lower grade course	15	5	29	4	0	0	45	4.5 🗖
5 Received incomplete/dropped	1	0	2	0	0	0	3	0.3
6 Significant disruption thesis	0	0	6	1	0	0	6	0.6
Valid responses =	281	28	680	68	7	1	993	97.7
			1.1.1					

Invalid responses include no response or multiple responses.

#### 45D7. Within the last 12 months, have any of the following affected your academic performance: Other?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N/A	187	96	431	96	5	100	642	96.0 🗖
2 Exprd, academics not affected	1	1	6	1	0	0	7	1.0
3 Received lower grade exam	1	1	2	0	0	0	3	0.4 I
4 Received lower grade course	3	2	6	1	0	0	9	1.3 🛽
5 Received incomplete/dropped	2	1	2	0	0	0	5	0.7
6 Significant disruption thesis	1	1	2	0	0	0	3	0.4
Valid responses =	195	29	449	67	5	1	669	65.8
·								

Invalid responses include no response or multiple responses.

Page 54 of 61

American College Health Association-National	College Health Assessment (ACHA-NCHA-II)
Institutional Data Report - Spring 2019	University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				-

#### 46. How old are you?

	Male		Female	9	Unknow	n	Total	
Age (Years)	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
18	26	9	138	20	0	0	171	17.0
19	42	15	98	14	3	43	148	14.7
20	44	15	126	18	2	29	174	17.3
21	38	13	104	15	0	0	146	14.5
22	30	11	46	7	1	14	80	7.9
23	19	7	38	6	1	14	59	5.9
24	8	3	19	3	0	0	29	2.9
25	13	5	18	3	0	0	31	3.1 💶
26	10	4	23	3	0	0	34	3.4
27	17	6	18	3	0	0	36	3.6
28	11	4	14	2	0	0	25	2.5 💻
29	5	2	11	2	0	0	16	1.6 📕
30	4	1	7	1	0	0	11	1.1
31	6	2	4	1	0	0	10	1.0 💻
GE 32	13	5	24	4	0	0	37	3.7
Valid responses =	286	28	688	68	7	1	1,007	99.1

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	22.85	21.00	5.06	18.00	63.00
Female	21.69	20.00	4.73	18.00	59.00
Overall	21.98	21.00	4.80	18.00	63.00

#### 47A. What sex were you assigned at birth, such as on an original birth certificate?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	690	100	0	0	710	70.8
2 Male	286	100	0	0	1	100	293	29.2
Valid responses =	286	29	690	69	1	0	1,003	98.7
·								

Invalid responses include no response or multiple responses.

47B. Do you identify as trans	sgender?							
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	286	100	690	100	1	50	988	98.4
2 Yes	0	0	0	0	1	50	16	1.6
Valid responses =	286	28	690	69	2	0	1,004	98.8
Involid responses in	naluda na raan		ultiple reeps					

Invalid responses include no response or multiple responses.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Woman	0	0	690	100	3	43	704	69.8
Man	286	100	0	0	3	43	290	28.7
Trans woman	0	0	0	0	0	0	0	0.0
Trans man	0	0	0	0	0	0	2	0.2
Genderqueer	0	0	0	0	0	0	8	0.8
Another identity	0	0	0	0	1	14	5	0.5
alid responses =	286	28	690	68	7	1	1,009	99.3

Invalid responses include no response or multiple responses.

Page 55 of 61

#### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				-

#### 48. Which term best describes your sexual orientation?

	Male		Female	Female		n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Asexual	1	0	6	1	1	14	9	0.9	
2 Bisexual	12	4	75	11	0	0	92	9.1 📩	
3 Gay	21	7	1	0	0	0	23	2.3 🛯	
4 Lesbian	0	0	10	2	0	0	12	1.2 🛛	
5 Pansexual	1	0	14	2	0	0	16	1.6 🛛	
6 Queer	0	0	8	1	1	14	13	1.3 🛛	
7 Questioning	3	1	15	2	0	0	20	2.0	
9 Straight/Heterosexual	245	86	559	81	5	71	819	81.3	
10 Another identity	3	1	1	0	0	0	4	0.4	
Valid responses =	286	28	689	68	7	1	1,008	99.2	
lassellet an encode la			ultiple second						

Invalid responses include no response or multiple responses.

#### 49. Height in inches?

	Male		Female	•	Unknow	n	Total		
Inches	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
low-36	0	0	0	0	0	0	0	0	
37-48	0	0	3	0	0	0	3	0.3	
49-60	0	0	61	9	0	0	62	6.2 🗖	
61-72	233	83	618	90	8	100	884	88.4	
73-84	49	17	2	0	0	0	51	5.1 🗖	
GE 85	0	0	0	0	0	0	0	0.0	
Valid responses =	282	28	684	68	8	1	1,000	98.4	
المحمد محمد المالية المحمد محمد الم	a lia alizzata in a malam								

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max	
Male	69.62	70.00	3.03	62.00	80.00	
Female	63.70	64.00	3.28	41.00	76.00	
Overall	65.41	65.00	4.15	41.00	80.00	

#### 50. What is your weight in pounds?

	Male		Female	1	Unknow	n	Total	
Pounds	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0-50	0	0	0	0	0	0	0	0.0
51-100	0	0	42	6	0	0	43	4.3 🗖
101-150	97	35	430	63	6	75	547	55.0
151-200	130	46	168	25	2	25	307	30.9
201-250	45	16	31	5	0	0	79	7.9
251-300	4	1	7	1	0	0	12	1.2 🛛
301-350	3	1	1	0	0	0	4	0.4
351-400	2	1	0	0	0	0	2	0.2
401-450	0	0	0	0	0	0	0	0.0
GE 451	0	0	1	0	0	0	1	0.1 I
Valid responses =	281	28	680	68	8	1	995	97.9
Invalid responses i	nclude no resp	onse or m	ultiple respo	nses.				
Mean	n N	ledian	S	td Dev		Min	Max	

395.00 Male 172.04 164.0 42.55 111.00 Female 143.12 135.0 37.76 58.00 Overall 151.58 145.0 41.27 58.00

#### 51. What is your year in school?

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	40	14	163	24	2	25	211	21.0
2 2nd year undergraduate	36	13	93	14	1	13	135	13.4
3 3rd year undergraduate	82	29	195	28	2	25	285	28.4
4 4th year undergraduate	45	16	104	15	1	13	155	15.4
5 5th year or more undergraduat	5	2	15	2	1	13	22	2.2 🗖
6 Graduate or professional	76	27	113	17	1	13	193	19.2
7 Not seeking a degree	0	0	1	0	0	0	1	0.1
8 Other	0	0	2	0	0	0	2	0.2
Valid responses =	284	28	686	68	8	1	1,004	98.8

Invalid responses include no response or multiple responses.

#### 52. What is your enrollment status?

-	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	281	99	684	99	8	100	997	99.0
2 Part-time	3	1	5	1	0	0	10	1.0
3 Other	0	0	0	0	0	0	0	0.0
Valid responses =	284	28	689	68	8	1	1,007	99.1

Invalid responses include no response or multiple responses.

500.00

500.00

American College Institutional Data	Report - S	Spring 20		-	Health Assentive an iversity of (	•		A-II)	
American College He 8455 Colesville Road Silver Spring, MD 20 (410) 859-1500 <u>www.acha.org</u>	d, Suite 740	tion		FF	arch 21, 2019 REQUENCY R umber of Surv		=	1016 Web	Surveys
				. I					
53. Have you transferred to th	is college of Male	universit	Female		nonths ? Unknowi	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	222	78	574	83	5	63	823	81.9	
2 Yes	61	22	114	17	3	38	182	18.1	
Valid responses =	283	28	688	68	8	1	1,005	98.9	
Invalid responses inc	clude no resp	onse or m	ultiple respo	onses.					
54. How do you usually descr	ibe yourself	?							
	Male		Female		Unknowi	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
White	79	28	148	21	2	14	240	23.6	
Black or African American	13	5	33	5	0	0	47	4.6 🗖	
Hispanic or Latino/a	90	32	277	40	2	14	379	37.3	
	105	37	215	31	6	43	333	32.8	
Asian or Pacific Islander	100				-			_	
	3	1	8	1	2	14	13	1.3 🗖	
American Indian or Alaskan		1 6	8 50	1 7	2 0	14 0	13 67	1.3 □ 6.6 □	
Asian or Pacific Islander American Indian or Alaskan Biracial or Multi racial Other	3	1 6 5		-					

•	Male		Female		Unknow	n	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	247	87	649	94	7	88	926	92.0 🗖		
2 Yes	37	13	40	6	1	13	80	8.0		
Valid responses =	284	28	689	68	8	1	1,006	99.0		

Invalid responses include no response or multiple responses.

#### 56. What is your relationship status?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	154	54	356	52	5	63	532	52.9
2 In relationship not living togethe	82	29	245	36	2	25	336	33.4
3 In relationship living together	47	17	87	13	1	13	137	13.6
Valid responses =	283	28	688	68	8	1	1,005	98.9
Involid reasonable includ	la na raan		ultiple reeps					

Invalid responses include no response or multiple responses.

#### 57. What is you marital status?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Single	244	87	614	90	8	100	891	89.0	
2 Married/Partnered	31	11	55	8	0	0	86	8.6 🗖	
3 Separated	0	0	0	0	0	0	0	0.0	
4 Divorced	2	1	3	0	0	0	5	0.5	
5 Other	5	2	14	2	0	0	19	1.9	
Valid responses =	282	28	686	69	8	1	1,001	98.5	

Invalid responses include no response or multiple responses.

#### 58. Where do you currently live?

	Male Female Unknown	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus residence hall	42	15	144	21	1	13	191	19.0
2 Fraternity or sorority house	2	1	1	0	0	0	3	0.3
3 Other college/university housin	29	10	79	12	2	25	112	11.2
4 Parent/guardian's house	50	18	151	22	1	13	205	20.4
5 Other off-campus housing	155	55	289	42	4	50	464	46.3
6 Other	6	2	22	3	0	0	28	2.8 🗖
Valid responses =	284	28	686	68	8	1	1,003	98.7

Invalid responses include no response or multiple responses.

#### 59. Are you a member of a social fraternity or sorority?

-	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	96	653	95	8	100	958	95.1
2 Yes	11	4	36	5	0	0	49	4.9 🗖
Valid responses =	284	28	689	68	8	1	1,007	99.1

American College Health	Association-National Coll	ege Health Assessment (ACHA-NCHA-II)
Institutional Data Report	- Spring 2019	University of California Riverside

American College Health Association				
8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
<u>www.acha.org</u>				

#### 60. How many hours a week do you work for pay?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	148	52	362	53	5	63	530	52.9
2 1 - 9 hours	22	8	59	9	0	0	84	8.4 🛄
3 10 - 19 hours	53	19	123	18	2	25	182	18.2
4 20 - 29 hours	39	14	80	12	1	13	122	12.2
5 30 - 39 hours	6	2	25	4	0	0	32	3.2 🗖
6 40 hours	11	4	15	2	0	0	27	2.7 🗖
7 more than 40 hours	5	2	19	3	0	0	24	2.4 🗖
Valid responses =	284	28	683	68	8	1	1,001	98.5

Invalid responses include no response or multiple responses.

#### 61. How many hours a week do you volunteer?

-	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	188	66	441	65	7	88	656	65.5
2 1 - 9 hours	68	24	204	30	1	13	277	27.7
3 10 - 19 hours	22	8	29	4	0	0	53	5.3
4 20 - 29 hours	3	1	6	1	0	0	9	0.9
5 30 - 39 hours	1	0	2	0	0	0	3	0.3
6 40 hours	0	0	1	0	0	0	1	0.1
7 more than 40 hours	1	0	1	0	0	0	2	0.2
Valid responses =	283	28	684	68	8	1	1,001	98.5

Invalid responses include no response or multiple responses.

#### 62. What is your primary source of health insurance?

	Male		Female	1	Unknow	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university sponsored p	119	42	248	36	3	43	378	37.6
2 Parents' plan	136	48	370	54	4	57	524	52.1
3 Another plan	21	7	61	9	0	0	85	8.5
4 Don't have health insurance	3	1	3	0	0	0	6	0.6 🛛
5 Not sure if I have insurance	6	2	5	1	0	0	12	1.2 🛛
Valid responses =	285	28	687	68	7	1	1,005	98.9

Invalid responses include no response or multiple responses.

#### 63. What is your approximate cumulative grade point average?

	Male		Female	9	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A	120	42	226	33	1	14	355	35.4
2 B	118	42	338	49	4	57	474	47.3
3 C	38	13	100	15	1	14	142	14.2
4 D/F	2	1	3	0	0	0	5	0.5 🛛
5 N/A	6	2	19	3	1	14	26	2.6 🗖
Valid responses =	284	28	686	68	7	1	1,002	98.6

Invalid responses include no response or multiple responses.

64A. In the last 12 months, have you participated in organized college athletics at any of the following levels:

Varsity?		•	•	Ū			U	
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	98	665	98	7	100	974	97.8 💻
2 Yes	5	2	17	3	0	0	22	2.2 🛛
Valid responses =	282	28	682	68	7	1	996	98.0
Invalid responses ir	nclude no resp	onse or m	ultiple respo	onses.				

#### 64B. In the last 12 months, have you participated in organized college athletics at any of the following levels: Club sports?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	264	93	649	95	7	100	942	94.5
2 Yes	19	7	33	5	0	0	55	5.5 🗖
Valid responses =	283	28	682	68	7	1	997	98.1

Invalid responses include no response or multiple responses.

#### 64C. In the last 12 months, have you participated in organized college athletics at any of the following levels:

Intramurals?		-	-	-	-		-	
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	241	86	642	95	7	100	915	92.3
2 Yes	40	14	36	5	0	0	76	7.7 📩
Valid responses =	281	28	678	68	7	1	991	97.5

Institutional Data	-		119	Un	iversity of C	aiitornia	RIVERSIDE			
American College H 8455 Colesville Roa		ION		Ma	rch 21, 2019					
Silver Spring, MD 2	•				EQUENCY RE	PORT				
(410) 859-1500					mber of Surve		=	1016	Web	Surveys
www.acha.org						<b>,</b> , , ,				,
	( . II									
5A. Do you have any of the f Attention Deficit ar		itv Disor	der (ADHD)'	?						
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
No	262	93	658	96	6	86	949	94.7		
Yes	20	7	30	4	1	14	53	5.3		
alid responses =	282	28	688	69	7	1	1,002	98.6		
Invalid responses in							,			
	fallowing									
B. Do you have any of the b Chronic illness (e.g		betes a	Ito-immune	disorders	)?					
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
No	272	96	655	95	7	100	956	95.4		
Yes	11		32					95.4 4.6		
		4 28	32 687	5 69	0 7	0	46			
alid responses = Invalid responses in	283 Iclude no respo				1	1	1,002	98.6		
5C. Do you have any of the Deafness/Hearing	-									
C C	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
No	277	98	674	98	7	100	983	98.1		
Yes	6	2	13	2	0	0	19	1.9		
alid responses =	283	28	687	69	7	1	1,002	98.6		
Invalid responses in					,	·	1,002	00.0		
5D. Do you have any of the	following									
Learning disability	-									
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
No	273	98	670	98	6	100	970	97.8		
Yes	7	3	12	2	0	0	22	2.2	0	
alid responses =	280	28	682	69	6	1	992	97.6		
Invalid responses in	clude no respo			nses.						
	ollowina:									
5E. Do you have anv of the f										
5E. Do you have any of the f Mobility/Dexterity			Female		Unknown		Total			
	Male		Eree	Pct.	Freq.	Pct.	Freq.	Pct.		
	Male Freq.	Pct.	Freq.		7	100	986	98.9		
Mobility/Dexterity		<b>Pct.</b> 99	677	99	•					
Mobility/Dexterity	Freq.		-		0	0	11	1.1	0	
Mobility/Dexterity	<b>Freq.</b> 278	99	677	99	-	0 1	11 997	1.1 98.1	0	
Mobility/Dexterity	<b>Freq.</b> 278 3 281	99 1 28	677 7 684	99 1 69	0				0	
Mobility/Dexterity No Yes alid responses = Invalid responses in	Freq. 278 3 281 Include no respo	99 1 28	677 7 684	99 1 69	0				0	
Mobility/Dexterity No Yes alid responses = Invalid responses in	Freq. 278 3 281 Include no respo following:	99 1 28	677 7 684	99 1 69	0				D	
Mobility/Dexterity No Yes alid responses = Invalid responses in 5F. Do you have any of the f	Freq. 278 3 281 Include no respo following:	99 1 28	677 7 684	99 1 69 nses.	0	1			1	
Mobility/Dexterity No Yes 'alid responses = Invalid responses in 5F. Do you have any of the f	Freq. 278 3 281 Include no response following: s/Blindness?	99 1 28	677 7 684 ultiple respo	99 1 69 nses.	0 7	1	997		-	
Mobility/Dexterity No Yes /alid responses = Invalid responses in 5F. Do you have any of the f Partial sightedness	Freq. 278 3 281 include no response following: s/Blindness? Male	99 1 28 onse or m	677 7 684 ultiple respo <b>Female</b>	99 1 69 nses.	0 7 Unknown	1	997 Total	98.1	-	
No 2 Yes /alid responses = Invalid responses in 55F. Do you have any of the f	Freq. 278 3 281 Include no respon following: s/Blindness? Male Freq.	99 1 28 onse or m <b>Pct.</b>	677 7 684 ultiple respo <b>Female</b> <b>Freq.</b>	99 1 69 nses. <b>Pct.</b>	0 7 Unknown Freq.	1 Pct.	997 Total Freq.	98.1 <b>Pct</b> .		
No Yes 'alid responses = Invalid responses in <b>5F. Do you have any of the f</b> <b>Partial sightedness</b>	Freq. 278 3 281 Include no respon following: s/Blindness? Male Freq. 275	99 1 28 onse or m <b>Pct.</b> 97	677 7 684 ultiple respo <b>Female</b> <b>Freq.</b> 663	99 1 69 nses. <b>Pct.</b> 96	0 7 Unknown Freq. 7	1 <b>Pct.</b> 100	997 <b>Total</b> Freq. 969	98.1 <b>Pct.</b> 96.6		

65G. Do you have any of the following:

Psychiatric condition?

Mala Famala Ululu aum Tatal

	Male		Female		Unknow	n	l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	268	95	626	91	6	86	914	91.4 💻
2 Yes	15	5	59	9	1	14	86	8.6 💻
Valid responses =	283	28	685	69	7	1	1,000	98.4

	-pont - c	Spring 20	019	Ur	niversity of Ca	alifornia	Riverside			
American College Healt		tion								
8455 Colesville Road, S	Suite 740				rch 21, 2019					
Silver Spring, MD 2091	0				EQUENCY RE					
(410) 859-1500			Number of Surveys (n) =						Web	Surveys
<u>www.acha.org</u>										
65H. Do you have any of the follo	-									
Speech or language d										
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	279	99	681	99	7	100	991	99.0		
2 Yes	3	1	6	1	0	0	10	1.0	0	
Valid responses =	282	28	687	69	7	1	1,001	98.5		
Invalid responses inclue	de no resp	onse or m	ultiple respor	ises.						
651. Do you have any of the follow	wing:									
Other disability?			<b>_</b> .							
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	280	99	660	96	7	100	969	97.1		
2 Yes	2	1	25	4	0	0	29	2.9		
Valid responses =	282	28	685	69	7	1	998	98.2		
Invalid responses incluir	te no reso	onse or m	ultinle respor	2020						
Invalid responses includ	le no resp	onse or m	ultiple respor	ises.						
					med Services	(Active D	utv. Reserv	e. or Nat	ional Gi	uard)?
					rmed Services Unknown	(Active D	uty, Reserv Total	e, or Nat	ional Gu	ıard)?
	u been a n		f the United			(Active D Pct.		e, or Nat Pct.		ıard)?
66. Are you currently or have you	u been a n Male	nember o	f the United Female	States A	Unknown		Total			iard)?
<b>66. Are you currently or have you</b> 1 No	u been a n Male Freq. 280	nember o Pct.	f the United Female Freq.	States An Pct. 100	Unknown Freq.	<b>Pct.</b> 100	<b>Total</b> <b>Freq.</b> 998	<b>Pct.</b> 99.5		uard)?
<b>66. Are you currently or have you</b> 1 No 2 Yes deployed hazardous duty	u been a n Male Freq. 280 2	nember o Pct. 99 1	f the United Female Freq. 686 0	<b>States A</b> <b>Pct.</b> 100 0	Unknown Freq. 7 0	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3	<b>Pct.</b> 99.5 0.3		uard)?
66. Are you currently or have you 1 No 2 Yes deployed hazardous duty 3 Yes not deployed hazardous dı	u been a n Male Freq. 280 2 2	nember o Pct. 99 1 1	f the United Female Freq. 686 0 0	<b>States A</b> <b>Pct.</b> 100 0 0	Unknown Freq. 7 0 0	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3 2	<b>Pct.</b> 99.5 0.3 0.2		uard)?
66. Are you currently or have you 1 No 2 Yes deployed hazardous duty 3 Yes not deployed hazardous du Valid responses =	u been a n Male Freq. 280 2 2 284	nember o Pct. 99 1 1 28	f the United Female Freq. 686 0 0 686	<b>States A</b> <b>Pct.</b> 100 0 0 68	Unknown Freq. 7 0	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3	<b>Pct.</b> 99.5 0.3		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> </ul>	u been a n Male Freq. 280 2 2 284	nember o Pct. 99 1 1 28	f the United Female Freq. 686 0 0 686	<b>States A</b> <b>Pct.</b> 100 0 0 68	Unknown Freq. 7 0 0	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3 2	<b>Pct.</b> 99.5 0.3 0.2		uard)?
56. Are you currently or have you 1 No 2 Yes deployed hazardous duty 3 Yes not deployed hazardous du Valid responses = Invalid responses includ	u been a n Male Freq. 280 2 2 284 de no respo	nember o Pct. 99 1 28 onse or m	f the United Female Freq. 686 0 0 686 ultiple respor	States An Pct. 100 0 68 ises.	Unknown Freq. 7 0 0 7	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3 2	<b>Pct.</b> 99.5 0.3 0.2		uard)?
66. Are you currently or have you 1 No 2 Yes deployed hazardous duty 3 Yes not deployed hazardous du Valid responses = Invalid responses includ	u been a n Male Freq. 280 2 2 284 de no respo	nember o Pct. 99 1 28 onse or m	f the United Female Freq. 686 0 0 686 ultiple respor	States An Pct. 100 0 68 ises.	Unknown Freq. 7 0 0 7	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3 2	<b>Pct.</b> 99.5 0.3 0.2		uard)?
66. Are you currently or have you 1 No 2 Yes deployed hazardous duty 3 Yes not deployed hazardous du Valid responses = Invalid responses includ	u been a n Male Freq. 280 2 284 de no respondidn't last	nember o Pct. 99 1 28 onse or m	f the United Female Freq. 686 0 0 686 ultiple respor	States An Pct. 100 0 68 ises.	Unknown Freq. 7 0 0 7	<b>Pct.</b> 100 0	<b>Total</b> <b>Freq.</b> 998 3 2 1,003	<b>Pct.</b> 99.5 0.3 0.2	   	uard)?
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<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no respo didn't last Male Freq.	nember o Pct. 99 1 28 onse or m , and I dic Pct.	f the United Female Freq. 686 0 0 686 ultiple respor dn't have mo Female Freq.	States An Pct. 100 0 68 nses. ney to ge Pct.	Unknown Freq. 7 0 0 7 * t more. Unknown Freq.	Pct. 100 0 1 Pct.	Total           Freq.           998           3           2           1,003           Total           Freq.	Pct. 99.5 0.3 0.2 98.7 <b>Pct.</b> 9.3	1	uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no responded didn't last Male Freq. 25 67	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24	f the United Female Freq. 686 0 0 686 ultiple respor dn't have mo Female Freq. 67 179	States An Pct. 100 0 68 ises. ney to ge Pct. 10 26	Unknown Freq. 7 0 0 7 * t more. Unknown Freq. 0 3	Pct. 100 0 1 Pct. 0 43	Total Freq. 998 3 2 1,003 Total Freq. 93 257	Pct. 99.5 0.3 0.2 98.7 Pct. 9.3 25.7		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no respond didn't last Male Freq. 25 67 190	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67	f the United Female Freq. 686 0 0 686 ultiple respor dn't have mo Female Freq. 67 179 440	States A Pct. 100 0 68 nses. ney to ge Pct. 10 26 64	Unknown Freq. 7 0 0 7 * t more. Unknown Freq. 0	Pct. 100 0 1 Pct. 0 43 57	Total Freq. 998 3 2 1,003 Total Freq. 93 257 650	Pct. 99.5 0.3 0.2 98.7 <b>Pct.</b> 9.3 25.7 65.0		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 25 67 190 282	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28	f the United Female Freq. 686 0 686 ultiple respor dn't have mo Female Freq. 67 179 440 686	States A Pct. 100 0 68 nses. ney to ge Pct. 10 26 64 69	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4	Pct. 100 0 1 Pct. 0 43	Total Freq. 998 3 2 1,003 Total Freq. 93 257	Pct. 99.5 0.3 0.2 98.7 Pct. 9.3 25.7		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 25 67 190 282	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28	f the United Female Freq. 686 0 686 ultiple respor dn't have mo Female Freq. 67 179 440 686	States A Pct. 100 0 68 nses. ney to ge Pct. 10 26 64 69	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4	Pct. 100 0 1 Pct. 0 43 57	Total Freq. 998 3 2 1,003 Total Freq. 93 257 650	Pct. 99.5 0.3 0.2 98.7 <b>Pct.</b> 9.3 25.7 65.0		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =     <ul> <li>Invalid responses includ</li> </ul> </li> <li>67A. The food that I bought just of</li> <li>1 Often true</li> <li>2 Sometimes true</li> <li>3 Never true</li> <li>Valid responses =     <ul> <li>Invalid responses =         <ul> <li>Invalid responses includ</li> </ul> </li> </ul></li></ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 25 67 190 282 de no respondent	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m	f the United Female Freq. 686 0 686 ultiple respor dn't have mo Female Freq. 67 179 440 686	States A Pct. 100 0 68 nses. ney to ge Pct. 10 26 64 69	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4	Pct. 100 0 1 Pct. 0 43 57	Total Freq. 998 3 2 1,003 Total Freq. 93 257 650	Pct. 99.5 0.3 0.2 98.7 <b>Pct.</b> 9.3 25.7 65.0		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =     <ul> <li>Invalid responses includ</li> </ul> </li> <li>67A. The food that I bought just of</li> <li>1 Often true</li> <li>2 Sometimes true</li> <li>3 Never true</li> <li>Valid responses =     <ul> <li>Invalid responses =         <ul> <li>Invalid responses includ</li> </ul> </li> </ul></li></ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 25 67 190 282 de no respondent	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m	f the United Female Freq. 686 0 686 ultiple respor dn't have mo Female Freq. 67 179 440 686	States A Pct. 100 0 68 nses. ney to ge Pct. 10 26 64 69	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4	Pct. 100 0 1 Pct. 0 43 57	Total Freq. 998 3 2 1,003 Total Freq. 93 257 650	Pct. 99.5 0.3 0.2 98.7 <b>Pct.</b> 9.3 25.7 65.0		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =         <ul> <li>Invalid responses includ</li> </ul> </li> <li>67A. The food that I bought just of</li> <li>1 Often true</li> <li>2 Sometimes true</li> <li>3 Never true</li> <li>Valid responses =         <ul> <li>Invalid responses =         <ul> <li>Invalid responses includ</li> </ul> </li> </ul></li></ul>	u been a n Male Freq. 280 2 284 de no responded didn't last Male Freq. 25 67 190 282 de no responded 282 de no responded de no responded Male	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m	f the United Female Freq. 686 0 0 686 ultiple respon dn't have mo Female Freq. 67 179 440 686 ultiple respon	States A Pct. 100 0 68 nses. ney to ge Pct. 10 26 64 69	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4 7	Pct. 100 0 1 Pct. 0 43 57	Total           Freq.           998           3           2           1,003           Total           Freq.           93           257           650           1,000	Pct. 99.5 0.3 0.2 98.7 <b>Pct.</b> 9.3 25.7 65.0		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =         <ul> <li>Invalid responses include</li> </ul> </li> <li>67A. The food that I bought just of</li> <li>1 Often true</li> <li>2 Sometimes true</li> <li>3 Never true</li> <li>Valid responses =         <ul> <li>Invalid responses =             <ul> <li>Invalid responses include</li> </ul> </li> </ul> </li> <li>67B. I couldn't afford to eat balar</li> </ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 25 67 190 282 de no respondent Male Male Male Freq.	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m s. Pct.	f the United Female Freq. 686 0 0 686 ultiple respon In't have mo Female Freq. 67 179 440 686 ultiple respon Female Freq.	States An Pct. 100 0 68 ises. ney to ge Pct. 10 26 64 69 ises. Pct. Pct.	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4 7 Vnknown	Pct. 100 0 1 Pct. 0 43 57 1 Pct.	Total           Freq.           998           3           2           1,003           Total           Freq.           93           257           650           1,000           Total           Freq.	Pct. 99.5 0.3 0.2 98.7 Pct. 98.7 Pct. 98.4		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 282 de no respondent 282 de no respondent Male Freq. 38	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m s. Pct. 14	f the United Female Freq. 686 0 0 686 ultiple respond freq. 67 179 440 686 ultiple respond Female Freq. 92	States An Pct. 100 0 68 ises. ney to ge Pct. 10 26 64 69 ises. Pct. 14	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4 7 Vnknown	Pct. 100 0 1 Pct. 0 43 57 1 Pct. 14	Total           Freq.           998           3           2           1,003           Total           Freq.           93           257           650           1,000           Total           Freq.           1,000	Pct. 99.5 0.3 0.2 98.7 Pct. 9.3 25.7 65.0 98.4 Pct. 13.6		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no responded didn't last Male Freq. 25 67 190 282 de no responded male Freq. 38 68	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m s. Pct. 14 24	f the United Female Freq. 686 0 0 686 ultiple respon dn't have mo Female Freq. 67 179 440 686 ultiple respon Female Freq. 92 193	States A Pct. 100 0 68 ases. ney to ge Pct. 10 26 64 69 ases. Pct. 14 28	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4 7 ** Unknown Freq. 1 1	Pct. 100 0 1 Pct. 0 43 57 1 Pct. 1 Pct. 14 14	Total           Freq.           998           3           2           1,003           Total           Freq.           93           257           650           1,000           Total           Freq.           1,000           Total           Freq.           1,000	Pct. 99.5 0.3 0.2 98.7 Pct. 9.3 25.7 65.0 98.4 Pct. 13.6 27.4		uard)?
<ul> <li>66. Are you currently or have you</li> <li>1 No</li> <li>2 Yes deployed hazardous duty</li> <li>3 Yes not deployed hazardous du</li> <li>Valid responses =</li></ul>	u been a n Male Freq. 280 2 284 de no respondent didn't last Male Freq. 282 de no respondent 282 de no respondent Male Freq. 38	nember o Pct. 99 1 28 onse or m , and I dic Pct. 9 24 67 28 onse or m s. Pct. 14	f the United Female Freq. 686 0 0 686 ultiple respond freq. 67 179 440 686 ultiple respond Female Freq. 92	States An Pct. 100 0 68 ises. ney to ge Pct. 10 26 64 69 ises. Pct. 14	Unknown Freq. 7 0 0 7 ** more. Unknown Freq. 0 3 4 7 Vnknown	Pct. 100 0 1 Pct. 0 43 57 1 Pct. 14	Total           Freq.           998           3           2           1,003           Total           Freq.           93           257           650           1,000           Total           Freq.           1,000	Pct. 99.5 0.3 0.2 98.7 Pct. 9.3 25.7 65.0 98.4 Pct. 13.6		uard)?

68. In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	on out the		our moulo	or only me			onougn m	
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, almost every day	13	5	47	7	0	0	62	6.2 🗖
2 Yes, some days, but not every	47	17	124	18	2	29	178	17.8 🗖
3 Only 1 or 2 days	46	16	115	17	3	43	173	17.3 💻
4 No	177	63	400	58	2	29	589	58.8
Valid responses =	283	28	686	68	7	1	1,002	98.6
Involid recomposed includ	to no roon	onco or m	ultiple record	0000				

Invalid responses include no response or multiple responses.

### 69. In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Male		Female	1	Unknowr	า	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	87	31	227	33	2	29	329	32.8
2 No	196	69	459	67	5	71	673	67.2
Valid responses =	283	28	686	68	7	1	1,002	98.6

Invalid responses include no response or multiple responses.

#### 70. In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	61	22	170	25	2	29	243	24.3
2 No	221	78	516	75	5	71	758	75.7
Valid responses =	282	28	686	69	7	1	1,001	98.5

#### American College Health Association-National College Health Assessment (ACHA-NCHA-II) Institutional Data Report - Spring 2019 University of California Riverside

American College Health Association 8455 Colesville Road, Suite 740	March 21, 2019			
Silver Spring, MD 20910	FREQUENCY REPORT			
(410) 859-1500	Number of Surveys (n) =	1016	Web	Surveys
www.acha.org				

39

54

Pct.

37.4

99.0

55.8

9

60

376

561

1,006

38

50

1

3

4

8

0.9 🛛

6.0 🗖

#### 71 Unknown Male Female Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. 0 1 No extent 1 1 4 4 0 2 A small extent 11 4 44 6 13 1

267

375

33

62

Valid responses = 282 28 690 69 Invalid responses include no response or multiple responses.

93

174

3 A moderate extent

4 A great extent

Page 61 of 61